

**The Comox Valley  
Shoreline Orthodontics Tri-K Triathlon  
24 May 2015  
Official Results**

Official Results

Number	Name or Team Name	From	Age @	S e	V .c	T e	A e	I l	A l	Swim (or 1st Run for Duathlon) Time.....Place	T1 Time.....Place	Bike Time.....Place	Bike TPK	After		T2 Time.....Place	Run Time.....Place	Run TPK	Total Time		
														Bike Time.....Place	Bike Time.....Place						
<b>Division 1 MINI Individual Males 8 - 9 years old Swim 100m / Bike 5k / Run 1k</b>																					
<b>Division 1</b>	<b>MINI</b>	<b>Individual Males</b>	<b>8 - 9 years old</b>		<b>Category</b>		<b>1</b>		<b>8 - 9 years old</b>												
254	Jace McDowell	Cumberland	9	M	1	1	0:01:46	1	0:02:30	1	0:14:37	4	02:55	0:18:53	1	0:01:03	1	0:05:07	1	05:07	0:25:03
256	Gavin Chatterton	Campbell River	8	M	2	2	0:03:02	7	0:03:02	4	0:13:42	1	02:44	0:19:46	2	0:01:10	2	0:05:51	5	05:51	0:26:47
312	Daxin Moldenhauer	Comox	8	M	3	3	0:02:02	2	0:02:55	2	0:14:51	5	02:58	0:19:48	3	0:01:21	3	0:05:39	4	05:39	0:26:48
264	Joel Baker	Courtenay	9	M	4	4	0:02:19	4	0:03:13	5	0:15:11	6	03:02	0:20:43	5	0:01:28	5	0:05:26	3	05:26	0:27:37
274	Caleb Matell	Courtenay	9	M	5	5	0:02:52	6	0:03:23	7	0:14:36	3	02:55	0:20:51	6	0:01:28	5	0:05:25	2	05:25	0:27:44
344	Spencer Webb	Comox	8	M	6	6	0:02:04	3	0:03:53	9	0:15:12	7	03:02	0:21:09	7	0:01:23	4	0:05:59	6	05:59	0:28:31
290	Carter Reynolds	Gold River	8	M	7	7	0:02:23	5	0:03:22	6	0:14:06	2	02:49	0:19:51	4	0:03:01	10	0:07:37	9	07:37	0:30:29
329	Drew Duffell	Nanaimo	8	M	8	8	0:03:22	8	0:03:00	3	0:19:46	9	03:57	0:26:08	9	0:01:49	9	0:06:02	7	06:02	0:33:59
352	Ethan Olson	Comox	9	M	9	9	0:03:22	8	0:03:24	8	0:18:32	8	03:42	0:25:18	8	0:01:43	8	0:09:01	10	09:01	0:36:02
313	Spencer Coles	Courtenay	8	M	10	10	0:04:54	10	0:05:47	10	0:26:48	10	05:21	0:37:29	10	0:01:28	5	0:07:18	8	07:18	0:46:15
<b>Division 2 MINI Individual Females 8 - 9 years old Swim 100m / Bike 5k / Run 1k</b>																					
<b>Division 2</b>	<b>MINI</b>	<b>Individual Females</b>	<b>8 - 9 years old</b>		<b>Category</b>		<b>1</b>		<b>8 - 9 years old</b>												
259	Madelaine Galik	Royston	9	F	1	1	0:02:39	3	0:02:32	1	0:14:32	1	02:54	0:19:43	1	0:01:29	2	0:06:12	1	06:12	0:27:24
266	Sarah Roberts	Cumberland	9	F	2	2	0:02:46	4	0:03:14	4	0:14:37	2	02:55	0:20:37	2	0:01:21	1	0:06:14	2	06:14	0:28:12
315	Thea Macdonald	Comox	9	F	3	3	0:02:35	2	0:02:54	2	0:15:50	3	03:10	0:21:19	3	0:01:30	4	0:06:49	3	06:49	0:29:38
305	Anik Nelson	Campbell River	9	F	4	4	0:02:27	1	0:04:19	5	0:17:45	4	03:33	0:24:31	4	0:02:01	5	0:07:20	4	07:20	0:33:52
287	Madeline Payne	Comox	9	F	5	5	0:03:36	6	0:05:57	6	0:25:11	5	05:02	0:34:44	5	0:02:01	5	0:08:34	6	08:34	0:45:19
330	Hannah Duffell	Nanaimo	8	F	6	6	0:02:54	5	0:03:04	3	0:30:52	6	06:10	0:36:50	6	0:01:29	2	0:07:53	5	07:53	0:46:12
<b>Division 3 MINI Individual Males 10 - 11 years old Swim 150m / Bike 5k / Run 2k</b>																					
<b>Division 3</b>	<b>MINI</b>	<b>Individual Males</b>	<b>10 - 11 years old</b>		<b>Category</b>		<b>1</b>		<b>10 - 11 years old</b>												
323	Bradley Christison	Victoria	11	M	1	1	0:02:19	3	0:01:42	1	0:11:18	2	02:15	0:15:19	2	0:00:51	1	0:08:59	3	04:29	0:25:09
319	Rafe Perry	Comox	11	M	2	2	0:01:59	1	0:02:21	4	0:12:02	3	02:24	0:16:22	3	0:00:59	2	0:08:36	2	04:18	0:25:57
311	Griffin Nielsen-Sendey	Nanaimo	11	M	3	3	0:02:11	2	0:02:02	2	0:09:25	1	01:53	0:13:38	1	0:04:10	13	0:08:10	1	04:05	0:25:58
345	Josh Evans	Campbell River	11	M	4	4	0:03:39	6	0:02:13	3	0:12:44	4	02:32	0:18:36	4	0:01:06	3	0:10:08	5	05:04	0:29:50
333	Noah Doeschner-Fretts	Black Creek	10	M	5	5	0:03:29	5	0:03:01	7	0:13:29	5	02:41	0:19:59	5	0:01:32	7	0:10:09	6	05:04	0:31:40
335	Taite Marcoux	Courtenay	11	M	6	6	0:02:59	4	0:03:19	9	0:15:02	7	03:00	0:21:20	6	0:01:23	6	0:10:57	8	05:28	0:33:40
327	Liam Robertson	Courtenay	10	M	7	7	0:04:37	11	0:02:48	5	0:14:59	6	02:59	0:22:24	7	0:01:11	4	0:10:41	7	05:20	0:34:16
296	Finn Valdez	Nanaimo	10	M	8	8	0:04:02	8	0:02:59	6	0:15:48	9	03:09	0:22:49	8	0:01:11	4	0:12:58	9	06:29	0:36:58
262	Taylor Hill	Courtenay	10	M	9	9	0:05:15	13	0:03:18	8	0:15:33	8	03:06	0:24:06	9	0:01:33	9	0:13:37	10	06:48	0:39:16
282	Tyler Preston	Comox	10	M	9	9	0:04:09	10	0:04:44	12	0:19:03	11	03:48	0:27:56	12	0:01:49	10	0:09:31	4	04:45	0:39:16
303	Chase Mackinnon	Nanaimo	10	M	11	11	0:04:03	9	0:03:43	11	0:17:28	10	03:29	0:25:14	10	0:01:32	7	0:14:56	11	07:28	0:41:42
326	Peter Shaver	Courtenay	11	M	12	12	0:03:39	6	0:03:31	10	0:19:17	12	03:51	0:26:27	11	0:02:40	12	0:16:21	13	08:10	0:45:28
350	Steven Tello Hernandez	Courtenay	11	M	13	13	0:04:51	12	0:06:19	13	0:26:26	13	05:17	0:37:36	13	0:02:00	11	0:15:38	12	07:49	0:55:14
<b>Division 4 MINI Individual Females 10 - 11 years old Swim 150m / Bike 5k / Run 2k</b>																					
<b>Division 4</b>	<b>MINI</b>	<b>Individual Females</b>	<b>10 - 11 years old</b>		<b>Category</b>		<b>1</b>		<b>10 - 11 years old</b>												
302	Elly Hoskin	Garibaldi Highlands	11	F	1	1	0:02:31	4	0:02:03	1	0:11:51	2	02:22	0:16:25	3	0:00:57	1	0:09:38	1	04:49	0:27:00
277	Tyra Arends	Courtenay	11	F	2	2	0:02:11	1	0:02:05	2	0:12:00	3	02:24	0:16:16	1	0:01:02	2	0:12:04	8	06:02	0:29:22
308	Naomi Swift	Courtenay	11	F	3	3	0:02:48	6	0:02:14	4	0:13:00	4	02:36	0:18:02	4	0:01:03	3	0:10:50	4	05:25	0:29:55
267	Nyah Depol	Lantzville	11	F	4	4	0:02:24	3	0:02:09	3	0:14:02	6	02:48	0:18:35	5	0:01:04	5	0:10:19	3	05:09	0:29:58
255	Anna Chatterton	Campbell River	11	F	5	5	0:03:39	14	0:02:57	9	0:13:05	5	02:37	0:19:41	6	0:01:03	3	0:10:03	2	05:01	0:30:47

