

The Comox Valley Tri-K Triathlon Results 2008

Number	Name or Team Name	From	E P C P		v i a l		Swim		T1	Bike	Bike	After		T2	Run	Run	Total			
			A	S	e	a	(or 1st Run	c				for Duathlon)	Bike					Bike	Time...Place	Time...Place
			g	e	n	c	e	e	Time...Place	Time...Place	TPK	Time...Place	Time...Place	Time...Place	TPK	Time				
			e	x	t	e	e													
Event 1 MINI Individual Males 8 - 9 years old																				
Event 1	MINI	Individual Males	8 - 9 years old	Category	1	8 - 9 years old														
277	NICHOLAS MITCHELL	COMOX	8 M	1	1	0:02:44	3	0:02:44	1	0:16:40	1	03:20	0:22:08	1	-0:01:30	0	0:09:12	1	06:08	0:29:50
465	ANDREW DANIELS	CAMPBELL RIVER	8 M	2	2	0:02:41	2	0:03:44	4	0:17:30	2	03:30	0:23:55	2	-0:02:34	0	0:11:47	5	07:51	0:33:08
251	CHARLIE PETRIE	COMOX	9 M	3	3	0:03:31	5	0:03:04	2	0:18:55	3	03:47	0:25:30	3	-0:02:40	0	0:11:39	4	07:46	0:34:29
318	DYLAN SITKO	COURTENAY	8 M	4	4	0:03:40	6	0:03:50	5	0:19:00	4	03:48	0:26:30	4	-0:01:54	0	0:10:20	2	06:53	0:34:56
300	ADAM DUNN	COURTENAY	9 M	5	5	0:02:10	1	0:04:18	6	0:20:20	6	04:04	0:26:48	5	-0:01:44	0	0:11:07	3	07:24	0:36:11
301	NICHOLAS HACKERT	COMOX	9 M	6	6	0:04:13	7	0:03:30	3	0:19:22	5	03:52	0:27:05	6	-0:01:55	0	0:12:36	6	08:24	0:37:46
254	PAYTON SILVESTER	COURTENAY	8 M	7	7	0:02:50	4	0:04:23	7	0:21:49	7	04:21	0:29:02	7	-0:02:50	1	0:14:35	7	09:43	0:40:47
Event 2 MINI Individual Females 8 - 9 years old																				
Event 2	MINI	Individual Females	8 - 9 years	Category	1	8 - 9 years old														
471	NATALIE BLECHA	COMOX	9 F	1	1	0:02:56	5	0:03:17	1	0:17:55	1	03:35	0:24:08	1	-0:01:23	0	0:11:35	1	07:43	0:34:20
220	JORDYN RYAN	COMOX	9 F	2	2	0:02:02	1	0:04:34	4	0:19:58	4	03:59	0:26:34	2	-0:01:42	0	0:11:57	3	07:58	0:36:49
470	CAMRYN CURTZ	COMOX	9 F	3	3	0:03:57	7	0:04:11	3	0:18:46	2	03:45	0:26:54	3	-0:01:48	0	0:13:06	4	08:44	0:38:12
352	SIDNEY DEMUTH	CAMPBELL RIVER	8 F	4	4	0:02:55	4	0:03:48	2	0:20:11	5	04:02	0:26:54	3	-0:02:09	0	0:13:58	7	09:18	0:38:43
296	BRAILYN RYDMAN	LAZO	7 F	5	5	0:02:25	2	0:06:58	7	0:19:47	3	03:57	0:29:10	5	-0:02:12	0	0:11:52	2	07:54	0:38:50
307	MYIA DUNN	COURTENAY	8 F	6	6	0:02:32	3	0:05:34	5	0:21:24	6	04:16	0:29:30	6	-0:02:24	0	0:13:37	6	09:04	0:40:43
294	GRACE SHEWELT	COMOX	9 F	7	7	0:03:22	6	0:06:01	6	0:24:00	7	04:48	0:33:23	7	-0:02:28	1	0:13:26	5	08:57	0:44:21
Event 3 MINI Individuals Males 10 -11 years old																				
Event 3	MINI	Individuals Males	10 -11 years	Category	1	10 - 11 years old														
282	YURIAH KASKA	COURTENAY	10 M	1	1	0:02:42	3	0:02:10	1	0:14:37	1	01:27	0:19:29	1	-0:01:07	0	0:15:14	4	07:37	0:33:36
223	JACKSON JAMES	NANAIMO	11 M	2	2	0:02:34	2	0:02:56	3	0:22:45	2	02:16	0:28:15	2	-0:01:33	0	0:11:47	2	05:53	0:38:29
290	JARED SAWATZKY	COMOX	10 M	3	3	0:02:32	1	0:02:46	2	0:25:40	3	02:34	0:30:58	3	-0:01:54	0	0:15:02	3	07:31	0:44:06
289	ALEX BROWN	COMOX	11 M	4	4	0:04:27	6	0:04:18	6	0:28:10	5	02:49	0:36:55	6	-0:01:51	0	0:11:45	1	05:52	0:46:49
353	LANDON SEELEY	COMOX	10 M	5	5	0:03:13	4	0:03:31	5	0:27:35	4	02:45	0:34:19	4	-0:02:47	0	0:16:47	6	08:23	0:48:19
351	MICHAEL JUNG	COURTENAY	10 M	6	6	0:04:10	5	0:03:18	4	0:28:50	6	02:53	0:36:18	5	-0:02:41	0	0:15:47	5	07:53	0:49:24
258	ZACK FIERET	COURTENAY	10 M	7	7	0:07:13	7	0:04:44	7	0:34:49	7	03:28	0:46:46	7	-0:03:13	1	0:25:35	7	12:47	1:09:08
Event 4 MINI Individuals Female 10 - 11 years old																				
Event 4	MINI	Individuals Female	10 - 11 years	Category	1	10 - 11 years old														
291	GILLIAN ELLSAY	COURTENAY	11 F	1	1	0:02:36	1	0:02:01	1	0:19:58	1	01:59	0:24:35	1	-0:01:12	0	0:10:54	1	05:27	0:34:17
256	SYLVIE STEWART GRANTHAM	COURTENAY	10 F	2	2	0:03:01	2	0:03:58	4	0:26:03	2	02:36	0:33:02	2	-0:01:39	0	0:12:12	2	06:06	0:43:35
226	ISABELLE POULIN	NANAIMO	10 F	3	3	0:03:33	4	0:02:48	2	0:27:19	3	02:43	0:33:40	3	-0:01:48	0	0:13:58	3	06:59	0:45:50
232	BREANNA KOSSEY	LANTZVILLE	10 F	4	4	0:03:28	3	0:03:20	3	0:31:31	4	03:09	0:38:19	4	-0:02:04	1	0:16:41	4	08:20	0:52:56
Event 5 MINI Individuals Male 12 - 17 years old																				
Event 5	MINI	Individuals Male	12 - 17 years	Category	1	12 - 14 years old														
293	NIGEL ELLSAY	COURTENAY	14 M	1	1	0:04:18	2	0:01:38	1	0:15:53	1	01:35	0:21:49	1	-0:01:09	0	0:10:25	1	03:28	0:31:05
466	ERIK WRIGHT	CAMPBELL RIVER	14 M	2	2	0:04:48	3	0:02:11	2	0:16:33	2	01:39	0:23:32	2	0:00:01	1	0:10:39	2	03:33	0:34:12
276	SPENCER BURNS	POWELL RIVER	13 M	3	3	0:04:17	1	0:02:11	2	0:17:43	3	01:46	0:24:11	3	-0:01:30	0	0:13:12	6	04:24	0:35:53
298	JORDAN DUNCAN	COMOX	13 M	5	4	0:07:33	8	0:02:23	4	0:19:36	4	01:57	0:29:32	4	-0:02:06	0	0:15:59	11	05:19	0:43:25
