

**The Comox Valley Tri-K Triathlon**  
**27 May 2007**  
**Official Results**

| Number   | Name or Team Name         | From                      | E P C P                |                 | v i a l  |                          | Swim |         | T1 | Bike  | Bike    | After | T2      | Run | Run     | Total |       |         |   |
|--|---------------------------|---------------------------|------------------------|-----------------|----------|--------------------------|------|---------|----|-------|---------|-------|---------|-----|---------|-------|-------|---------|---|
|  |                           |                           | A                      | S               | e        | a                        | (or  | 1st     |    |       |         |       |         |     |         |       | Run   | g       | e |
| <b>Event 1 MINI Individual Males 8 - 9 years old</b>     |                           |                           |                        |                 |          |                          |      |         |    |       |         |       |         |     |         |       |       |         |   |
| <b>Event 1</b>   | <b>MINI</b>               | <b>Individual Males</b>   | <b>8 - 9 years old</b> | <b>Category</b> | <b>1</b> | <b>8 - 9 years old</b>   |      |         |    |       |         |       |         |     |         |       |       |         |   |
| 256  | JARED SAWATZKY            | COMOX                     | 9 M 1 1                | 0:02:12         | 1        | 0:02:48                  | 1    | 0:14:03 | 1  | 02:48 | 0:19:03 | 1     | 0:01:18 | 1   | 0:07:48 | 1     | 05:12 | 0:28:09 |   |
| 261  | MARK BUCHANAN             | COMOX                     | 9 M 2 2                | 0:02:55         | 2        | 0:03:22                  | 2    | 0:18:52 | 2  | 03:46 | 0:25:09 | 2     | 0:02:17 | 3   | 0:11:15 | 2     | 07:30 | 0:38:41 |   |
| 318  | REESE WHYTE               | COMOX                     | 7 M 3 3                | 0:04:36         | 3        | 0:06:33                  | 3    | 0:21:28 | 3  | 04:17 | 0:32:37 | 3     | 0:02:11 | 2   | 0:12:19 | 3     | 08:12 | 0:47:07 |   |
| <b>Event 2 MINI Individual Females 8 - 9 years old</b>   |                           |                           |                        |                 |          |                          |      |         |    |       |         |       |         |     |         |       |       |         |   |
| <b>Event 2</b>   | <b>MINI</b>               | <b>Individual Females</b> | <b>8 - 9 years</b>     | <b>Category</b> | <b>1</b> | <b>8 - 9 years old</b>   |      |         |    |       |         |       |         |     |         |       |       |         |   |
| 282  | SYLVIE STEWART GRANTHAM   | COURTENAY                 | 9 F 1 1                | 0:02:25         | 4        | 0:04:25                  | 4    | 0:14:46 | 1  | 02:57 | 0:21:36 | 3     | 0:01:28 | 2   | 0:09:05 | 2     | 06:03 | 0:32:09 |   |
| 220  | CATE BROERE               | CHEMAINUS                 | 8 F 2 2                | 0:02:24         | 3        | 0:02:57                  | 2    | 0:17:21 | 4  | 03:28 | 0:22:42 | 4     | 0:01:28 | 2   | 0:08:23 | 1     | 05:35 | 0:32:33 |   |
| 258  | PAIGE CHAPDELAINE         | CAMPBELL RIVER            | 9 F 3 3                | 0:02:12         | 2        | 0:04:00                  | 3    | 0:15:22 | 2  | 03:04 | 0:21:34 | 2     | 0:01:26 | 1   | 0:10:00 | 3     | 06:40 | 0:33:00 |   |
| 204  | ISABELLE POULIN           | NANAIMO                   | 9 F 4 4                | 0:02:27         | 5        | 0:02:50                  | 1    | 0:16:02 | 3  | 03:12 | 0:21:19 | 1     | 0:01:39 | 4   | 0:11:40 | 4     | 07:46 | 0:34:38 |   |
| 298  | GABRIELLE ST. DENIS       | COMOX                     | 9 F 5 5                | 0:02:10         | 1        | 0:04:35                  | 5    | 0:18:08 | 5  | 03:37 | 0:24:53 | 5     | 0:01:45 | 5   | 0:13:14 | 5     | 08:49 | 0:39:52 |   |