Official Results

Number	Name or Team Name	From	Age @ 31/12/2015	S e x	D P I L I A L	C P S v a t a c c e e	Swim (or 1st Run for Duathlon)		T1 Time.....Place	Bike Time.....Place	Bike TPK	After Bike		T2 Time.....Place	Run Time.....Place	Run TPK	Total Time				
							Time.....Place	Time.....Place				Time.....Place	Time.....Place								
325	Laine Perry	Comox	10	F	6	6	0:02:18	2	0:02:30	5	0:15:44	7	03:08	0:20:32	7	0:01:20	10	0:11:04	6	05:32	0:32:56
306	Olivia Macintyre	Courtenay	11	F	7	7	0:02:56	8	0:03:00	10	0:16:02	9	03:12	0:21:58	9	0:01:08	6	0:10:55	5	05:27	0:34:01
339	Ava Webb	Comox	11	F	8	8	0:02:55	7	0:03:00	10	0:10:23	1	02:04	0:16:18	2	0:06:55	16	0:11:33	7	05:46	0:34:46
338	Raelia VanDusen	Nanoose Bay	11	F	9	9	0:02:38	5	0:02:34	6	0:16:01	8	03:12	0:21:13	8	0:01:09	7	0:12:29	9	06:14	0:34:51
316	Patti Burch	Courtenay	11	F	10	10	0:03:00	10	0:02:45	7	0:16:15	10	03:15	0:22:00	10	0:01:13	8	0:12:37	10	06:18	0:35:50
310	Emma Nelson	Campbell River	11	F	11	11	0:03:25	11	0:03:44	14	0:17:06	11	03:25	0:24:15	11	0:01:19	9	0:12:55	11	06:27	0:38:29
348	Allyson Ellis	Cumberland	10	F	12	12	0:04:33	16	0:02:49	8	0:18:12	13	03:38	0:25:34	12	0:01:41	13	0:13:29	12	06:44	0:40:44
295	Caitlyn Burry	Courtenay	11	F	13	13	0:02:56	8	0:03:39	13	0:19:41	14	03:56	0:26:16	14	0:01:20	10	0:13:53	13	06:56	0:41:29
314	Chloe Coles	Courtenay	10	F	14	14	0:03:27	13	0:03:20	12	0:20:55	15	04:11	0:27:42	15	0:01:36	12	0:14:05	14	07:02	0:43:23
304	Emma Umpleby	Cumberland	10	F	15	15	0:04:32	15	0:03:50	15	0:17:44	12	03:32	0:26:06	13	0:01:50	14	0:19:26	16	09:43	0:47:22
261	Honor McDiarmid	Campbell River	10	F	16	16	0:03:26	12	0:04:27	16	0:29:48	16	05:57	0:37:41	16	0:02:25	15	0:18:38	15	09:19	0:58:44