431	TOBY DIGNEY	LANTZVILLE	13 M	6	5	0:05:41	5	0:02:31	6	0:24:57	9	02:29	0:33:09	8	-0:01:15	0	0:11:48	3	03:56	0:43:42
427	JAKE VAN DER VLIET	COURTENAY	13 M	7	6	0:08:25	11	0:02:50	9	0:19:47	5	01:58	0:31:02	5	-0:01:20	0	0:14:01	8	04:40	0:43:43
261	GREG VERSLUIS	CAMPBELL RIVER	14 M	8	7	0:07:54	9	0:03:00	11	0:20:52	6	02:05	0:31:46	6	-0:02:14	0	0:14:37	10	04:52	0:44:09
259	CARLOS BRENCHELY	COURTENAY	13 M	9	8	0:08:28	14	0:02:37	7	0:22:14	7	02:13	0:33:19	9	0:00:03	2	0:12:34	4	04:11	0:45:56
292	ALEX KUSSAUER	COURTENAY	12 M	11	9	0:05:19	4	0:02:58	10	0:24:03	8	02:24	0:32:20	7	-0:01:18	0	0:16:53	13	05:37	0:47:55
429	MATT GIRODAY	NANAIMO	13 M	12	10	0:08:27	13	0:03:17	12	0:25:50	10	02:35	0:37:34	11	-0:00:56	0	0:13:24	7	04:28	0:50:02
430	MICHAEL PEREIRA	NANAIMO	13 M	13	11	0:07:28	7	0:04:18	14	0:26:14	11	02:37	0:38:00	12	-0:00:52	0	0:13:02	5	04:20	0:50:10
428	DANIEL TRNONG	NANAIMO	12 M	14	12	0:05:53	6	0:02:46	8	0:26:43	12	02:40	0:35:22	10	-0:01:05	0	0:16:41	12	05:33	0:50:58
432	THOMAS BAAN	NANOOSE BAY	14 M	15	13	0:11:38	15	0:04:17	13	0:30:22	13	03:02	0:46:17	14	-0:01:35	0	0:14:23	9	04:47	0:59:05
433	GARRETT BROWN	NANAIMO	13 M	16	14	0:08:26	12	0:02:25	5	0:30:31	14	03:03	0:41:22	13	-0:01:29	0	0:21:26	14	07:08	1:01:19
280	BENJAMIN HELPARD	COMOX	12 M	17	15	0:07:58	10	0:04:53	15	0:34:54	15	03:29	0:47:45	15	-0:02:45	0	0:22:00	15	07:20	1:07:00
Event 5 MINI Individuals Male 12 - 17 years																				
Event 5	MINI	Individuals Male	12 - 17 years	Category	2	15 - 17 years old														
446	MATTHEW BARCLAY	HERIOT BAY	15 M	4	1	0:05:51	1	0:02:40	2	0:18:53	1	01:53	0:27:24	1	-0:00:53	0	0:12:54	2	04:18	0:39:25
425	SANDY LEE	COURTENAY	15 M	10	2	0:05:58	2	0:02:20	1	0:27:12	2	02:43	0:35:30	2	-0:01:13	0	0:11:51	1	03:57	0:46:08

Number	Name or Team Name	From	E P C P		Swim		T1	Bike		After		T2	Run		Total					
			A	S	C	P		g	e	g	TPK		Time	Place		Time	TPK			
			v i a l		(or 1st Run				Bike											
			S e a t a		for Duathlon)				Time											
			e x t e		Time		Place		Time		Place		Time		Place					
Event 6 MINI Individuals Female 12 - 17 years old																				
Event 6	MINI	Individuals Female	12 - 17 years	Category	1	12 - 14 years old														
354	BERNADETTE MOORE	COMOX	13 F	1	1	0:05:57	8	0:02:08	1	0:20:35	1	02:03	0:28:40	1	-0:01:07	0	0:12:48	3	04:16	0:40:21
245	DANA BEIRNES	COURTENAY	14 F	2	2	0:05:33	4	0:02:50	6	0:20:36	2	02:03	0:28:59	2	-0:01:13	1	0:12:36	2	04:12	0:40:22
448	SPENCER MANTON	NANAIMO	12 F	4	3	0:05:12	2	0:03:30	9	0:24:21	6	02:26	0:33:03	6	-0:02:18	0	0:13:16	5	04:25	0:44:01
447	TAYLOR MANTON	NANAIMO	14 F	5	4	0:05:14	3	0:03:12	8	0:24:06	5	02:24	0:32:32	5	-0:01:42	0	0:13:13	4	04:24	0:44:03
235	ANABELLE ST. DENIS	COMOX	12 F	6	5	0:05:52	6	0:02:33	4	0:23:37	4	02:21	0:32:02	4	-0:01:07	0	0:14:39	10	04:53	0:45:34
312	YASMINE BOILARD	COURTENAY	13 F	7	6	0:05:42	5	0:02:22	2	0:23:05	3	02:18	0:31:09	3	-0:01:26	0	0:16:02	11	05:20	0:45:45
434	MADLINE TORRIE	LANTZVILLE	13 F	8	7	0:05:57	8	0:03:58	12	0:25:19	7	02:31	0:35:14	8	-0:01:13	0	0:13:19	6	04:26	0:47:20
435	ERYN WHITE	QUALICUM	13 F	9	8	0:05:55	7	0:02:31	3	0:26:52	9	02:41	0:35:18	9	-0:01:07	0	0:13:57	9	04:39	0:48:08
437	SARAH KALWEIT	NANAIMO	12 F	10	9	0:05:06	1	0:03:00	7	0:26:35	8	02:39	0:34:41	7	-0:01:56	0	0:16:55	13	05:38	0:49:40
454	MARNIE DENHAM-CLARE	COURTENAY	12 F	11	10	0:07:50	10	0:03:42	10	0:29:16	12	02:55	0:40:48	11	-0:01:24	0	0:11:54	1	03:58	0:51:18
436	RACHEL MILLER	NANAIMO	13 F	12	11	0:08:52	11	0:02:37	5	0:28:05	10	02:48	0:39:34	10	-0:00:30	0	0:13:46	8	04:35	0:52:50
438	MADDY MEYER	NANOOSE BAY	13 F	13	12	0:09:43	13	0:03:43	11	0:29:04	11	02:54	0:42:30	12	-0:01:30	0	0:13:33	7	04:31	0:54:33
279	SHAYNA BOX	BLACK CREEK	12 F	14	13	0:09:02	12	0:05:17	13	0:32:42	13	03:16	0:47:01	13	-0:01:48	0	0:16:42	12	05:34	1:01:55
Event 6	MINI	Individuals Female	12 - 17 years	Category	2	15 - 17 years old														
469	HANNAH BELLAMY	COURTENAY	16 F	3	1	0:05:52	1	0:02:53	1	0:21:35	1	02:09	0:30:20	1	-0:01:33	0	0:14:02	1	04:40	0:42:49
Event 7 MINI Teams 8 - 9 years old																				
Event 7	MINI	Teams	8 - 9 years old	Category	1	Males														
374	B. C. ALL STARS	COURTENAY	9 M	1	1	0:02:23	2	0:01:37	2	0:15:18	1	03:03	0:19:18	1	-0:00:57	0	0:08:05	1	05:23	0:26:26
375	SPEEDY SPITFIRES	COMOX	9 M	2	2	0:01:38	1	0:01:32	1	0:18:05	5	03:37	0:21:15	3	-0:01:39	0	0:08:35	2	05:43	0:28:11
358	THE JETS	COURTENAY	8 M	3	3	0:02:26	3	0:01:46	3	0:16:49	3	03:21	0:21:01	2	-0:00:59	0	0:08:56	3	05:57	0:28:58
372	THREE ROVERS	COURTENAY	9 M	5	4	0:04:00	9	0:01:58	6	0:15:44	2	03:08	0:21:42	4	-0:01:23	0	0:09:08	4	06:05	0:29:27
456	THE LIGHTNING THIEVES	COMOX	9 M	8	5	0:03:07	5	0:01:48	4	0:18:05	5	03:37	0:23:00	5	-0:01:52	0	0:10:22	7	06:54	0:31:30