| <b>Event 3 MINI Individuals Males 10 -11 years old</b>   |                           |                           |                        |                 |          |                          |      |         |    |       |         |       |         |     |         |       |       |         |   |
| <b>Event 3</b>   | <b>MINI</b>               | <b>Individuals Males</b>  | <b>10 -11 years</b>    | <b>Category</b> | <b>1</b> | <b>10 - 11 years old</b> |      |         |    |       |         |       |         |     |         |       |       |         |   |
| 226  | DANE BROERE               | CHEMAINUS                 | 11 M 1 1               | 0:02:46         | 2        | 0:02:39                  | 1    | 0:23:28 | 1  | 02:20 | 0:28:53 | 1     | 0:01:17 | 1   | 0:09:04 | 1     | 04:32 | 0:39:14 |   |
| 223  | ISIAH MAYO                | COURTENAY                 | 11 M 2 2               | 0:03:56         | 4        | 0:03:37                  | 3    | 0:27:20 | 2  | 02:44 | 0:34:53 | 3     | 0:01:21 | 2   | 0:09:33 | 2     | 04:46 | 0:45:47 |   |
| 232  | COLBY LOVELY              | LADYSMITH                 | 11 M 3 3               | 0:02:45         | 1        | 0:02:46                  | 2    | 0:28:15 | 3  | 02:49 | 0:33:46 | 2     | 0:01:28 | 4   | 0:10:56 | 4     | 05:28 | 0:46:10 |   |
| 312  | MATTHEW BOWELL            | COMOX                     | 11 M 4 4               | 0:03:43         | 3        | 0:03:43                  | 4    | 0:28:35 | 4  | 02:51 | 0:36:01 | 4     | 0:01:21 | 2   | 0:13:43 | 3     | 05:21 | 0:48:05 |   |
| 307  | LONDON SEELY              | COMOX                     | 10 M 5 5               | 0:05:11         | 5        | 0:05:15                  | 5    | 0:30:42 | 5  | 03:04 | 0:41:08 | 5     |         | 0   | 0:14:49 | 5     | 07:24 | 0:55:57 |   |
| <b>Event 4 MINI Individuals Female 10 - 11 years old</b> |                           |                           |                        |                 |          |                          |      |         |    |       |         |       |         |     |         |       |       |         |   |
| <b>Event 4</b>   | <b>MINI</b>               | <b>Individuals Female</b> | <b>10 - 11 years</b>   | <b>Category</b> | <b>1</b> | <b>10 - 11 years old</b> |      |         |    |       |         |       |         |     |         |       |       |         |   |
| 245  | GILLIAN ELLSAY            | COURTENAY                 | 10 F 1 1               | 0:02:51         | 3        |                          | 0    | 0:24:27 | 2  | 02:26 | 0:27:18 | 1     | 0:00:50 | 1   | 0:10:34 | 1     | 05:17 | 0:38:42 |   |
| 276  | ERIN MURDOCH              | NANOOSE BAY               | 11 F 2 2               | 0:02:47         | 2        | 0:02:38                  | 1    | 0:24:17 | 1  | 02:25 | 0:29:42 | 2     |         | 0   | 0:12:14 | 3     | 06:07 | 0:41:56 |   |
| 297  | ANABELLE ST. DENIS        | COMOX                     | 11 F 3 3               | 0:03:09         | 4        | 0:03:03                  | 3    | 0:27:16 | 4  | 02:43 | 0:33:28 | 4     | 0:01:17 | 2   | 0:11:33 | 2     | 05:46 | 0:46:18 |   |
| 206  | YASMINE BOILARD           | LAZO                      | 11 F 4 4               | 0:02:39         | 1        | 0:02:46                  | 2    | 0:26:11 | 3  | 02:37 | 0:31:36 | 3     | 0:01:25 | 3   | 0:13:24 | 4     | 06:42 | 0:46:25 |   |
| 254  | KATINKA NEUMANN           | COURTENAY                 | 10 F 5 5               | 0:03:43         | 5        | 0:03:55                  | 4    | 0:35:05 | 5  | 03:30 | 0:42:43 | 5     | 0:02:00 | 4   | 0:22:49 | 5     | 11:24 | 1:07:32 |   |
| <b>Event 5 MINI Individuals Male 12 - 17 years old</b>   |                           |                           |                        |                 |          |                          |      |         |    |       |         |       |         |     |         |       |       |         |   |
| <b>Event 5</b>   | <b>MINI</b>               | <b>Individuals Male</b>   | <b>12 - 17 years</b>   | <b>Category</b> | <b>1</b> | <b>12 - 14 years old</b> |      |         |    |       |         |       |         |     |         |       |       |         |   |