Division 5 MINI Individual Males 12 - 17 years old Swim 300m / Bike 10k / Run 3k

Division 5	MINI	Individual Males	12 - 17 years old	Category	1	12 - 14 years old															
336	Nathan Miller	Lazo	14	M	2	1	0:04:11	1	0:02:47	4	0:24:44	6	02:28	0:31:42	2	0:01:14	9	0:13:54	3	04:38	0:46:50
321	Taz Oldaker	Black Creek	13	M	4	2	0:07:06	11	0:02:49	5	0:21:03	1	02:06	0:30:58	1	0:01:07	4	0:16:24	9	05:28	0:48:29
299	Jackson Bowles	Campbell River	13	M	6	3	0:06:53	8	0:02:46	3	0:24:41	5	02:28	0:34:20	6	0:01:01	1	0:14:47	5	04:55	0:50:08
294	Jack Bland	Lantzville	13	M	7	4	0:09:11	17	0:02:30	1	0:25:56	9	02:35	0:37:37	12	0:01:14	9	0:12:58	1	04:19	0:51:49
334	Delwyn Marcoux	Courtenay	13	M	8	5	0:05:44	5	0:04:01	17	0:24:09	4	02:24	0:33:54	4	0:01:37	18	0:16:24	9	05:28	0:51:55
283	Aujin Li	Nanaimo	12	M	9	6	0:06:30	7	0:02:52	7	0:23:13	2	02:19	0:32:35	3	0:01:10	8	0:18:12	13	06:04	0:51:57
273	Jayden FLESHER	Nanaimo	13	M	10	7	0:06:19	6	0:03:11	12	0:28:01	13	02:48	0:37:31	11	0:01:16	14	0:13:52	2	04:37	0:52:39
332	Tai McGillivray	Denman Island	13	M	11	8	0:09:05	16	0:02:40	2	0:23:45	3	02:22	0:35:30	8	0:01:07	4	0:16:20	8	05:26	0:52:57
425	Graham Tattrie	Comox	12	M	12	9	0:05:01	3	0:04:17	18	0:25:00	7	02:30	0:34:18	5	0:01:08	7	0:17:40	12	05:53	0:53:06
307	Theo Lemay	Courtenay	12	M	13	10	0:06:57	9	0:02:55	8	0:26:14	10	02:37	0:36:06	9	0:01:15	12	0:16:59	11	05:39	0:54:20
276	Gavin Banting	Nanoose Bay	13	M	14	11	0:08:39	15	0:03:16	13	0:28:26	15	02:50	0:40:21	15	0:01:01	1	0:14:19	4	04:46	0:55:41
289	Brendan O'Farrell	Parksville	13	M	15	12	0:05:25	4	0:02:56	9	0:26:59	11	02:41	0:35:20	7	0:01:27	16	0:19:13	17	06:24	0:56:00
320	Peter Lindstrom	Nanaimo	14	M	16	13	0:07:05	10	0:03:28	14	0:25:54	8	02:35	0:36:27	10	0:01:15	12	0:18:40	15	06:13	0:56:22
341	William Munro	Comox	14	M	17	14	0:04:22	2	0:02:57	10	0:31:21	18	03:08	0:38:40	13	0:01:07	4	0:18:14	14	06:04	0:58:01
297	Jaideep Dhami	Nanaimo	13	M	18	15	0:08:29	13	0:03:07	11	0:28:13	14	02:49	0:39:49	14	0:01:23	15	0:18:44	16	06:14	0:59:56
272	Logan Gilks	Nanaimo	13	M	19	16	0:09:16	18	0:04:29	20	0:27:24	12	02:44	0:41:09	16	0:02:18	22	0:19:19	18	06:26	1:02:46
293	Carson Reid	Parksville	13	M	20	17	0:08:22	12	0:03:39	16	0:29:14	17	02:55	0:41:15	17	0:01:14	9	0:20:26	20	06:48	1:02:55
298	Kintan Fontaine-Rasaiah	Lantzville	13	M	21	18	0:10:27	20	0:04:23	19	0:32:58	21	03:17	0:47:48	20	0:01:37	18	0:15:23	6	05:07	1:04:48
300	Cameron King	Nanaimo	13	M	22	19	0:09:48	19	0:04:48	21	0:29:11	16	02:55	0:43:47	18	0:01:44	20	0:20:06	19	06:42	1:05:37
291	Harrison Soukup	Nanaimo	13	M	23	20	0:15:07	22	0:02:50	6	0:31:28	19	03:08	0:49:25	21	0:01:01	1	0:15:26	7	05:08	1:05:52
292	Shi Chen	Nanaimo	13	M	24	21	0:11:17	21	0:04:50	22	0:31:37	20	03:09	0:47:44	19	0:01:50	21	0:22:03	22	07:21	1:11:37
270	Alexander Sinclair	Nanaimo	13	M	25	22	0:08:31	14	0:03:34	15	0:37:30	22	03:45	0:49:35	22	0:01:32	17	0:21:11	21	07:03	1:12:18

Division 5 MINI Individual Males 12 - 17 years old Category 2 15 - 17 years old

263	Jaylon Grenier	Port Hardy	15	M	1	1	0:05:15	2	0:02:32	1	0:19:32	1	01:57	0:27:19	1	0:01:01	1	0:13:18	1	04:26	0:41:38
324	Christopher Nixon-McKellar	Vancouver	16	M	3	2	0:06:20	3	0:02:36	2	0:22:30	3	02:15	0:31:26	3	0:01:28	3	0:15:28	2	05:09	0:48:22
260	Caleb Clarke	Courtenay	17	M	5	3	0:04:35	1	0:04:53	3	0:20:30	2	02:03	0:29:58	2	0:01:26	2	0:17:51	3	05:57	0:49:15

Division 6 MINI Individual Females 12 - 17 years old Swim 300m / Bike 10k / Run 3k

Division 6	MINI	Individual Females	12 - 17 years old	Category	1	12 - 14 years old															
251	Colette Reimer	Victoria	14	F	2	1	0:04:34	3	0:01:41	2	0:19:19	2	01:55	0:25:34	1	0:00:57	1	0:11:55	1	03:58	0:38:26
269	Sofia Cecic	Comox	14	F	3	2	0:06:45	10	0:00:19	1	0:19:21	3	01:56	0:26:25	3	0:01:07	5	0:15:21	3	05:07	0:42:53
322	Ashley Christison	Victoria	13	F	4	3	0:04:07	1	0:01:50	3	0:20:21	4	02:02	0:26:18	2	0:01:15	9	0:16:34	7	05:31	0:44:07