439	RED DOG LEADER	COMOX	8 M	9	6	0:03:37	6	0:01:50	5	0:18:21	7	03:40	0:23:48	7	-0:01:23	0	0:09:25	5	06:16	0:31:50
373	PEOPLE'S TEAM	COURTENAY	8 M	10	7	0:03:44	7	0:02:02	8	0:18:00	4	03:36	0:23:46	6	-0:01:10	0	0:09:36	6	06:24	0:32:12
455	THE JEDI KNIGHTS	COMOX	9 M	13	8	0:03:46	8	0:02:00	7	0:18:21	7	03:40	0:24:07	8	-0:01:34	0	0:10:25	8	06:56	0:32:58
359	TEAM EXTREME	COMOX	9 M	15	9	0:02:57	4	0:03:34	9	0:19:34	9	03:54	0:26:05	9	-0:02:09	1	0:11:41	9	07:47	0:35:37
Event 7	MINI	Teams	8 - 9 years old	Category	2	Females														
377	THE CHEETAH'S	COURTENAY	9 F	3	1	0:01:50	1	0:01:33	1	0:17:45	1	03:33	0:21:08	1	-0:01:15	1	0:09:05	1	06:03	0:28:58
360	GOOLIE EYEBALLS	BLACK CREEK	9 F	11	2	0:03:23	2	0:02:10	3	0:18:10	2	03:38	0:23:43	2	-0:02:15	0	0:11:21	3	07:34	0:32:49
400	DARING DEVILS	COMOX	9 F	14	3	0:03:42	3	0:01:37	2	0:21:20	3	04:16	0:26:39	3	-0:01:23	0	0:09:33	2	06:22	0:34:49
Event 7	MINI	Teams	8 - 9 years old	Category	3	Mixed														
378	TRI-MATES	LAZO	9 F	6	1	0:02:46	2	0:02:17	2	0:17:19	1	03:27	0:22:22	1	-0:01:27	1	0:08:44	1	05:49	0:29:39
355	THE BEAR'S NOSE	COURTENAY	9 M	7	2	0:03:02	3	0:01:54	1	0:17:28	2	03:29	0:22:24	2	-0:01:07	0	0:09:13	2	06:08	0:30:30
392	MINI MAPLE LEAVES	COURTENAY	9 F	12	3	0:01:43	1	0:02:26	3	0:20:11	3	04:02	0:24:20	3	-0:01:24	0	0:10:00	3	06:40	0:32:56
Event 8 MINI Teams 10 - 11 years old																				
Event 8	MINI	Teams	10 - 11 years old	Category	1	Males														
401	COLE MOORE'S TEAM	COMOX	11 M	3	1	0:03:30	7	0:01:30	3	0:21:35	1	02:09	0:26:35	1	-0:01:00	0	0:08:55	2	04:27	0:34:30
412	MICROCHIP	COURTENAY	11 M	6	2	0:03:16	3	0:01:42	9	0:23:22	3	02:20	0:28:20	5	-0:01:00	0	0:09:31	3	04:45	0:36:51
362	KUNG-FU MONKIES	COURTENAY	11 M	7	3	0:02:07	1	0:01:25	2	0:23:54	5	02:23	0:27:26	2	-0:00:55	1	0:10:33	8	05:16	0:37:04
458	3 AMIGOS	COURTENAY	11 M	8	4	0:02:28	2	0:01:53	11	0:23:42	4	02:22	0:28:03	4	-0:01:29	0	0:11:03	12	05:31	0:37:37
406	COMOX CRUISERS	COMOX	10 M	9	5	0:03:39	9	0:01:39	7	0:22:22	2	02:14	0:27:40	3	-0:00:58	0	0:10:58	11	05:29	0:37:40
423	MARINERS	COMOX	10 M	12	6	0:03:37	8	0:01:37	6	0:25:10	7	02:31	0:30:24	6	-0:00:54	0	0:09:41	4	04:50	0:39:11
382	THE FLAMING PUCKS	COURTENAY	10 M	14	7	0:04:42	13	0:01:05	1	0:27:25	13	02:44	0:33:12	12	-0:01:03	0	0:08:43	1	04:21	0:40:52
380	AIRPORT ATTACKERS	COURTENAY	10 M	15	8	0:03:27	5	0:01:57	14	0:26:32	10	02:39	0:31:56	8	-0:00:56	0	0:09:58	5	04:59	0:40:58
407	BLACK DEMONS	COURTENAY	10 M	16	9	0:03:25	4	0:01:35	5	0:26:58	12	02:41	0:31:58	9	-0:01:01	0	0:10:04	6	05:02	0:41:01
379	NICOLAS SAMSON'S TEAM	COURTENAY	10 M	17	10	0:04:40	12	0:01:47	10	0:25:05	6	02:30	0:31:32	7	-0:01:01	0	0:10:35	10	05:17	0:41:06
361	DOUBLE OHS	COURTENAY	11 M	19	11	0:04:03	10	0:01:31	4	0:26:32	10	02:39	0:32:06	10	-0:01:04	0	0:10:34	9	05:17	0:41:36
381	FLAMING ACES	COMOX	10 M	19	11	0:04:09	11	0:01:41	8	0:26:31	9	02:39	0:32:21	11	-0:01:04	0	0:10:19	7	05:09	0:41:36
408	FABLED THUNDERBIRDS	COMOX	9 M	33	13	0:05:15	14	0:01:53	11	0:26:14	8	02:37	0:33:22	13	-0:01:26	0	0:16:42	14	08:21	0:48:38
376	THE 3 STARS	COMOX	10 M	35	14	0:03:27	5	0:01:54	13	0:34:52	14	03:29	0:40:13	14	-0:03:46	0	0:13:07	13	06:33	0:49:34
Event 8	MINI	Teams	10 - 11 years old	Category	2	Females														
364	THE 3 CHEEKY MONKEYS	COURTENAY	11 F	4	1	0:02:37	1	0:01:38	3	0:20:30	1	02:03	0:24:45	1	-0:01:02	1	0:11:44	9	05:52	0:35:27

Number	Name or Team Name	From	E P C P		Swim		T1	Bike	Bike	After		T2	Run	Run	Total						
			A	S	e	a				(or 1st Run	Time...Place					Time...Place	Time...Place	Time...Place	Time...Place	Time...Place	
			g	e	n	c	e	for Duathlon)	Time...Place	Time...Place	Time...Place	Time...Place	Time...Place	Time...Place	Time...Place						
			e	x	t	e			TPK				TPK								
386	AIRPORT DEVILS	COMOX	10	F	21	2	0:03:07	3	0:01:36	2	0:26:44	4	02:40	0:31:27	2	-0:00:58	0	0:11:41	8	05:50	0:42:10
365	APPLE BOBS	COURTENAY	11	F	22	3	0:03:02	2	0:01:52	9	0:27:28	5	02:44	0:32:22	4	-0:01:05	0	0:11:32	7	05:46	0:42:49
385	ZOOM!	COMOX	10	F	23	4	0:03:19	6	0:01:46	4	0:29:18	7	02:55	0:34:23	6	-0:01:46	0	0:10:48	3	05:24	0:43:25
417	THE FLAMING RED AEROS	COMOX	10	F	24	5	0:04:59	13	0:01:58	11	0:28:18	6	02:49	0:35:15	9	-0:00:59	0	0:09:29	1	04:44	0:43:45
383	VILLAGE PARK CUBES	COMOX	10	F	26	6	0:03:31	8	0:02:49	14	0:25:23	2	02:32	0:31:43	3	0:01:49	2	0:11:27	6	05:43	0:44:59
384	CUTIEPIES 1, 2 AND 3	BLACK CREEK	11	F	27	7	0:04:13	10	0:01:46	4	0:26:32	3	02:39	0:32:31	5	-0:01:13	0	0:13:45	13	06:52	0:45:03
459	G. E. M.	BLACK CREEK	11	F	28	8	0:03:30	7	0:01:56	10	0:29:45	10	02:58	0:35:11	8	-0:01:08	0	0:11:07	5	05:33	0:45:10