| 277  | SPENCER BURNS             | POWELL RIVER              | 12 M 1 1               | 0:04:51         | 1        | 0:02:22                  | 1    | 0:18:58 | 1  | 01:53 | 0:26:11 | 1     | 0:01:38 | 12  | 0:11:25 | 6     | 03:48 | 0:39:14 |   |
| 292  | MARTIN BARASKO            | NANAIMO                   | 13 M 2 2               | 0:06:26         | 6        | 0:02:55                  | 4    | 0:21:48 | 4  | 02:10 | 0:31:09 | 3     | 0:00:58 | 1   | 0:10:44 | 3     | 03:34 | 0:42:51 |   |
| 280  | JACK LEEVERS              | COURTENAY                 | 13 M 3 3               | 0:07:13         | 11       | 0:03:13                  | 7    | 0:21:27 | 3  | 02:08 | 0:31:53 | 4     | 0:01:20 | 8   | 0:10:38 | 2     | 03:32 | 0:43:51 |   |
| 352  | ERIK WRIGHT               | CAMPBELL RIVER            | 13 M 3 3               | 0:06:16         | 4        | 0:02:42                  | 2    | 0:22:09 | 5  | 02:12 | 0:31:07 | 2     | 0:01:08 | 4   | 0:11:36 | 9     | 03:52 | 0:43:51 |   |
| 300  | SPENCER DAWSON            | NANAIMO                   | 12 M 5 5               | 0:06:27         | 7        | 0:03:22                  | 10   | 0:23:13 | 8  | 02:19 | 0:33:02 | 6     | 0:01:20 | 8   | 0:09:39 | 1     | 03:13 | 0:44:01 |   |
| 295  | BEN CAMERON               | LANTZVILLE                | 13 M 6 6               | 0:06:52         | 10       | 0:02:49                  | 3    | 0:23:02 | 7  | 02:18 | 0:32:43 | 5     | 0:01:39 | 13  | 0:12:58 | 13    | 04:19 | 0:47:20 |   |
| 294  | ANTHONY SAVOIE            | NANAIMO                   | 13 M 7 7               | 0:05:57         | 2        | 0:03:36                  | 13   | 0:25:20 | 12 | 02:32 | 0:34:53 | 10    | 0:01:12 | 6   | 0:11:24 | 5     | 03:48 | 0:47:29 |   |
| 296  | ELLIOT DELURE             | NANAIMO                   | 13 M 8 8               | 0:06:25         | 5        | 0:03:30                  | 12   | 0:25:12 | 11 | 02:31 | 0:35:07 | 12    | 0:01:06 | 3   | 0:11:28 | 7     | 03:49 | 0:47:41 |   |
| 301  | JACOB VAN DER VLIET       | COURTENAY                 | 12 M 9 9               | 0:09:39         | 15       | 0:03:26                  | 11   | 0:20:50 | 2  | 02:05 | 0:33:55 | 8     | 0:02:08 | 14  | 0:11:43 | 10    | 03:54 | 0:47:46 |   |
| 291  | IAN JONSON                | NANAIMO                   | 13 M 10 10             | 0:07:17         | 12       | 0:03:07                  | 6    | 0:24:39 | 9  | 02:27 | 0:35:03 | 11    | 0:01:11 | 5   | 0:12:21 | 11    | 04:07 | 0:48:35 |   |
| 293  | JACOB MURDOCH             | NANOOSE BAY               | 13 M 11 11             | 0:06:06         | 3        | 0:03:55                  | 15   | 0:27:16 | 15 | 02:43 | 0:37:17 | 14    | 0:01:03 | 2   | 0:11:02 | 4     | 03:40 | 0:49:22 |   |
| 251  | JORDAN DUNCAN             | COURTENAY                 | 12 M 12 12             | 0:07:42         | 13       | 0:03:19                  | 9    | 0:22:17 | 6  | 02:13 | 0:33:18 | 7     | 0:02:43 | 15  | 0:13:47 | 4     | 04:35 | 0:49:48 |   |
| 259  | CARLOS BRENCHLEY          | COURTENAY                 | 12 M 13 13             | 0:07:47         | 14       | 0:03:48                  | 14   | 0:25:42 | 13 | 02:34 | 0:37:17 | 14    | 0:01:18 | 7   | 0:11:29 | 8     | 03:49 | 0:50:04 |   |
| 289  | JOSH PIEMONTESE           | NANAIMO                   | 13 M 14 14             | 0:06:44         | 9        | 0:03:16                  | 8    | 0:26:19 | 14 | 02:37 | 0:36:19 | 13    | 0:01:29 | 11  | 0:12:44 | 12    | 04:14 | 0:50:32 |   |
| 350  | MATT BARCLAY              | HERRIOT BAY               | 14 M 15 15             | 0:06:34         | 8        | 0:03:04                  | 5    | 0:24:59 | 10 | 02:29 | 0:34:37 | 9     | 0:01:25 | 10  | 0:14:43 | 15    | 04:54 | 0:50:45 |   |
| <b>Event 6 MINI Individuals Female 12 - 17 years old</b> |                           |                           |                        |                 |          |                          |      |         |    |       |         |       |         |     |         |       |       |         |   |