Official Results

Number	Name or Team Name	From	Age @ 31/12/2015	S e x	D P I L I A L	C P S t a t e	Swim (or 1st Run for Duathlon) Time.....Place	T1 Time.....Place	Bike Time.....Place	Bike TPK	After		T2 Time.....Place	Run Time.....Place	Run TPK	Total Time
											Bike Time.....Place	Bike TPK				
301	Michaela Hoskin	Garibaldi Highlands	13	F	5	4	0:05:33 4	0:04:04 11	0:18:35 1	01:51	0:28:12 4	0:01:03 3	0:16:06 5	05:22	0:45:21	
318	Janaya Ryan	Comox	13	F	8	5	0:04:21 2	0:02:53 7	0:23:48 8	02:22	0:31:02 7	0:01:04 4	0:15:30 4	05:10	0:47:36	
340	Annelies Hemckel	Courtenay	13	F	9	6	0:05:41 6	0:02:23 4	0:20:54 5	02:05	0:28:58 5	0:01:01 2	0:17:38 8	05:52	0:47:37	
280	Kayley Morch	Lantzville	12	F	10	7	0:14:55 16	-0:05:26 0	0:21:16 6	02:07	0:30:45 6	0:01:19 10	0:16:08 6	05:22	0:48:12	
331	Shelby Nilsen	Comox	12	F	11	8	0:06:42 9	0:02:26 5	0:25:00 9	02:30	0:34:08 9	0:01:33 12	0:14:41 2	04:53	0:50:22	
278	Teah Schneidereit	Nanaimo	13	F	12	9	0:05:49 7	0:02:38 6	0:23:37 7	02:21	0:32:04 8	0:01:10 7	0:18:45 9	06:15	0:51:59	
349	Maura Dybwad	Campbell River	12	F	13	10	0:05:33 4	0:03:59 10	0:28:35 10	02:51	0:38:07 10	0:01:09 6	0:18:46 10	06:15	0:58:02	
284	Gloria Jin	Nanaimo	13	F	14	11	0:08:24 11	0:03:38 9	0:38:47 13	03:52	0:50:49 12	0:01:12 8	0:20:25 11	06:48	1:12:26	
286	Tiana Ciammaichella	Lantzville	13	F	15	12	0:09:16 12	0:04:21 13	0:35:02 11	03:30	0:48:39 11	0:01:27 11	0:22:22 13	07:27	1:12:28	
328	Zoe Ey	Gold River	12	F	16	13	0:05:50 8	0:03:11 8	0:42:25 14	04:14	0:51:26 13	0:01:59 13	0:21:16 12	07:05	1:14:41	
288	Charlotte Taylor	Nanaimo	13	F	17	14	0:14:21 15	0:05:28 14	0:38:39 12	03:51	0:58:28 15	0:02:43 15	0:27:13 14	09:04	1:28:24	
275	Miranda Gillis	Nanaimo	13	F	18	15	0:09:26 13	0:04:17 12	0:44:39 16	04:27	0:58:22 14	0:02:42 14	0:27:42 15	09:14	1:28:46	
279	Marla Saunders	Lantzville	13	F	19	16	0:12:20 14	0:05:31 15	0:44:30 15	04:27	1:02:21 16	0:02:52 16	0:32:14 16	10:44	1:37:27	
<b>Division 6 MINI Individual Females 12 - 17 years old Category 2 15 - 17 years old</b>																
317	Jordyn Ryan	Comox	16	F	1	1	0:03:43 1	0:01:48 1	0:20:07 1	02:00	0:25:38 1	0:00:49 1	0:11:48 1	03:56	0:38:15	
351	Abigail Hare	Parksville	17	F	6	2	0:04:44 2	0:02:47 3	0:20:44 2	02:04	0:28:15 2	0:01:30 3	0:16:29 3	05:29	0:46:14	
252	Alexis Kellinghusen	Courtenay	17	F	7	3	0:05:44 3	0:02:29 2	0:22:29 3	02:14	0:30:42 3	0:01:07 2	0:14:36 2	04:52	0:46:25	
<b>Division 7 MINI Teams 8 - 9 years old Swim 100m / Bike 5k / Run 1k</b>																
<b>Division 7 MINI Teams 8 - 9 years old Category 1 Males</b>																
395	Fantastic Three	Courtenay	9	M	1	1	0:02:08 1	0:01:46 1	0:14:36 2	02:55	0:18:30 1	0:00:57 2	0:04:54 2	04:54	0:24:21	
418	Strikers	Courtenay	9	M	4	2	0:03:18 3	0:02:12 2	0:14:25 1	02:53	0:19:55 2	0:00:52 1	0:05:24 3	05:24	0:26:11	
406	Messi boys	Black Creek	8	M	6	3	0:03:11 2	0:02:20 3	0:16:36 3	03:19	0:22:07 3	0:01:48 3	0:04:48 1	04:48	0:28:43	
<b>Division 7 MINI Teams 8 - 9 years old Category 2 Females</b>																
394	SSM Bolts	Courtenay	9	F	2	1	0:02:16 1	0:01:55 1	0:14:14 1	02:50	0:18:25 1	0:01:05 1	0:04:52 1	04:52	0:24:22	
<b>Division 7 MINI Teams 8 - 9 years old Category 3 Mixed</b>																
411	The Cruisers	Courtenay	8	F	3	1	0:02:40 2	0:02:09 3	0:13:54 1	02:46	0:18:43 1	0:01:20 2	0:05:36 3	05:36	0:25:39	
420	Rockets	Comox	8	F	5	2	0:03:34 3	0:02:07 2	0:15:30 2	03:06	0:21:11 2	0:01:27 3	0:05:32 2	05:32	0:28:10	
413	The Jets	Courtenay	8	F	7	3	0:02:02 1	0:01:53 1	0:19:52 3	03:58	0:23:47 3	0:00:14 1	0:05:10 1	05:10	0:29:11	
<b>Division 8 MINI Teams 10 - 11 years old Swim 150m / Bike 5k / Run 2k</b>																
<b>Division 8 MINI Teams 10 - 11 years old Category 1 Males</b>																
393	The Invincible 3	Courtenay	11	M	1	1	0:02:41 2	0:01:27 1	0:12:11 3	02:26	0:16:19 1	0:00:44 1	0:08:57 4	04:28	0:26:00	
392	Fast As Lightning	Courtenay	11	M	2	2	0:03:36 4	0:01:54 6	0:11:45 1	02:21	0:17:15 2	0:00:49 4	0:08:09 2	04:04	0:26:13	
390	The Phantoms	Courtenay	11	M	3	3	0:03:38 5	0:01:33 4	0:13:26 4	02:41	0:18:37 5	0:00:48 2	0:07:49 1	03:54	0:27:14	
375	Fluffy Turtles	Black Creek	11	M	4	4	0:04:32 6	0:01:31 3	0:11:59 2	02:23	0:18:02 3	0:00:49 4	0:08:32 3	04:16	0:27:23	
408	The Three Stooges	Denman Island	10	M	5	5	0:02:25 1	0:01:29 2	0:14:39 5	02:55	0:18:33 4	0:00:48 2	0:09:46 6	04:53	0:29:07	
399	Flow for Days	Courtenay	11	M	7	6	0:03:29 3	0:01:41 5	0:14:48 6	02:57	0:19:58 6	0:01:01 6	0:09:25 5	04:42	0:30:24	
414	Puntledge Power	Courtenay	10	M	17	7	0:05:08 7	0:01:59 7	0:16:26 7	03:17	0:23:33 7	0:01:03 7	0:10:18 7	05:09	0:34:54	
<b>Division 8 MINI Teams 10 - 11 years old Category 2 Females</b>																
409	The Three Freckled Fast Ones	Black Creek	10	F	8	1	0:04:08 10	0:01:39 3	0:13:52 1	02:46	0:19:39 2	0:00:52 2	0:10:18 3	05:09	0:30:49	
370	3 Sapphire Lightning Bolts	Courtenay	11	F	9	2	0:03:26 5	0:01:46 5	0:14:40 3	02:56	0:19:52 4	0:01:01 6	0:10:34 6	05:17	0:31:27	
366	Speed Angels	Comox	11	F	10	3	0:02:50 2	0:01:31 1	0:15:20 4	03:04	0:19:41 3	0:00:58 5	0:11:07 8	05:33	0:31:46	
365	Speedy Smarties	Courtenay	11	F	11	4	0:03:22 4	0:01:53 6	0:15:41 7	03:08	0:20:56 5	0:01:11 10	0:09:58 1	04:59	0:32:05	
371	Pink fluffy unicorns	Comox	10	F	12	5	0:02:25 1	0:02:02 9	0:16:31 9	03:18	0:20:58 6	0:01:02 7	0:10:16 2	05:08	0:32:16	