410	S.H.E.	COURTENAY	10	F	29	9	0:04:39	12	0:01:23	1	0:29:36	8	02:57	0:35:38	10	-0:01:09	0	0:10:51	4	05:25	0:45:20
422	S.S.T.	COURTENAY	11	F	30	10	0:03:11	4	0:01:48	6	0:29:37	9	02:57	0:34:36	7	-0:01:08	0	0:12:38	10	06:19	0:46:06
444	MAIA BRADFIELD'S TEAM	CUMBERLAND	11	F	31	11	0:03:17	5	0:01:48	6	0:30:37	11	03:03	0:35:42	11	-0:01:21	0	0:12:54	11	06:27	0:47:15
363	THREE MUSKET BLUEBERRIES	COURTENAY	10	F	32	12	0:05:01	14	0:01:50	8	0:32:28	13	03:14	0:39:19	13	-0:01:16	0	0:10:29	2	05:14	0:48:32
402	AIRPORT STARS	COMOX	10	F	34	13	0:03:35	9	0:02:13	13	0:30:51	12	03:05	0:36:39	12	-0:02:01	0	0:14:33	14	07:16	0:49:11
440	THE BUBLITZ	COURTENAY	11	F	38	14	0:05:56	15	0:02:04	12	0:33:57	14	03:23	0:41:57	14	-0:01:01	0	0:13:20	12	06:40	0:54:16
441	SPEEDYS	COURTENAY	10	F	39	15	0:04:26	11	0:03:53	15	0:40:02	15	04:00	0:48:21	15	-0:04:35	0	0:26:48	15	13:24	1:10:34
Event 8 MINI Teams 10 - 11 years old Category 3 Mixed																					
457	THE ST. DENIS TEAM	COURTENAY	9	F	1	1	0:03:44	6	0:01:53	8	0:14:26	1	01:26	0:20:03	1	-0:01:01	0	0:11:27	5	05:43	0:30:29
409	SKITTLES	COURTENAY	11	F	2	2	0:02:53	3	0:01:43	6	0:17:23	2	01:44	0:21:59	2	-0:00:54	0	0:13:24	8	06:42	0:34:29
394	SUPERSONIC THREE	COURTENAY	11	F	5	3	0:02:34	2	0:01:29	1	0:21:57	3	02:11	0:26:00	3	-0:00:53	0	0:10:40	2	05:20	0:35:47
356	SAR KIDS	COURTENAY	10	F	10	4	0:02:29	1	0:01:31	2	0:23:15	4	02:19	0:27:15	4	-0:01:02	0	0:11:32	6	05:46	0:37:45
395	COMOX HAT TRICK	COMOX	11	F	11	5	0:02:59	4	0:01:42	5	0:23:26	5	02:20	0:28:07	5	-0:01:19	0	0:11:58	7	05:59	0:38:46
421	JAZMIN MCLAUGHLIN'S TEAM	COURTENAY	9	F	13	6	0:03:56	7	0:01:49	7	0:25:16	6	02:31	0:31:01	6	-0:01:11	0	0:10:27	1	05:13	0:40:17
396	THE SPRITS	DENMAN ISLAND	10	F	18	7	0:04:28	9	0:01:36	3	0:25:25	7	02:32	0:31:29	7	-0:01:06	0	0:10:50	3	05:25	0:41:13
393	THE D V B S	DENMAN ISLAND	10	F	25	8	0:04:21	8	0:01:40	4	0:28:17	8	02:49	0:34:18	8	-0:01:04	1	0:11:12	4	05:36	0:44:26
443	FLAMING EAGLES	COURTENAY	11	F	36	9	0:03:11	5	0:02:00	9	0:32:29	10	03:14	0:37:40	10	-0:00:59	0	0:14:33	9	07:16	0:51:14
411	KAYLEE TONEFF'S TEAM	COURTENAY	10	F	37	10	0:05:09	10	0:02:12	10	0:29:09	9	02:54	0:36:30	9	-0:01:45	0	0:17:12	10	08:36	0:51:57
Event 9 MINI Teams 12 - 14 years old																					
Event 9 MINI Teams 12 - 14 years old Category 1 Males																					
462	IRON BOYS	DENMAN ISLAND	14	M	1	1	0:06:16	8	0:01:37	6	0:17:22	1	01:44	0:25:15	2	-0:00:58	0	0:09:16	1	03:05	0:33:33
387	ATHLETES IN ACTION	COURTENAY	14	M	2	2	0:04:16	2	0:01:23	2	0:18:17	2	01:49	0:23:56	1	-0:00:59	1	0:10:53	8	03:37	0:33:50
389	THE CRUSADERS	COURTENAY	12	M	3	3	0:04:56	5	0:01:35	5	0:19:29	3	01:56	0:26:00	3	-0:00:55	0	0:09:28	2	03:09	0:34:33
416	HUBAND HEROS	COURTENAY	11	M	11	4	0:05:56	7	0:01:20	1	0:22:18	6	02:13	0:29:34	6	-0:00:54	0	0:10:42	6	03:34	0:39:22
403	VIPERS	COURTENAY	12	M	12	5	0:04:33	3	0:04:06	9	0:20:39	5	02:03	0:29:18	4	-0:00:11	0	0:10:33	5	03:31	0:39:40
388	PIE LOVERS	COURTENAY	11	M	14	6	0:07:39	10	0:01:29	3	0:20:25	4	02:02	0:29:33	5	0:00:44	2	0:10:10	3	03:23	0:40:27
419	POLKA DOTTED OREOS	COMOX	12	M	15	7	0:04:45	4	0:01:33	4	0:25:38	8	02:33	0:31:56	7	-0:00:53	0	0:10:20	4	03:26	0:41:23
367	MAC GOLD'S TEAM	MERVILLE	12	M	23	8	0:07:16	9	0:01:54	8	0:25:11	7	02:31	0:34:21	8	-0:01:48	0	0:12:34	9	04:11	0:45:07
404	THE FRUITIMOS	COMOX	12	M	29	9	0:04:06	1	0:01:47	7	0:34:49	10	03:28	0:40:42	9	-0:01:09	0	0:10:48	7	03:36	0:50:21
413	TYPHOONS	COURTENAY	11	M	31	10	0:05:42	6	0:07:24	10	0:34:06	9	03:24	0:47:12	10	-0:01:09	0	0:12:53	10	04:17	0:58:56
Event 9 MINI Teams 12 - 14 years old Category 2 Females																					
449	ALICIA SAUNDER'S TEAM	COURTENAY	13	F	5	1	0:04:52	2	0:01:43	7	0:18:56	3	01:53	0:25:31	2	-0:00:33	0	0:10:38	3	03:32	0:35:36
415	THE PUTT PUTTS	COURTENAY	13	F	6	2	0:06:17	7	0:01:41	5	0:17:33	1	01:45	0:25:31	2	-0:01:14	0	0:11:28	8	03:49	0:35:45
467	STEPHANIE HOLBROOK'S TEAM	CAMPBELL RIVER	14	F	7	3	0:03:54	1	0:01:21	1	0:20:30	5	02:03	0:25:45	4	-0:00:48	0	0:10:59	5	03:39	0:35:56
461	SPEED DEVILS	BLACK CREEK	14	F	8	4	0:05:03	3	0:01:30	3	0:20:28	4	02:02	0:27:01	5	-0:02:11	0	0:11:19	6	03:46	0:36:09
405	POLKA DUCKS	BLACK CREEK	13	F	9	5	0:05:39	6	0:01:45	8	0:20:51	6	02:05	0:28:15	6	-0:01:55	0	0:10:12	1	03:24	0:36:32
369	PRO'S WITH PONYTAILS	COURTENAY	12	F	10	6	0:05:15	4	0:01:52	10	0:18:17	2	01:49	0:25:24	1	0:00:12	1	0:10:57	4	03:39	0:36:33
370	BRADIE GAILLOUX'S TEAM	COURTENAY	13	F	13	7	0:05:37	5	0:01:24	2	0:23:19	10	02:19	0:30:20	7	-0:00:54	0	0:10:15	2	03:25	0:39:41
368	KIWI'Z	COMOX	12	F	18	8	0:07:04	9	0:02:03	11	0:22:09	8	02:12	0:31:16	9	-0:00:56	0	0:11:49	11	03:56	0:42:09
463	NANNUKS	BLACK CREEK	13	F	19	9	0:06:34	8	0:02:31	14	0:22:04	7	02:12	0:31:09	8	-0:00:51	0	0:12:22	12	04:07	0:42:40