| <b>Event 6</b>   | <b>MINI</b>               | <b>Individuals Female</b> | <b>12 - 17 years</b>   | <b>Category</b> | <b>1</b> | <b>12 - 14 years old</b> |      |         |    |       |         |       |         |     |         |       |       |         |   |
| 202  | ESTHER WILKE              | LADYSMITH                 | 13 F 1 1               | 0:05:00         | 2        | 0:02:16                  | 3    | 0:21:18 | 2  | 02:07 | 0:28:34 | 2     | 0:01:01 | 1   | 0:10:31 | 1     | 03:30 | 0:40:06 |   |
| 351  | KAELY CRONK               | CAMPBELL RIVER            | 13 F 2 2               | 0:04:49         | 1        | 0:02:08                  | 1    | 0:20:47 | 1  | 02:04 | 0:27:44 | 1     | 0:01:02 | 2   | 0:11:58 | 3     | 03:59 | 0:40:44 |   |
| 279  | TARYN-LEA GEYSER          | CAMPBELL RIVER            | 13 F 3 3               | 0:06:34         | 6        | 0:02:12                  | 2    | 0:22:54 | 3  | 02:17 | 0:31:40 | 3     | 0:01:02 | 2   | 0:11:21 | 2     | 03:47 | 0:44:03 |   |
| 219  | DANA BEIRNES              | COURTENAY                 | 13 F 4 4               | 0:06:03         | 4        | 0:04:05                  | 6    | 0:23:31 | 4  | 02:21 | 0:33:39 | 4     | 0:01:37 | 5   | 0:12:25 | 5     | 04:08 | 0:47:41 |   |
| 353  | GABRIELLE MATHESON        | COURTENAY                 | 12 F 5 5               | 0:05:02         | 3        | 0:03:42                  | 5    | 0:34:00 | 7  | 03:24 | 0:42:44 | 7     | 0:01:24 | 4   | 0:12:24 | 4     | 04:08 | 0:56:32 |   |
| 340  | ALIDA-KATHERINE CAPIRCHIO | COMOX                     | 13 F 6 6               | 0:06:08         | 5        | 0:03:05                  | 4    | 0:28:44 | 6  | 02:52 | 0:37:57 | 5     | 0:01:45 | 6   | 0:18:56 | 6     | 06:18 | 0:58:38 |   |
| 354  | STEPHANIE HOLBROOK        | CAMPBELL RIVER            | 13 F 7 7               | 0:07:40         | 7        | 0:04:09                  | 7    | 0:26:35 | 5  | 02:39 | 0:38:24 | 6     | 0:02:01 | 7   | 0:19:16 | 7     | 06:25 | 0:59:41 |   |

| Number                                      | Name or Team Name           | From         | E P C P<br>v i a l S w i m<br>A S e a t a (or 1st Run<br>g e n c c for Duathlon) |                 | T1<br>Time...Place | Bike<br>Time...Place | Bike<br>TPK | After<br>Bike |              | T2<br>Time...Place | Run<br>Time...Place | Run<br>TPK | Total<br>Time |
|---|-----------------------------|--------------|--|-----------------|--------------------|----------------------|-------------|---------------|--------------|--------------------|---------------------|------------|---------------|
|   |                             |              | e x t e e  | Time...Place    |                    |                      |             | Time...Place  | Time...Place |                    |                     |            |               |
| <b>Event 7 MINI Teams 8 - 9 years old</b>   |                             |              |  |                 |                    |                      |             |               |              |                    |                     |            |               |
| <b>Event 7</b>                              | <b>MINI</b>                 | <b>Teams</b> | <b>8 - 9 years old</b>   | <b>Category</b> | <b>1</b>           | <b>Males</b>         |             |               |              |                    |                     |            |               |
| 248   | COMOX CHARGERS              |              | COMOX  | 9 M 1 1         | 0:02:31 1          | 0:01:34 1            | 0:13:35 1   | 02:43         | 0:17:40 1    | 0:00:58 2          | 0:07:16 2           | 04:50      | 0:25:54       |
| 221   | THE FLAMING ACES            |              | COURTENAY  | 9 M 2 2         | 0:03:03 5          | 0:01:41 3            | 0:14:37 3   | 02:55         | 0:19:21 2    | 0:01:00 3          | 0:07:20 3           | 04:53      | 0:27:41       |