Official Results

Number	Name or Team Name	From	Age @ 31/12/2015	S e x	D P I l i a l	C P S v a t a l e c c e	Swim (or 1st Run for Duathlon) Time.....Place	T1 Time.....Place	Bike Time.....Place	Bike TPK	After Bike		T2 Time.....Place	Run Time.....Place	Run TPK	Total Time
											Time.....Place	Time.....Place				
372	The Jawbreakers	Courtenay	11	F	13	6	0:04:03 9	0:01:41 4	0:15:37 6	03:07	0:21:21 8	0:00:55 3	0:10:23 4	05:11	0:32:39	
397	The Rainbow Warriors	Courtenay	10	F	14	7	0:03:51 8	0:01:32 2	0:16:01 8	03:12	0:21:24 9	0:01:04 8	0:10:29 5	05:14	0:32:57	
412	Rainbow Rockets	Courtenay	10	F	15	8	0:03:21 3	0:01:58 8	0:13:53 2	02:46	0:19:12 1	0:00:57 4	0:13:54 10	06:57	0:34:03	
402	Double Trouble	Comox	10	F	16	9	0:03:38 7	0:02:03 10	0:15:23 5	03:04	0:21:04 7	0:01:09 9	0:12:18 9	06:09	0:34:31	
367	Gummy Worms	Comox	11	F	20	10	0:03:27 6	0:01:53 6	0:21:08 10	04:13	0:26:28 10	0:00:50 1	0:10:34 6	05:17	0:37:52	
<b>Division 8 MINI Teams 10 - 11 years old</b>				<b>Category 3</b>		<b>Mixed</b>										
369	North Island Road Runners	Port Hardy	10	F	6	1	0:03:46 3	0:01:31 1	0:14:16 1	02:51	0:19:33 1	0:00:50 1	0:09:11 1	04:35	0:29:34	
396	Aspen in Action	Comox	11	M	17	2	0:03:38 2	0:01:53 2	0:17:58 3	03:35	0:23:29 3	0:00:54 2	0:10:31 2	05:15	0:34:54	
403	The Trio of Awesomeness	Courtenay	9	M	19	3	0:03:25 1	0:02:14 3	0:17:12 2	03:26	0:22:51 2	0:01:01 3	0:13:48 3	06:54	0:37:40	
<b>Division 9 MINI Teams 12 - 14 years old Swim 300m / Bike 10k / Run 3k</b>				<b>Category 1</b>		<b>Males</b>										
423	Strathcona Storm	Comox	12	M	3	1	0:05:47 1	0:01:35 4	0:23:38 2	02:21	0:31:00 1	0:00:43 2	0:12:17 1	04:05	0:44:00	
376	Those Guys	Courtenay	13	M	5	2	0:07:44 4	0:01:23 1	0:22:53 1	02:17	0:32:00 2	0:00:48 4	0:12:37 2	04:12	0:45:25	
374	Trik Turtles	Courtenay	12	M	6	3	0:06:50 2	0:01:30 2	0:24:04 3	02:24	0:32:24 3	0:00:49 5	0:14:57 6	04:59	0:48:10	
398	The Three Amigos	Courtenay	12	M	7	4	0:08:36 5	0:01:34 3	0:25:15 4	02:31	0:35:25 4	0:00:25 1	0:13:21 3	04:27	0:49:11	
401	The Guyz	Courtenay	13	M	10	5	0:07:29 3	0:02:00 6	0:26:52 5	02:41	0:36:21 5	0:00:44 3	0:14:37 5	04:52	0:51:42	
400	The Best Team	Cumberland	12	M	12	6	0:09:39 6	0:01:44 5	0:28:55 6	02:53	0:40:18 6	0:00:49 5	0:14:00 4	04:40	0:55:07	
<b>Division 9 MINI Teams 12 - 14 years old</b>				<b>Category 2</b>		<b>Females</b>										
415	Watch-Out	Comox	14	F	4	1	0:04:53 1	0:01:58 4	0:22:21 1	02:14	0:29:12 1	0:00:44 1	0:14:16 1	04:45	0:44:12	
410	Floating Devils	Comox	12	F	8	2	0:05:16 2	0:01:33 2	0:27:39 3	02:45	0:34:28 3	0:00:49 3	0:15:47 2	05:15	0:51:04	
391	Tri Wizard Champions	Black Creek	13	F	9	3	0:07:41 4	0:01:31 1	0:24:54 2	02:29	0:34:06 2	0:00:47 2	0:16:44 3	05:34	0:51:37	
404	unicorns 3	Comox	12	F	13	4	0:08:04 5	0:01:47 3	0:29:57 4	02:59	0:39:48 4	0:00:55 5	0:17:15 4	05:45	0:57:58	
424	Girls Rock	Courtenay	12	F	15	5	0:05:49 3	0:02:14 5	0:37:55 5	03:47	0:45:58 5	0:00:52 4	0:18:25 5	06:08	1:05:15	
<b>Division 9 MINI Teams 12 - 14 years old</b>				<b>Category 3</b>		<b>Mixed</b>										
368	Beauty and the Beasts	Cumberland	12	F	1	1	0:04:52 1	0:01:18 1	0:18:57 2	01:53	0:25:07 1	0:00:37 1	0:12:12 2	04:04	0:37:56	
419	Strathcona Nordic Domination	Black Creek	13	F	2	2	0:05:31 3	0:02:04 5	0:18:47 1	01:52	0:26:22 2	0:00:45 2	0:12:00 1	04:00	0:39:07	
421	Blue Fusion	Courtenay	12	F	11	3	0:05:26 2	0:01:33 2	0:32:32 5	03:15	0:39:31 3	0:00:45 2	0:12:25 3	04:08	0:52:41	
417	Puntledge Panthers	Royston	12	M	14	4	0:07:22 4	0:01:51 3	0:30:21 4	03:02	0:39:34 4	0:00:49 4	0:20:05 5	06:41	1:00:28	
407	Lightning Strikes	Courtenay	12	F	16	5	0:22:29 5	0:01:52 4	0:26:07 3	02:36	0:50:28 5	0:00:50 5	0:14:57 4	04:59	1:06:15	
<b>Division 9.1 MINI Teams 15 - 17 years old Swim 300m / Bike 10k / Run 3k</b>				<b>Category 1</b>		<b>Males</b>										
416	The Millionaires	Comox	15	M	1	1	0:04:10 1	0:01:26 1	0:18:21 1	01:50	0:23:57 1	0:00:43 1	0:12:35 2	04:11	0:37:15	
405	The Chicken Butt Squad	Comox	16	M	3	2	0:05:48 2	0:01:51 2	0:23:56 2	02:23	0:31:35 2	0:02:46 2	0:12:33 1	04:11	0:46:54	
<b>Division 9.1 MINI Teams 15 - 17 years old</b>				<b>Category 2</b>		<b>Females</b>										
373	wut	Courtenay	16	F	2	1	0:05:08 1	0:01:36 1	0:24:07 1	02:24	0:30:51 1	0:00:44 1	0:13:27 1	04:29	0:45:02	
<b>Division 10 SPRINT Individual Males Open Swim 750m / Bike 20k / Run 5k</b>				<b>Category 1</b>		<b>15 - 16 years old</b>										
89	Connor McGrady	Comox	16	M	15	1	0:18:42 1	0:03:04 1	0:36:14 1	01:48	0:58:00 1	0:01:18 1	0:27:55 1	05:35	1:27:13	
<b>Division 10 SPRINT Individual Males Open</b>				<b>Category 3</b>		<b>20 - 24 years old</b>										
46	Wilson Cowan	Comox	24	M	7	1	0:09:13 1	0:02:44 2	0:37:39 2	01:52	0:49:36 1	0:01:37 2	0:24:59 1	04:59	1:16:12	
31	Brennen Smith	Lazo	22	M	9	2	0:15:18 2	0:02:01 1	0:36:21 1	01:49	0:53:40 2	0:01:20 1	0:25:42 2	05:08	1:20:42	