451	CAILLIE GAUTIER-GREGORY'S TEAM	COURTENAY	14	F	21	10	0:08:51	14	0:01:48	9	0:23:01	9	02:18	0:33:40	11	-0:00:56	0	0:11:27	7	03:49	0:44:11
390	FLAMING TIGRESSES	COMOX	12	F	22	11	0:07:05	10	0:01:40	4	0:24:33	11	02:27	0:33:18	10	-0:00:55	0	0:12:26	13	04:08	0:44:49
397	THE JELLY BELLIES	DENMAN ISLAND	12	F	24	12	0:07:33	11	0:01:41	5	0:25:53	12	02:35	0:35:07	12	-0:00:18	0	0:11:38	10	03:52	0:46:27
391	POLKA DOTS	COMOX	12	F	28	13	0:07:41	12	0:02:22	13	0:29:29	13	02:56	0:39:32	13	-0:00:59	0	0:11:35	9	03:51	0:50:08
468	THE CRAZY FROGS	COMOX	12	F	32	14	0:08:43	13	0:02:18	12	0:35:01	14	03:30	0:46:02	14	-0:01:12	0	0:15:05	14	05:01	0:59:55
Event 9 MINI Teams 12 - 14 years old Category 3 Mixed																					
371	THE BOX SQUARES	COMOX	12	F	4	1	0:03:52	1	0:01:41	3	0:20:04	1	02:00	0:25:37	1	-0:00:45	0	0:10:09	1	03:23	0:35:01
414	JRT DRAGONS	COURTENAY	11	F	17	2	0:05:40	2	0:01:37	2	0:23:51	3	02:23	0:31:08	2	-0:00:55	0	0:11:24	3	03:48	0:41:37
418	DENMAN VINET'S TEAM	COMOX	12	M	20	3	0:08:22	5	0:01:16	1	0:21:39	2	02:09	0:31:17	3	0:01:07	2	0:10:50	2	03:36	0:43:14
398	THE CHEERIOS	COMOX	12	F	25	4	0:09:27	7	0:01:43	4	0:24:30	4	02:27	0:35:40	5	-0:00:59	1	0:12:01	5	04:00	0:46:42
452	TIGERS	COURTENAY	12	F	26	5	0:07:04	4	0:01:43	4	0:26:56	6	02:41	0:35:43	6	-0:00:31	0	0:11:36	4	03:52	0:46:48

Number	Name or Team Name	From	E P C P v i a l S e a t a g e n c e x t e			Swim (or 1st Run for Duathlon) Time...Place	T1 Time...Place	Bike Time...Place	Bike TPK	After Bike		T2 Time...Place	Run Time...Place	Run TPK	Total Time						
			A	S	C					P	Time...Place					Time...Place					
420	GIGGLE FACTOR 3000	COMOX	12	F	27	6	0:07:01	3	0:01:43	4	0:25:36	5	02:33	0:34:20	4	-0:00:59	0	0:13:50	6	04:36	0:47:11
442	DAILY CALCIUM INTAKE	NANAIMO	13	M	30	7	0:08:29	6	0:01:49	7	0:27:54	7	02:47	0:38:12	7	-0:00:56	0	0:13:56	7	04:38	0:51:12
Event 9 MINI Teams 12 - 14 years old			Category 4 Family																		
357	CAMPBELL RIVER TEAM	CAMPBELL RIVER47	M	16	1	0:07:03	1	0:01:43	1	0:19:12	1	01:55	0:27:58	1	-0:01:00	0	0:14:33	1	04:51	0:41:31	
Event 9.1 MINI Teams 15 - 17 years old			Category 1 Males																		
460	THE BACONATERS	COURTENAY	15	M	1	1	0:04:28	1	0:01:26	1	0:18:59	1	01:53	0:24:53	1	-0:00:47	0	0:09:59	1	03:19	0:34:05
Event 9.1 MINI Teams 15 - 17 years old			Category 2 Females																		
464	EILISH MCVEY'S TEAM	CUMBERLAND	15	F	3	1	0:06:32	1	0:01:36	1	0:23:05	1	02:18	0:31:13	1	-0:00:54	1	0:12:44	2	04:14	0:43:03
399	MEGGILANTHA	COMOX	15	F	4	2	0:08:20	2	0:01:44	2	0:26:08	2	02:36	0:36:12	2	-0:01:01	0	0:11:16	1	03:45	0:46:27
Event 9.1 MINI Teams 15 - 17 years old			Category 3 Mixed																		
424	BOA	COURTENAY	15	F	2	1	0:05:01	1	0:01:36	1	0:20:25	1	02:02	0:27:02	1	-0:00:52	0	0:09:45	1	03:15	0:35:55
Event 9.1 MINI Teams 15 - 17 years old			Category 4 Family																		
450	THE DENNIS GANG	COURTENAY	10	F	5	1	0:09:40	1	0:01:51	1	0:31:44	1	03:10	0:43:15	1	-0:01:04	0	0:20:06	1	06:42	1:02:17
Event 10 SPRINT Individual Male Open			Category 1 15 - 16 years old																		
089	CONNOR FOREMAN	VICTORIA	14	M	3	1	0:09:36	1	0:01:34	1	0:31:41	1	01:35	0:42:51	1	-0:00:20	0	0:23:26	1	04:41	1:05:57
Event 10 SPRINT Individual Male Open			Category 2 17 - 19 years old																		
095	HELGE KOOPMAN	COURTENAY	17	M	34	1	0:18:12	1	0:05:04	1	0:47:24	1	02:22	1:10:40	1	-0:02:06	0	0:28:15	1	05:39	1:36:49
Event 10 SPRINT Individual Male Open			Category 3 20 - 24 years old																		
096	NICK GOTTFRIED	VICTORIA	24	M	2	1	0:11:24	1	0:02:25	1	0:29:44	1	01:29	0:43:33	1	0:01:14	1	0:20:44	1	04:08	1:05:31
Event 10 SPRINT Individual Male Open			Category 5 30 - 34 years old																		
074	SRDJAN KAROLIC	LAZO	30	M	11	1	0:14:36	4	0:03:13	3	0:36:20	1	01:49	0:54:09	1	-0:01:36	0	0:22:03	3	04:24	1:14:36
102	RYAN STUART	COURTENAY	31	M	12	2	0:14:23	3	0:02:32	2	0:38:20	3	01:55	0:55:15	3	-0:01:28	0	0:21:31	1	04:18	1:15:18
106	JAMES WARREN	COMOX	32	M	14	3	0:14:22	2	0:02:29	1	0:37:27	2	01:52	0:54:18	2	-0:01:24	0	0:22:42	4	04:32	1:15:36
124	BRAD POWER	GANDER	30	M	16	4	0:14:01	1	0:03:27	4	0:38:30	4	01:55	0:55:58	4	-0:01:21	0	0:21:42	2	04:20	1:16:19
094	DUSTIN WILLIAMS	COURTENAY	31	M	31	5	0:14:37	5	0:04:01	5	0:40:42	5	02:02	0:59:20	5	0:01:17	1	0:28:14	5	05:38	1:28:51
Event 10 SPRINT Individual Male Open			Category 6 35 - 39 years old																		
007	GUY ST. DENIS	COMOX	39	M	5	1	0:11:56	1	0:01:37	1	0:32:29	2	01:37	0:46:02	1	0:00:59	2	0:21:53	1	04:22	1:08:54
125	JOHN VAN DER VLIET	COURTENAY	39	M	6	2	0:16:24	7	0:02:27	2	0:31:07	1	01:33	0:49:58	2	-0:01:39	0	0:22:33	2	04:30	1:10:52