| 216   | FLAMING BULLETS             |              | COURTENAY  | 9 M 3 3         | 0:03:00 4          | 0:01:58 5            | 0:14:58 4   | 02:59         | 0:19:56 4    | 0:01:05 5          | 0:06:56 1           | 04:37      | 0:27:57       |
| 210   | TRI HAWKS                   |              | COURTENAY  | 9 M 4 4         | 0:02:42 2          | 0:01:41 3            | 0:15:42 6   | 03:08         | 0:20:05 5    | 0:00:56 1          | 0:07:44 4           | 05:09      | 0:28:45       |
| 269   | RED DAREDEVILS              |              | COURTENAY  | 9 M 6 5         | 0:03:30 7          | 0:02:15 7            | 0:14:09 2   | 02:49         | 0:19:54 3    | 0:01:10 7          | 0:10:02 7           | 06:41      | 0:31:06       |
| 215   | AIRPORT BLACKHAWKS          |              | COURTENAY  | 9 M 7 6         | 0:02:53 3          | 0:04:22 8            | 0:15:17 5   | 03:03         | 0:22:32 7    | 0:01:00 3          | 0:07:48 5           | 05:12      | 0:31:20       |
| 242   | THE FLYING FLAMES           |              | COMOX  | 8 M 8 7         | 0:03:39 8          | 0:01:59 6            | 0:16:04 7   | 03:12         | 0:21:42 6    | 0:01:12 8          | 0:08:59 6           | 05:59      | 0:31:53       |
| 331   | GLACIER VIEW ????????       |              | COURTENAY  | 9 M 19 8        | 0:03:07 6          | 0:01:35 2            | 0:19:48 8   | 03:57         | 0:24:30 8    | 0:01:05 5          | 0:10:50 8           | 07:13      | 0:36:25       |
| <b>Event 7</b>                              | <b>MINI</b>                 | <b>Teams</b> | <b>8 - 9 years old</b>   | <b>Category</b> | <b>2</b>           | <b>Females</b>       |             |               |              |                    |                     |            |               |
| 208   | AIRPORT DEVILS              |              | COMOX  | 9 F 10 1        | 0:02:59 4          | 0:01:47 1            | 0:17:21 1   | 03:28         | 0:22:07 1    | 0:01:07 2          | 0:08:51 4           | 05:54      | 0:32:05       |
| 272   | PINK PANTHERS               |              | COMOX  | 9 F 11 2        | 0:03:35 7          | 0:02:32 8            | 0:17:49 3   | 03:33         | 0:23:56 5    | 0:01:00 1          | 0:07:35 1           | 05:03      | 0:32:31       |
| 267   | SPORT QUEENS                |              | COMOX  | 9 F 13 3        | 0:04:08 8          | 0:02:09 6            | 0:17:35 2   | 03:31         | 0:23:52 4    | 0:01:10 3          | 0:07:44 2           | 05:09      | 0:32:46       |
| 257   | THE BULLFROGS               |              | COMOX  | 9 F 15 4        | 0:02:28 1          | 0:01:54 2            | 0:18:21 4   | 03:40         | 0:22:43 2    | 0:01:20 4          | 0:09:06 6           | 06:04      | 0:33:09       |
| 319   | SPARKLY ANGELS              |              | COURTENAY  | 9 F 17 5        | 0:02:37 2          | 0:02:04 4            | 0:18:40 5   | 03:44         | 0:23:21 3    | 0:01:20 4          | 0:09:15 7           | 06:10      | 0:33:56       |
| 275   | BFF                         |              | COURTENAY  | 9 F 18 6        | 0:02:41 3          | 0:01:59 3            | 0:19:21 6   | 03:52         | 0:24:01 6    | 0:01:21 6          | 0:08:55 5           | 05:56      | 0:34:17       |
| 305   | MOZART MADNESS              |              | COMOX  | 8 F 20 7        | 0:03:31 6          | 0:02:08 5            | 0:21:20 8   | 04:16         | 0:26:59 8    | 0:01:34 7          | 0:08:40 3           | 05:46      | 0:37:13       |
| 222   | FARRELL CAMBREY'S TEAM      |              | BLACK CREEK  | 9 F 21 8        | 0:03:15 5          | 0:02:14 7            | 0:20:53 7   | 04:10         | 0:26:22 7    | 0:01:57 8          | 0:12:59 8           | 08:39      | 0:41:18       |
| <b>Event 7</b>                              | <b>MINI</b>                 | <b>Teams</b> | <b>8 - 9 years old</b>   | <b>Category</b> | <b>3</b>           | <b>Mixed</b>         |             |               |              |                    |                     |            |               |