Official Results

Number	Name or Team Name	From	Age @ 31/12/2015	D P i l i a l	C P S v a t a e c c	Swim (or 1st Run for Duathlon)	T1		Bike		After Bike		T2		Run		Run		Total Time		
							Time.....Place	Time.....Place	Time.....Place	TPK	Time.....Place	Time.....Place	Time.....Place	Time.....Place	Time.....Place	TPK					
<b>Division 10 SPRINT Individual Males Open Category 4 25 - 29 years old</b>																					
110	Christopher Anderson	Courtenay	26	M	19	1	0:16:19	1	0:03:21	1	0:42:39	1	02:07	1:02:19	1	0:01:19	1	0:27:24	1	05:28	1:31:02
<b>Division 10 SPRINT Individual Males Open Category 5 30 - 34 years old</b>																					
85	Byron Trajan	Nanaimo	34	M	1	1	0:09:18	1	0:02:12	1	0:32:11	1	01:36	0:43:41	1	0:00:44	1	0:21:22	2	04:16	1:05:47
248	Derek Vinge	Courtenay	33	M	2	2	0:12:00	2	0:02:19	2	0:32:43	2	01:38	0:47:02	2	0:00:53	2	0:19:21	1	03:52	1:07:16
72	Kevin McKenzie	Courtenay	30	M	20	3	0:18:06	4	0:03:04	4	0:45:18	4	02:15	1:06:28	4	0:01:18	3	0:24:26	3	04:53	1:32:12
106	Braden Elke	Campbell River	33	M	21	4	0:16:47	3	0:02:36	3	0:39:06	3	01:57	0:58:29	3	0:01:27	4	0:32:36	4	06:31	1:32:32
<b>Division 10 SPRINT Individual Males Open Category 6 35 - 39 years old</b>																					
99	Jody Wright	Campbell River	36	M	10	1	0:14:45	3	0:02:41	1	0:35:39	2	01:46	0:53:05	2	0:01:12	1	0:26:28	2	05:17	1:20:45
35	Darcy Corder	Vancouver	38	M	13	2	0:12:53	1	0:03:54	4	0:33:53	1	01:41	0:50:40	1	0:01:51	3	0:28:29	3	05:41	1:21:00
68	Brennan Macdonald	Comox	39	M	14	3	0:16:51	4	0:03:14	2	0:37:28	3	01:52	0:57:33	4	0:01:41	2	0:26:02	1	05:12	1:25:16
65	Dave Kitano	Cumberland	39	M	18	4	0:14:13	2	0:03:40	3	0:38:52	4	01:56	0:56:45	3	0:01:58	4	0:31:52	4	06:22	1:30:35
70	Joe Lagos	Campbell River	36	M	24	5	0:19:14	5	0:04:04	5	0:43:10	5	02:09	1:06:28	5	0:02:59	5	0:41:38	5	08:19	1:51:05
<b>Division 10 SPRINT Individual Males Open Category 7 40 - 44 years old</b>																					
79	Harry Reddin	Comox	42	M	3	1	0:10:08	1	0:01:47	1	0:31:09	1	01:33	0:43:04	1	0:01:03	1	0:23:14	2	04:38	1:07:21
76	Jason Hare	Nanaimo	43	M	4	2	0:10:17	2	0:01:59	2	0:33:54	2	01:41	0:46:10	2	0:01:07	3	0:25:54	3	05:10	1:13:11
104	Joshua West	Campbell River	43	M	6	3	0:13:55	3	0:02:19	3	0:35:19	3	01:45	0:51:33	3	0:01:04	2	0:21:35	1	04:19	1:14:12
59	Neil Collins	Comox	44	M	22	4	0:18:49	4	0:03:16	4	0:40:46	4	02:02	1:02:51	4	0:02:17	4	0:29:25	4	05:53	1:34:33
<b>Division 10 SPRINT Individual Males Open Category 7.1 45 - 49 years old</b>																					
77	Dennis Lightfoot	Courtenay	48	M	16	1	0:13:31	1	0:03:16	1	0:39:05	1	01:57	0:55:52	1	0:01:40	1	0:30:59	1	06:11	1:28:31
<b>Division 10 SPRINT Individual Males Open Category 8 50 - 54 years old</b>																					
42	Ian Heselgrave	Comox	50	M	12	1	0:13:03	1	0:03:44	2	0:37:11	1	01:51	0:53:58	1	0:02:04	2	0:24:57	1	04:59	1:20:59
34	Ken Hughes	Courtenay	50	M	17	2	0:13:17	2	0:03:10	1	0:40:06	2	02:00	0:56:33	2	0:01:56	1	0:31:15	2	06:15	1:29:44
<b>Division 10 SPRINT Individual Males Open Category 8.1 55 - 59 years old</b>																					
100	Gareth Slocombe	Nanoose Bay	58	M	11	1	0:13:58	1	0:02:47	1	0:34:28	1	01:43	0:51:13	1	0:01:53	1	0:27:45	1	05:33	1:20:51
71	John Newman	Courtenay	56	M	23	2	0:17:49	2	0:04:37	2	0:41:25	2	02:04	1:03:51	2	0:02:09	2	0:31:05	2	06:13	1:37:05
<b>Division 10 SPRINT Individual Males Open Category 9 60 - 64 years old</b>																					
97	Graeme Magor	Comox	60	M	5	1	0:12:18	1	0:01:51	1	0:31:58	1	01:35	0:46:07	1	0:01:19	1	0:26:12	1	05:14	1:13:38
<b>Division 10 SPRINT Individual Males Open Category 9.1 65 - 69 years old</b>																					
48	Derek Tripp	Courtenay	65	M	8	1	0:13:45	1	0:02:48	1	0:31:02	1	01:33	0:47:35	1	0:01:33	1	0:27:20	1	05:28	1:16:28
<b>Division 11 SPRINT Individual Females Open Swim 750m / Bike 20k / Run 5k</b>																					
<b>Division 11 SPRINT Individual Females Open Category 4 25 - 29 years old</b>																					
119	Andrea Goodall	Courtenay	25	F	22	1	0:13:21	1	0:04:04	3	0:43:05	2	02:09	1:00:30	1	0:01:14	1	0:34:19	2	06:51	1:36:03
29	Kelly Soros	Vancouver	27	F	23	2	0:17:17	2	0:03:29	2	0:43:51	3	02:11	1:04:37	2	0:01:57	3	0:30:45	1	06:09	1:37:19
94	Cori Lee	Comox	25	F	25	3	0:18:33	3	0:03:20	1	0:42:48	1	02:08	1:04:41	3	0:01:55	2	0:34:58	3	06:59	1:41:34
<b>Division 11 SPRINT Individual Females Open Category 5 30 - 34 years old</b>																					
170	Gillian Clayton	Courtenay	34	F	2	1	0:14:51	3	0:02:15	1	0:35:34	1	01:46	0:52:40	1	0:01:59	4	0:23:19	1	04:39	1:17:58
54	Kristina Wellard	Campbell River	34	F	6	2	0:13:13	1	0:02:46	2	0:37:15	2	01:51	0:53:14	2	0:01:30	1	0:31:32	4	06:18	1:26:16
90	Sarah Richardson	Heriot bay	31	F	8	3	0:13:22	2	0:03:08	3	0:39:53	3	01:59	0:56:23	3	0:01:54	3	0:29:25	3	05:53	1:27:42
52	Rebecca Sparkes	Courtenay	30	F	16	4	0:17:44	4	0:03:30	4	0:40:36	4	02:01	1:01:50	4	0:01:50	2	0:28:57	2	05:47	1:32:37
<b>Division 11 SPRINT Individual Females Open Category 6 35 - 39 years old</b>																					
95	Stacey Neilson	Nanoose Bay	39	F	3	1	0:13:06	1	0:02:56	3	0:35:29	1	01:46	0:51:31	1	0:01:14	1	0:25:54	1	05:10	1:18:39