033	IAN PENNEY	PITT MEADOWS	39	M	19	3	0:14:56	4	0:03:18	4	0:37:46	3	01:53	0:56:00	3	0:00:29	1	0:24:14	3	04:50	1:20:43
105	JASON FOREMAN	CUMBERLAND	36	M	20	4	0:13:04	2	0:04:11	9	0:41:17	6	02:03	0:58:32	5	-0:01:45	0	0:24:53	5	04:58	1:21:40
032	CHRISTIAN MORRISSETTE	LAZO	36	M	22	5	0:17:06	8	0:02:51	3	0:40:11	5	02:00	1:00:08	6	-0:01:53	0	0:24:40	4	04:56	1:22:55
082	CORY PERCIVALT	CAMPBELL RIVER35	M	25	6	0:14:30	3	0:03:32	5	0:38:51	4	01:56	0:56:53	4	-0:01:00	0	0:28:40	8	05:44	1:24:33	
013	DANIEL HANTON	COMOX	39	M	26	7	0:16:13	5	0:03:40	7	0:41:37	7	02:04	1:01:30	7	-0:02:49	0	0:26:57	7	05:23	1:25:38
122	MIKE QUARENGHI	COURTENAY	39	M	29	8	0:17:35	9	0:03:45	8	0:43:39	8	02:10	1:04:59	8	-0:02:49	0	0:25:45	6	05:09	1:27:55
064	ALAN RYDMAN	LAZO	38	M	37	9	0:16:19	6	0:03:37	6	0:48:20	9	02:25	1:08:16	9	-0:06:29	0	0:40:58	9	08:11	1:42:45
Event 10 SPRINT Individual Male Open			Category 7 40 - 49 years old																		
126	GARY MACGREGOR	COMOX	43	M	1	1	0:12:05	1	0:02:10	3	0:28:28	1	01:25	0:42:43	1	-0:00:46	0	0:19:43	2	03:56	1:01:40
107	KEN CLAUSEN	CAMPBELL RIVER44	M	4	2	0:13:01	3	0:01:46	1	0:33:57	4	01:41	0:48:44	4	-0:01:05	0	0:19:22	1	03:52	1:07:01	
088	PAUL LONG	COMOX	43	M	7	3	0:13:19	4	0:03:41	11	0:31:42	3	01:35	0:48:42	3	0:00:45	2	0:22:17	5	04:27	1:11:44
011	SCOTT HARRIS	PORT HARDY	40	M	8	4	0:13:37	6	0:02:24	4	0:30:58	2	01:32	0:46:59	2	0:02:29	3	0:22:53	6	04:34	1:12:21
139	CRAIG DALBOCK	CAMPBELL RIVER44	M	9	5	0:13:21	5	0:03:02	8	0:36:57	7	01:50	0:53:20	5	-0:02:17	0	0:22:10	4	04:26	1:13:13	
034	ROB GRANTHAM	COURTENAY	45	M	10	6	0:14:07	7	0:02:56	7	0:36:40	6	01:50	0:53:43	6	-0:00:59	0	0:21:02	3	04:12	1:13:46
104	BRENT ARMSTRONG	COURTENAY	41	M	15	7	0:12:58	2	0:02:46	6	0:38:12	9	01:54	0:53:56	7	-0:01:42	0	0:23:47	7	04:45	1:16:01
137	KRIS BAUCHMAN	CAMPBELL RIVER44	M	17	8	0:17:24	10	0:02:01	2	0:36:29	5	01:49	0:55:54	8	-0:01:11	0	0:23:54	8	04:46	1:18:37	
005	STEPHEN BEIRNES	COURTENAY	47	M	18	9	0:16:29	8	0:03:10	9	0:37:59	8	01:53	0:57:38	9	-0:01:58	1	0:24:18	9	04:51	1:19:58
004	TERRY BROWNE	CAMPBELL RIVER46	M	21	10	0:16:48	9	0:02:27	5	0:42:15	11	02:06	1:01:30	10	-0:03:35	0	0:24:44	10	04:56	1:22:39	
008	FABIAN POULIN	NANAIMO	45	M	32	11	0:18:38	11	0:03:12	10	0:40:59	10	02:02	1:02:49	11	-0:02:13	0	0:29:39	11	05:55	1:30:15
Event 10 SPRINT Individual Male Open			Category 8 50 - 59 years old																		
136	TOM WEBER	COURTENAY	51	M	13	1	0:14:19	2	0:02:53	2	0:36:45	1	01:50	0:53:57	1	-0:00:33	0	0:21:55	1	04:23	1:15:19
055	BERT HEERINGA	COMOX	51	M	23	2	0:15:10	4	0:03:11	3	0:38:51	3	01:56	0:57:12	2	-0:01:15	0	0:27:56	4	05:35	1:23:53

Number	Name or Team Name	From	E P C P v i a l S w i m			T1 Time...Place	Bike		Bike		After Bike		T2		Run		Run TPK	Total Time			
			A g e n c e	S e a t	C l a s s		(or 1st Run for Duathlon)	Time...Place	Time...Place	TPK	Time...Place	Time...Place	Time...Place	Time...Place							
085	MARK ELVIDGE	VANCOUVER	50	M	24	3	0:14:21	3	0:04:44	6	0:38:25	2	01:55	0:57:30	3	0:01:45	2	0:24:45	2	04:57	1:24:00
036	DEREK BRENCHLEY	COURTENAY	52	M	27	4	0:18:36	7	0:03:16	4	0:40:33	4	02:01	1:02:25	5	-0:01:21	0	0:25:15	3	05:03	1:26:19
035	DARCY WALTERS	COURTENAY	51	M	30	5	0:12:23	1	0:02:46	1	0:46:31	6	02:19	1:01:40	4	-0:01:08	1	0:28:17	6	05:39	1:28:49
014	TERRY HARRISON	COMOX	57	M	35	6	0:17:40	6	0:06:07	7	0:49:24	7	02:28	1:13:11	7	-0:02:01	0	0:28:06	5	05:37	1:39:16
121	TIM STOKES	NANAIMO	50	M	36	7	0:17:37	5	0:03:48	5	0:46:02	5	02:18	1:07:27	6	-0:02:05	0	0:35:46	7	07:09	1:41:08
Event 10 SPRINT Individual Male Open			Category 9			60 - 69 years old															
087	BARRY CARR	PARKSVILLE	63	M	28	1	0:18:04	2	0:03:46	2	0:42:01	1	02:06	1:03:51	1	-0:01:58	1	0:24:28	1	04:53	1:26:21
037	WAYNE BOYCE	COMOX	61	M	33	2	0:17:03	1	0:03:25	1	0:45:29	2	02:16	1:05:57	2	-0:03:15	0	0:31:44	2	06:20	1:34:26
Event 10 SPRINT Individual Male Open			Category 91			70+ years old															
012	PAUL HENDRICKS	PARKSVILLE	73	M	38	1	0:26:19	1	0:05:32	1	0:47:15	1	02:21	1:19:06	1	-0:03:26	0	0:41:02	1	08:12	1:56:42
Event 11 SPRINT Individual Female Open			Category 1			15 - 16 years old															
135	HANNAH NIELSEN	VICTORIA	14	F	1	1	0:11:11	2	0:01:51	2	0:34:12	1	01:42	0:47:14	1	-0:01:15	0	0:23:18	1	04:39	1:09:17
134	SCARLETT DESMARAIS	VICTORIA	15	F	3	2	0:10:46	1	0:01:36	1	0:36:16	2	01:48	0:48:38	2	-0:01:09	1	0:23:53	2	04:46	1:11:22
091	CAITLIN SAULSGIVER	SHAWNIGAN	15	F	11	3	0:11:36	3	0:01:51	2	0:40:18	3	02:00	0:53:45	3	-0:01:20	0	0:27:02	3	05:24	1:19:27
Event 11 SPRINT Individual Female Open			Category 3			20 - 24 years old															