| 209   | SAR KIDS                    |              | COURTENAY  | 9 F 5 1         | 0:02:07 1          | 0:01:53 2            | 0:15:01 1   | 03:00         | 0:19:01 1    | 0:01:11 2          | 0:08:41 2           | 05:47      | 0:28:53       |
| 334   | GLACIER VIEW'S 3 AMIGOS     |              | COURTENAY  | 9 F 9 2         | 0:02:37 2          | 0:02:10 5            | 0:16:55 3   | 03:23         | 0:21:42 2    | 0:01:33 5          | 0:08:49 3           | 05:52      | 0:32:04       |
| 322   | GLACIER VIEW PENGUINS       |              | COURTENAY  | 8 F 12 3        | 0:03:37 5          | 0:01:55 3            | 0:17:41 4   | 03:32         | 0:23:13 4    | 0:01:04 1          | 0:08:17 1           | 05:31      | 0:32:34       |
| 337   | GLACIER VIEW TWISTERS       |              | COURTENAY  | 8 F 14 4        | 0:03:29 3          | 0:02:03 4            | 0:16:46 2   | 03:21         | 0:22:18 3    | 0:01:29 4          | 0:09:21 5           | 06:14      | 0:33:08       |
| 213   | THE SQUIRTLES               |              | COURTENAY  | 7 M 16 5        | 0:03:34 4          | 0:01:49 1            | 0:17:58 5   | 03:35         | 0:23:21 5    | 0:01:21 3          | 0:09:00 4           | 06:00      | 0:33:42       |
| <b>Event 8 MINI Teams 10 - 11 years old</b> |                             |              |  |                 |                    |                      |             |               |              |                    |                     |            |               |
| <b>Event 8</b>                              | <b>MINI</b>                 | <b>Teams</b> | <b>10 - 11 years old</b>   | <b>Category</b> | <b>1</b>           | <b>Males</b>         |             |               |              |                    |                     |            |               |
| 335   | GLACIER VIEW VIPERS         |              | COURTENAY  | 11 M 2 1        | 0:02:49 7          | 0:01:51 16           | 0:23:46 3   | 02:22         | 0:28:26 2    | 0:00:53 7          | 0:07:57 2           | 03:58      | 0:37:16       |
| 230   | COMOX VALLEY ROAD HAMMERS   |              | COURTENAY  | 11 M 4 2        | 0:03:14 10         | 0:01:33 3            | 0:23:41 2   | 02:22         | 0:28:28 3    | 0:00:52 4          | 0:08:47 8           | 04:23      | 0:38:07       |
| 250   | THE TEEBEEGEEES             |              | COURTENAY  | 10 M 5 3        | 0:02:41 4          | 0:01:43 10           | 0:22:36 1   | 02:15         | 0:27:00 1    | 0:01:01 18         | 0:10:11 20          | 05:05      | 0:38:12       |
| 205   | THE CRUSADERS               |              | COURTENAY  | 11 M 6 4        | 0:02:35 3          | 0:01:38 7            | 0:25:01 6   | 02:30         | 0:29:14 6    | 0:00:53 7          | 0:08:16 4           | 04:08      | 0:38:23       |
| 253   | THE M CLUB                  |              | COMOX  | 11 M 7 5        | 0:02:44 6          | 0:01:28 1            | 0:24:57 5   | 02:29         | 0:29:09 5    | -0:00:10 0         | 0:09:30 17          | 04:45      | 0:38:29       |
| 348   | VALLEYVIEW BLAZERS          |              | COURTENAY  | 10 M 8 6        | 0:02:30 2          | 0:01:37 6            | 0:25:01 6   | 02:30         | 0:29:08 4    | 0:00:51 3          | 0:09:07 14          | 04:33      | 0:39:06       |
| 266   | THE NONAMES                 |              | COMOX  | 11 M 9 7        | 0:02:10 1          | 0:01:47 13           | 0:26:09 12  | 02:36         | 0:30:06 8    | 0:01:09 20         | 0:08:40 6           | 04:20      | 0:39:55       |
| 246   | ORANGE CRUSHERS             |              | COMOX  | 10 M 10 8       | 0:03:44 14         | 0:01:30 2            | 0:25:40 9   | 02:34         | 0:30:54 9    | 0:00:50 1          | 0:08:12 3           | 04:06      | 0:39:56       |
| 249   | PIE LOVERS                  |              | COMOX  | 10 M 11 9       | 0:03:36 12         | 0:02:02 19           | 0:25:36 8   | 02:33         | 0:31:14 11   | 0:00:56 10         | 0:07:55 1           | 03:57      | 0:40:05       |