Official Results

Number	Name or Team Name	From	Age @	S e	D P I l i a l	C P S w i m (or 1st Run for Duathlon)	T1 Time.....Place	Bike Time.....Place	Bike TPK	After		T2 Time.....Place	Run Time.....Place	Run TPK	Total Time
										x	e				
103	Heidi Evans	Campbell River	35	F	9	2	0:16:31 4	0:02:44 2	0:38:41 2	01:56	0:57:56 2	0:01:22 2	0:28:31 3	05:42	1:27:49
98	Sarah Wright	Campbell River	36	F	11	3	0:16:11 3	0:03:17 4	0:38:54 3	01:56	0:58:22 3	0:01:58 4	0:28:11 2	05:38	1:28:31
56	Erin Harrison	Campbell River	38	F	20	4	0:17:24 7	0:02:41 1	0:43:59 6	02:11	1:04:04 5	0:01:29 3	0:29:53 4	05:58	1:35:26
53	Mimi Poulin	Lazo, BC	36	F	21	5	0:13:54 2	0:04:16 5	0:41:46 4	02:05	0:59:56 4	0:03:12 7	0:32:19 5	06:27	1:35:27
75	Pia Hund	Comox	37	F	30	6	0:16:44 5	0:05:01 7	0:43:44 5	02:11	1:05:29 6	0:02:47 6	0:38:24 6	07:40	1:46:40
40	Catherine Dickie	Nanaimo	38	F	34	7	0:17:07 6	0:04:26 6	0:52:23 7	02:37	1:13:56 7	0:02:28 5	0:45:49 7	09:09	2:02:13
<b>Division 11 SPRINT Individual Females Open Category 7 40 - 44 years old</b>															
226	Sandra Jensen	campbell river	41	F	1	1	0:12:56 1	0:02:04 1	0:37:05 2	01:51	0:52:05 1	0:01:11 2	0:23:12 1	04:38	1:16:28
171	Marion Bryan	Black Creek	40	F	10	2	0:16:43 6	0:02:46 5	0:41:53 4	02:05	1:01:22 5	0:01:09 1	0:25:50 2	05:10	1:28:21
172	Chanace Vanderheide	Courtenay	40	F	12	3	0:19:15 7	0:02:24 2	0:36:05 1	01:48	0:57:44 2	0:01:33 5	0:30:23 5	06:04	1:29:40
62	Michelle Krall	Nanaimo	44	F	14	4	0:16:03 5	0:02:27 3	0:43:15 6	02:09	1:01:45 6	0:01:18 3	0:27:29 3	05:29	1:30:32
88	Michelle Wallace	Nanaimo	43	F	15	5	0:13:07 2	0:03:16 7	0:42:55 5	02:08	0:59:18 4	0:01:42 7	0:31:06 7	06:13	1:32:06
93	Robyn DiscoThistle	Heriot Bay	44	F	17	6	0:15:53 4	0:04:07 8	0:43:50 7	02:11	1:03:50 7	0:01:47 8	0:28:29 4	05:41	1:34:06
66	Nicole Hoskin	Garibaldi Highlands	41	F	18	7	0:14:36 3	0:02:30 4	0:41:19 3	02:03	0:58:25 3	0:01:37 6	0:34:36 8	06:55	1:34:38
41	Karen Sprout	Lantzville	41	F	26	8	0:19:25 8	0:03:15 6	0:46:47 8	02:20	1:09:27 8	0:01:21 4	0:30:48 6	06:09	1:41:36
<b>Division 11 SPRINT Individual Females Open Category 7.1 45 - 49 years old</b>															
105	Lesley Anderson	Nanaimo	46	F	5	1	0:12:34 1	0:03:02 1	0:35:47 1	01:47	0:51:23 1	0:01:39 3	0:31:10 2	06:14	1:24:12
60	Vicki Petrie	Comox	46	F	7	2	0:15:58 2	0:03:57 5	0:42:18 3	02:06	1:02:13 3	0:01:35 2	0:23:48 1	04:45	1:27:36
63	Marnie van der Vliet	Courtenay	48	F	27	3	0:16:02 3	0:03:38 3	0:40:51 2	02:02	1:00:31 2	0:02:25 6	0:39:44 6	07:56	1:42:40
82	Joyce Shepherd	Comox	45	F	29	4	0:18:53 4	0:03:29 2	0:45:04 5	02:15	1:07:26 4	0:02:17 5	0:36:36 3	07:19	1:46:19
83	Maureen Clarke	Comox	48	F	31	5	0:20:19 5	0:04:26 6	0:43:08 4	02:09	1:07:53 5	0:02:00 4	0:36:58 4	07:23	1:46:51
58	Charity Munro	Courtenay	45	F	35	6	0:30:54 6	0:03:54 4	0:51:06 6	02:33	1:25:54 6	0:01:32 1	0:38:41 5	07:44	2:06:07
<b>Division 11 SPRINT Individual Females Open Category 8 50 - 54 years old</b>															
37	Barbara A. Polehoykie	Campbell River	54	F	4	1	0:12:35 1	0:03:48 2	0:35:59 1	01:47	0:52:22 1	0:02:00 1	0:28:38 1	05:43	1:23:00
73	Jane Morris	Comox	52	F	28	2	0:16:24 2	0:03:04 1	0:43:17 2	02:09	1:02:45 2	0:02:39 2	0:39:58 2	07:59	1:45:22