031	KELSEY TUFNAIL	COURTENAY	23	F	12	1	0:13:01	4	0:03:04	2	0:38:58	1	01:56	0:55:03	1	-0:00:33	0	0:25:04	1	05:00	1:19:34
038	JENNY LOCK	COURTENAY	22	F	22	2	0:10:01	1	0:03:01	1	0:42:22	3	02:07	0:55:24	2	-0:01:08	1	0:29:56	3	05:59	1:24:12
110	KATE KUSS	COURTENAY	21	F	30	3	0:12:02	2	0:03:44	4	0:44:22	4	02:13	1:00:08	4	-0:01:17	0	0:28:55	2	05:47	1:27:46
090	KIM HOWELL	COMOX	20	F	40	4	0:12:48	3	0:03:08	3	0:41:52	2	02:05	0:57:48	3	0:02:50	2	0:31:44	4	06:20	1:32:22
Event 11 SPRINT Individual Female Open			Category 4			25 - 29 years old															
054	CRYSTAL DARGIE	COURTENAY	25	F	23	1	0:14:18	1	0:02:22	1	0:40:27	1	02:01	0:57:07	1	-0:00:46	1	0:27:58	1	05:35	1:24:19
039	SAMANTHA CARAM	COURTENAY	29	F	49	2	0:19:24	2	0:03:32	2	0:44:51	2	02:14	1:07:47	2	-0:02:13	0	0:34:40	2	06:56	1:40:14
Event 11 SPRINT Individual Female Open			Category 5			30 - 34 years old															
079	ANDREA PRAGER	COMOX	33	F	13	1	0:13:43	2	0:02:29	1		0	00:00	-2:17:34	0	0:39:42	3	0:24:13	1	04:50	1:20:07
072	ROBIN CUMING	COMOX	34	F	27	2	0:14:20	3	0:03:10	4	0:43:50	3	02:11	1:01:20	3	-0:01:39	0	0:27:34	2	05:30	1:27:15
040	RAE WALSH	COURTENAY	34	F	33	3	0:13:22	1	0:02:58	3	0:43:19	2	02:09	0:59:39	1	-0:02:28	1	0:30:53	4	06:10	1:28:04
081	CAROLINE COSSETTE	COURTENAY	31	F	38	4	0:15:45	4	0:02:54	2	0:41:07	1	02:03	0:59:46	2	-0:00:55	0	0:31:04	5	06:12	1:29:55
027	LORI DALBOCK	CAMPBELL RIVER	30	F	43	5	0:18:32	6	0:03:44	6	0:44:59	4	02:14	1:07:15	4	-0:02:03	0	0:30:03	3	06:00	1:35:15
101	JOSIE BOULDING	COURTENAY	34	F	50	6	0:16:41	5	0:03:28	5	0:49:12	5	02:27	1:09:21	5	0:00:16	2	0:31:09	6	06:13	1:40:46
Event 11 SPRINT Individual Female Open			Category 6			35 - 39 years old															
017	JENNIFER GILBERT	COURTENAY	35	F	2	1	0:11:27	2	0:01:53	1	0:30:01	1	01:30	0:43:21	1	0:03:39	1	0:23:09	2	04:37	1:10:09
127	SHANNON JONES	COMOX	38	F	6	2	0:14:21	4	0:02:39	4	0:37:26	2	01:52	0:54:26	2	0	0	0:21:30	1	04:18	1:15:56
030	TANIA POLLOCK	CAMPBELL RIVER	38	F	9	3	0:15:38	5	0:02:15	2	0:38:07	3	01:54	0:56:00	4	-0:01:32	0	0:24:46	3	04:57	1:19:14
041	JOCELYN JAY	COMOX	36	F	20	4	0:09:43	1	0:02:41	5	0:43:23	7	02:10	0:55:47	3	-0:02:14	0	0:30:00	6	06:00	1:23:33
042	VICKI PETRIE	COMOX	39	F	25	5	0:17:04	10	0:03:04	9	0:41:22	6	02:04	1:01:30	7	-0:01:57	0	0:26:05	4	05:13	1:25:38
043	LISA WALWORK	COURTENAY	39	F	26	6	0:13:21	3	0:02:55	7	0:40:44	5	02:02	0:57:00	5	-0:01:44	0	0:31:18	9	06:15	1:26:34
067	LANA TUCKER	CAMPBELL RIVER	37	F	34	7	0:16:38	8	0:02:50	6	0:40:07	4	02:00	0:59:35	6	-0:01:24	0	0:29:55	5	05:59	1:28:06
023	JACQUIE POULIN	NANAIMO	39	F	42	8	0:16:57	9	0:02:56	8	0:45:50	8	02:17	1:05:43	8	-0:01:32	0	0:30:07	7	06:01	1:34:18
132	SHANNON LEBEUF	ROYSTON	38	F	47	9	0:15:48	6	0:02:37	3	0:49:20	10	02:28	1:07:45	9	-0:01:14	0	0:30:27	8	06:05	1:36:58
065	REBECCA NURSE	LAZO	38	F	51	10	0:16:22	7	0:03:45	10	0:48:14	9	02:24	1:08:21	10	-0:02:41	0	0:37:10	10	07:26	1:42:50
Event 11 SPRINT Individual Female Open			Category 7			40 - 49 years old															
128	LORI MORGAN	SAANICHTON	48	F	4	1	0:14:13	6	0:02:08	3	0:34:37	2	01:43	0:50:58	2	-0:00:29	0	0:23:12	2	04:38	1:13:41
109	HEATHER CAMERON	VICTORIA	43	F	5	2	0:14:12	4	0:02:10	4	0:34:18	1	01:42	0:50:40	1	-0:00:57	0	0:25:40	7	05:08	1:15:23
045	PENNY MULLAN	COURTENAY	44	F	7	3	0:12:28	1	0:02:01	1	0:38:21	6	01:55	0:52:50	4	-0:01:31	0	0:25:57	8	05:11	1:17:16
138	COCO ELGOOD	COMOX	40	F	8	4	0:14:12	4	0:02:03	2	0:38:43	9	01:56	0:54:58	5	-0:00:31	0	0:24:24	4	04:52	1:18:51
015	LO LANNING	MERVILLE	42	F	10	5	0:13:49	3	0:02:50	10	0:35:06	3	01:45	0:51:45	3	-0:01:07	1	0:26:34	11	05:18	1:19:26
108	JANICE SCRIBA	CAMPBELL RIVER	43	F	14	6	0:15:19	11	0:03:01	14	0:37:31	4	01:52	0:55:51	6	-0:02:22	0	0:26:45	12	05:21	1:20:14
018	LYNNE GUNNING	CAMPBELL RIVER	48	F	15	7	0:15:25	12	0:02:42	8	0:38:35	8	01:55	0:56:42	8	-0:01:29	0	0:25:34	6	05:06	1:20:47
025	ANNA DIEDRICKSEN	COMOX	41	F	17	8	0:16:25	13	0:02:39	7	0:38:30	7	01:55	0:57:34	9	-0:01:28	0	0:24:58	5	04:59	1:21:04
083	SANDRA MURPHY	CAMPBELL RIVER	45	F	18	9	0:15:16	10	0:02:57	13	0:40:08	11	02:00	0:58:21	12	-0:00:13	0	0:23:27	3	04:41	1:21:35
056	KAREN SILVESTER	COURTENAY	41	F	19	10	0:14:28	8	0:03:57	19	0:37:43	5	01:53	0:56:08	7	-0:01:16	0	0:28:39	14	05:43	1:23:31
022	MICHELLE JAMES	NANAIMO	40	F	24	11	0:15:11	9	0:02:53	11	0:39:40	10	01:59	0:57:44	10	-0:01:51	0	0:29:04	15	05:48	1:24:57
020	LIZA GRANT	COURTENAY	42	F	29	12	0:18:46	17	0:02:37	5	0:41:13	13	02:03	1:02:36	14	-0:01:29	0	0:26:20	10	05:16	1:27:27
044	ELLEN VANDERLAAN	COURTENAY	40	F	32	13	0:19:55	20	0:03:25	16	0:43:41	15	02:11	1:07:01	16	-0:01:12	0	0:22:10	1	04:26	1:27:59

Number	Name or Team Name	From	E P C P v i a l S w i m			T1 Time...Place	Bike Time...Place	Bike TPK	After Bike Time...Place	T2 Time...Place	Run Time...Place	Run TPK	Total Time								