| 243   | FLYING BLUS CRACKERS        |              | COMOX  | 11 3 13 10      | 0:03:06 9          | 0:01:35 4            | 0:26:27 14  | 02:38         | 0:31:08 10   | 0:00:52 4          | 0:09:12 16          | 04:36      | 0:41:12       |
| 304   | TKO JUNIOR                  |              | COURTENAY  | 10 M 14 11      | 0:03:54 16         | 0:02:04 20           | 0:25:55 10  | 02:35         | 0:31:53 15   | 0:00:58 13         | 0:08:29 5           | 04:14      | 0:41:20       |
| 316   | BONSAI WARRIORS             |              | COURTENAY  | 11 M 15 12      | 0:02:41 4          | 0:01:36 5            | 0:27:15 15  | 02:43         | 0:31:32 12   | 0:00:52 4          | 0:09:09 15          | 04:34      | 0:41:33       |
| 263   | TRIPLE TROUBLE              |              | COURTENAY  | 10 M 16 13      | 0:03:50 15         | 0:01:43 10           | 0:26:13 13  | 02:37         | 0:31:46 14   | 0:00:56 10         | 0:08:55 10          | 04:27      | 0:41:37       |
| 234   | PHEONIX                     |              | COURTENAY  | 9 M 17 14       | 0:03:39 13         | 0:01:51 16           | 0:24:31 4   | 02:27         | 0:30:01 7    | 0:01:00 16         | 0:10:41 21          | 05:20      | 0:41:42       |
| 270   | PAINT BALL MASTERS          |              | COMOX  | 11 M 21 15      | 0:04:06 20         | 0:01:38 7            | 0:25:59 11  | 02:35         | 0:31:43 13   | 0:00:55 9          | 0:10:47 23          | 05:23      | 0:43:25       |
| 343   | R - DOUBLE J                |              | COURTENAY  | 11 m 21 15      | 0:04:01 18         | 0                    | 0:29:45 18  | 02:58         | 0:33:46 16   | 0:00:50 1          | 0:08:49 9           | 04:24      | 0:43:25       |
| 347   | STORM                       |              | COURTENAY  | 11 M 23 17      | 0:03:34 11         | 0:01:47 13           | 0:28:25 16  | 02:50         | 0:33:46 16   | -0:00:55 0         | 0:10:44 22          | 05:22      | 0:43:35       |
| 344   | THE DASHING NINJA'S         |              | COURTENAY  | 10 M 31 18      | 0:03:59 17         | 0:01:50 15           | 0:29:58 19  | 02:59         | 0:35:47 19   | 0:01:06 19         | 0:09:01 13          | 04:30      | 0:45:54       |
| 239   | KEITH DAYTON'S TEAM         |              | COMOX  | 9 M 33 19       | 0:04:37 23         | 0:02:18 22           | 0:28:27 17  | 02:50         | 0:35:22 18   | 0:01:00 16         | 0:09:58 18          | 04:59      | 0:46:20       |
| 227   | MACKENZIE GOLD'S TEAM       |              | MERVILLE   | 11 M 34 20      | 0:04:27 22         | 0:01:40 9            | 0:30:23 20  | 03:02         | 0:36:30 20   | 0:00:59 14         | 0:09:00 12          | 04:30      | 0:46:29       |
| 225   | THE SECRET AGENTS           |              | COURTENAY  | 10 M 37 21      | 0:04:25 21         | 0:02:09 21           | 0:30:49 21  | 03:04         | 0:37:23 21   | 0:00:59 14         | 0:08:43 7           | 04:21      | 0:47:05       |
| 265   | PIRATES OF THE COMOX VALLEY |              | COURTENAY  | 11 M 44 22      | 0:02:55 8          | 0:01:55 18           | 0:34:49 22  | 03:28         | 0:39:39 22   | 0:00:56 10         | 0:08:55 10          | 04:27      | 0:49:30       |
| 327   | GLACIER VIEW HAWKS          |              | COURTENAY  | 11 M 53 23      | 0:04:03 19         | 0:01:46 12           | 0:36:03 23  | 03:36         | 0:41:52 23   | 0:01:37 21         | 0:10:09 19          | 05:04      | 0:53:38       |
| <b>Event 8</b>                              | <b>MINI</b>                 | <b>Teams</b> | <b>10 - 11 years old</b>   | <b>Category</b> | <b>2</b>           | <b>Females</b>       |             |               |              |                    |                     |            |               |
| 283   | JAMASAR JAGUARS             |              | COURTENAY  | 11 F 1 1        | 0:02:30 1          | 0:01:44 6            | 0:22:58 1   | 02:17         | 0:27:12 1    | 0:00:55 9          | 0:08:54 2           | 04:27      | 0:37:01       |