<b>Division 11 SPRINT Individual Females Open Category 8.1 55 - 59 years old</b>															
64	Zina Richmond	Courtenay	58	F	19	1	0:17:02 2	0:03:11 1	0:43:33 1	02:10	1:03:46 1	0:01:38 1	0:29:40 1	05:56	1:35:04
92	Kathleen Sheppard	Courtenay	55	F	32	2	0:16:52 1	0:04:28 2	0:45:58 2	02:17	1:07:18 2	0:02:29 2	0:49:01 3	09:48	1:58:48
114	Lisa Scalapino	Heriot Bay	58	F	33	3	0:17:25 3	0:06:50 3	0:53:34 3	02:40	1:17:49 3	0:02:36 3	0:40:09 2	08:01	2:00:34
<b>Division 11 SPRINT Individual Females Open Category 9 60 - 64 years old</b>															
45	Linda B. Naqle	Campbell River	62	F	24	1	0:14:30 1	0:03:40 1	0:42:52 1	02:08	1:01:02 1	0:01:43 1	0:34:49 1	06:57	1:37:34
<b>Division 11 SPRINT Individual Females Open Category 9.1 65 - 69 years old</b>															
57	Bonny Ervin	Royston	68	F	13	1	0:15:35 1	0:02:48 1	0:39:24 1	01:58	0:57:47 1	0:01:46 1	0:30:08 1	06:01	1:29:41
<b>Division 13 SPRINT Team Open Swim 750m / Bike 20k / Run 5k</b>															
<b>Division 13 SPRINT Team Open Category 1 Males</b>															
112	F my life	Courtenay	33	M	2	1	0:16:41 1	0:03:05 2	0:34:35 1	01:43	0:54:21 1	0:00:57 2	0:25:36 1	05:07	1:20:54
118	Sulphur Dioxide	Comox	19	M	5	2	0:20:09 2	0:01:45 1	0:35:18 2	01:45	0:57:12 2	0:00:50 1	0:34:05 2	06:49	1:32:07
<b>Division 13 SPRINT Team Open Category 3 Mixed</b>															
116	SAFFAS	Courtenay	13	M	1	1	0:10:58 1	0:01:28 1	0:36:51 1	01:50	0:49:17 1	0:00:50 1	0:28:01 1	05:36	1:18:08
117	Sulphur Monoxide	Comox	28	F	4	2	0:15:31 2	0:02:23 2	0:40:09 2	02:00	0:58:03 2	0:01:41 2	0:29:46 2	05:57	1:29:30
<b>Division 13 SPRINT Team Open Category 4 Family</b>															
115	Mad Minions	Victoria	41	M	3	1	0:14:54 1	0:01:50 1	0:36:19 1	01:48	0:53:03 1	0:00:44 1	0:32:38 1	06:31	1:26:25
<b>Division 16 Duathlon Run 5k / Bike 20k / Run 5k</b>															

Official Results

Number	Name or Team Name	From	Age	S	D P C P i l a l v a t a e . c c	Swim (or 1st Run for Duathlon)	T1		Bike		Bike TPK	After Bike		T2		Run		Run TPK	Total Time		
							Time.....Place	Time.....Place	Time.....Place	Time.....Place		Time.....Place	Time.....Place	Time.....Place	Time.....Place						
<b>Division 16 Duathlon</b>			<b>Category 1 Males</b>																		
81	Derek Richmond	Courtenay	65	M	1	1	0:24:10	1	0:01:00	2	0:36:58	2	01:50	1:02:08	1	0:01:20	2	0:26:19	1	05:15	1:29:47
120	Dale MacLaren	Vancouver	34	M	2	2	0:28:28	2	0:00:50	1	0:36:10	1	01:48	1:05:28	2	0:01:04	1	0:26:19	1	05:15	1:32:51
74	Myles Thompson	Courtenay	27	M	4	3	0:28:28	2	0:01:34	4	0:37:54	3	01:53	1:07:56	3	0:02:10	4	0:38:42	3	07:44	1:48:48
86	Kevin Siebert	Campbell River	45	M	7	4	0:38:26	4	0:01:10	3	0:49:37	4	02:28	1:29:13	4	0:01:41	3	0:44:55	4	08:59	2:15:49
<b>Division 16 Duathlon</b>			<b>Category 2 Females</b>																		
50	Jody Macdonald	Comox	41	F	3	1	0:28:43	1	0:01:28	3	0:40:39	1	02:01	1:10:50	1	0:02:00	3	0:31:47	1	06:21	1:44:37
55	Alison Barnfather	Calgary	42	F	5	2	0:33:59	3	0:01:53	4	0:43:39	2	02:10	1:19:31	2	0:02:10	4	0:38:10	2	07:38	1:59:51
69	Ali Hunt	Cumberland	28	F	6	3	0:38:18	4	0:01:08	2	0:49:44	3	02:29	1:29:10	3	0:01:27	1	0:44:28	4	08:53	2:15:05
107	Silvia Ferguson	Cumberland	45	F	8	4	0:32:09	2	0:01:06	1	1:04:15	4	03:12	1:37:30	4	0:01:54	2	0:40:57	3	08:11	2:20:21