			A g e e	S e x	C a t e g o r y																
058	LESLIE DARGIE	COURTENAY	49	F	35	14	0:14:18	7	0:02:53	11	0:40:39	12	02:01	0:57:50	11	-0:01:16	0	0:32:02	19	06:24	1:28:36
069	SANDRA ROWLAND	COURTENAY	47	F	36	15	0:12:47	2	0:02:38	6	0:46:59	20	02:20	1:02:24	13	-0:01:22	0	0:28:08	13	05:37	1:29:10
019	DIANNE HARRIS	PORT HARDY	41	F	39	16	0:19:12	18	0:03:16	15	0:45:11	17	02:15	1:07:39	19	-0:01:43	0	0:26:03	9	05:12	1:31:59
084	CINDY ALGUIRE	CAMPBELL RIVER	41	F	44	17	0:19:50	19	0:02:49	9	0:44:32	16	02:13	1:07:11	17	-0:01:22	0	0:30:13	16	06:02	1:36:02
057	MARNIE VAN DER VLIET	COURTENAY	41	F	45	18	0:16:46	14	0:03:43	17	0:43:31	14	02:10	1:04:00	15	-0:02:04	0	0:34:28	20	06:53	1:36:24
048	MAUREEN CHRISTENSEN	CAMPBELL RIVER	45	F	46	19	0:17:14	16	0:04:02	20	0:46:10	19	02:18	1:07:26	18	-0:02:13	0	0:31:38	18	06:19	1:36:51
016	RUTH HUXHAM	CAMPBELL RIVER	46	F	48	20	0:21:55	21	0:03:43	17	0:45:42	18	02:17	1:11:20	20	-0:02:24	0	0:30:37	17	06:07	1:39:33
029	KATHY THOMPSON	PORT ALBERNI	41	F	52	21	0:17:10	15	0:05:06	21	0:49:22	21	02:28	1:11:38	21	-0:02:06	0	0:34:34	21	06:54	1:44:06
Event 11 SPRINT Individual Female Open													Category 8			50 - 59 years old					
111	DEBBIE LEGER	CAMPBELL RIVER	52	F	21	1	0:15:26	2	0:03:17	2	0:39:02	1	01:57	0:57:45	1	-0:02:08	0	0:28:23	3	05:40	1:24:00
026	LINDA NAGLE	CAMPBELL RIVER	55	F	27	2	0:15:31	3	0:03:20	3	0:39:29	2	01:58	0:58:20	2	-0:00:49	1	0:29:44	4	05:56	1:27:15
133	ZINA RICHMOND	COMOX	50	F	31	3	0:15:39	4	0:02:58	1	0:45:17	5	02:15	1:03:54	4	-0:01:59	0	0:25:53	2	05:10	1:27:48
059	KAREN MACDONALD	COURTENAY	51	F	37	4	0:17:28	6	0:03:26	4	0:44:37	4	02:13	1:05:31	5	-0:02:00	0	0:25:51	1	05:10	1:29:22
100	SHELLEY SANDERSON	COMOX	57	F	41	5	0:14:55	1	0:04:04	7	0:40:35	3	02:01	0:59:34	3	0:03:04	2	0:30:24	5	06:04	1:33:02
131	CLAIRE MOGLOVE	CAMPBELL RIVER	55	F	53	6	0:20:15	8	0:03:46	5	0:49:40	7	02:29	1:13:41	6	-0:02:19	0	0:35:44	8	07:08	1:47:06
021	LINDA KENDRICK	CAMPBELL RIVER	55	F	54	7	0:26:09	9	0:04:33	9	0:48:02	6	02:24	1:18:44	9	-0:02:40	0	0:31:08	6	06:13	1:47:12
071	SILVIA D'ARCANGELO	COURTENAY	56	F	55	8	0:18:47	7	0:03:49	6	0:53:14	8	02:39	1:15:50	8	-0:01:52	0	0:34:55	7	06:59	1:48:53
070	CAROL CHAMPION	CUMBERLAND	50	F	56	9	0:17:23	5	0:04:27	8	0:53:56	9	02:41	1:15:46	7	-0:01:57	0	0:37:40	9	07:32	1:51:29
Event 11 SPRINT Individual Female Open													Category 9			60 - 69 years old					
060	BONNY ERVIN	ROYSTON	61	F	15	1	0:15:53	1	0:02:34	1	0:37:38	1	01:52	0:56:05	1	-0:00:41	0	0:25:23	1	05:04	1:20:47
Event 12 SPRINT Team 15 - 18													Category 1			Males					
116	BIG BOY S	COMOX	17	M	1	1	0:09:43	1	0:01:18	1	0:35:35	1	01:46	0:46:36	1	-0:00:41	0	0:19:33	1	03:54	1:05:28
Event 13 SPRINT Team Open													Category 1			Males					
117	FOUR WAY TEST	COMOX	49	M	5	1	0:15:10	1	0:02:15	1	0:49:39	1	02:28	1:07:04	1	-0:03:05	0	0:21:02	1	04:12	1:25:01
Event 13 SPRINT Team Open													Category 2			Females					
113	KNARLY RAINBOW STUMPS	COURTENAY	19	F	3	1	0:11:30	1	0:02:04	1	0:44:33	1	02:13	0:58:07	1	-0:00:50	0	0:20:48	1	04:09	1:18:05
Event 13 SPRINT Team Open													Category 3			Mixed					
114	CHRISTINE HELPARD'S TEAM	COMOX	40	F	1	1	0:12:48	1	0:01:40	1	0:29:36	1	01:28	0:44:04	1	0:01:54	1	0:25:44	1	05:08	1:11:42
Event 13 SPRINT Team Open													Category 4			Family					
112	TEAM TRI-IT	LANTZVILLE	39	F	4	1	0:15:20	1	0:01:43	1		0	00:00	-1:55:44	0	0:40:03	1	0:27:32	1	05:30	1:24:38
Event 13 SPRINT Team Open													Category 5			50+					
115	PERFECT STRANGERS	COURTENAY	64	M	2	1	0:14:26	1	0:02:00	1	0:35:44	1	01:47	0:52:10	1	-0:00:53	0	0:20:46	1	04:09	1:12:03
Event 16 Duathlon													Category 1			Males					
129	NICOLAS RUEL	KINGSTON	30	M	1	1	0:18:09	1	0:01:07	1	0:36:09	1	01:48	0:55:25	1	-0:01:30	0	0:19:13	1	03:50	1:13:08
130	COR COE	COURTENAY	53	M	6	2	0:24:08	2	0:01:12	2	0:43:56	2	02:11	1:09:16	2	-0:01:44	1	0:28:11	2	05:38	1:35:43
Event 16 Duathlon													Category 2			Females					
061	BARB HOULE	COURTENAY	51	F	2	1	0:22:45	2	0:01:24	5	0:40:06	2	02:00	1:04:15	2	-0:01:55	1	0:25:11	2	05:02	1:27:31
118	VERONIQUE DION	COMOX	29	F	3	2	0:22:14	1	0:01:21	4	0:41:24	3	02:04	1:04:59	3	-0:01:47	0	0:25:02	1	05:00	1:28:14
120	SUSAN STEWART	DENMAN ISLAND	46	F	4	3	0:24:13	3	0:01:12	1	0:41:26	4	02:04	1:06:51	4	-0:01:41	0	0:27:01	4	05:24	1:32:11
093	JOLI WHITE	COURTENAY	31	F	5	4	0:24:15	4	0:01:12	1	0:35:18	1	01:45	1:00:45	1	0:07:04	2	0:25:50	3	05:10	1:33:39
053	HELEN MASON	COURTENAY	7	F	7	5	0:28:35	5	0:01:15	3	0:46:46	5	02:20	1:16:36	5	-0:01:48	0	0:30:08	5	06:01	1:44:56