| 236   | ISABELLA CONRADI'S TEAM     |              | CUMBERLAND   | 11 F 12 2       | 0:03:26 12         | 0:01:24 1            | 0:26:46 3   | 02:40         | 0:31:36 3    | 0:00:53 4          | 0:07:56 1           | 03:58      | 0:40:25       |
| 285   | THE 3 CHEEKY MONKEYS        |              | COURTENAY  | 10 F 19 3       | 0:03:49 19         | 0:02:00 17           | 0:24:12 2   | 02:25         | 0:30:01 2    | 0:01:04 20         | 0:11:00 20          | 05:30      | 0:42:05       |
| 311   | GLACIER GIRLS               |              | COURTENAY  | 10 F 20 4       | 0:02:52 5          | 0:01:29 2            | 0:27:21 4   | 02:44         | 0:31:42 4    | 0:01:02 18         | 0:09:47 5           | 04:53      | 0:42:31       |
| 329   | GLACIER VIEW GRUMPTINATORS  |              | COURTENAY  | 11 F 24 5       | 0:03:06 7          | 0:01:33 4            | 0:27:47 5   | 02:46         | 0:32:26 5    | 0:00:48 1          | 0:10:29 15          | 05:14      | 0:43:43       |

| Number   | Name or Team Name                       | From           | E P C P<br>v i a l S w i m<br>A S e a t a<br>g e n c e<br>e x t e r |   |    | (or 1st Run<br>for Duathlon)<br>Time...Place | T1<br>Time...Place | Bike<br>Time...Place | Bike<br>TPK | After<br>Bike |              | T2<br>Time...Place | Run<br>Time...Place | Run<br>TPK | Total<br>Time |              |    |         |    |       |         |
|--|---|----------------|---|---|----|--|--------------------|----------------------|-------------|---------------|--------------|--------------------|---------------------|------------|---------------|--------------|----|---------|----|-------|---------|
|  |   |                | 1   | 2 | 3  |  |                    |                      |             | 4             | Time...Place |                    |                     |            |               | Time...Place |    |         |    |       |         |
| 315  | AIRBAND ORANGUTAN GIRLS                 | COMOX          | 11  | F | 25 | 6  | 0:02:47            | 2                    | 0:01:51     | 11            | 0:29:07      | 10                 | 02:54               | 0:33:45    | 7             | 0:00:48      | 1  | 0:09:22 | 3  | 04:41 | 0:43:55 |
| 310  | GLACIER VIEW 3 AMIGOS                   | COMOX          | 11  | F | 26 | 7  | 0:03:18            | 10                   | 0:02:03     | 19            | 0:28:27      | 8                  | 02:50               | 0:33:48    | 8             | 0:00:54      | 5  | 0:10:03 | 9  | 05:01 | 0:44:45 |
| 268  | FRIENDLY FISHES                         | COMOX          | 11  | F | 28 | 8  | 0:03:05            | 6                    | 0:01:50     | 10            | 0:29:29      | 11                 | 02:56               | 0:34:24    | 9             | 0:00:57      | 12 | 0:09:56 | 7  | 04:58 | 0:45:17 |
| 252  | THE BANANAS                             | COURTENAY      | 10  | F | 29 | 9  | 0:04:21            | 24                   | 0:01:49     | 8             | 0:28:21      | 7                  | 02:50               | 0:34:31    | 11            | 0:01:06      | 22 | 0:09:46 | 4  | 04:53 | 0:45:23 |
| 201  | PANTHERS                                | COMOX          | 10  | F | 30 | 10   | 0:03:55            | 21                   | 0:02:07     | 22            | 0:28:27      | 8                  | 02:50               | 0:34:29    | 10            | 0:01:05      | 21 | 0:09:58 | 8  | 04:59 | 0:45:32 |
| 229  | SPEEDY TURTLES                          | COURTENAY      | 11  | F | 32 | 11   | 0:02:51            | 4                    | 0:01:31     | 3             | 0:31:03      | 15                 | 03:06               | 0:35:25    | 12            | 0:00:54      | 5  | 0:09:52 | 6  | 04:56 | 0:46:11 |
| 231  | PHLAMING PHEMALE PHEONIXES              | COURTENAY      | 11  | F | 35 | 12   | 0:03:54            | 20                   | 0:01:52     | 13            | 0:29:40      | 12                 | 02:58               | 0:35:26    | 13            | 0:01:01      | 16 | 0:10:08 | 10 | 05:04 | 0:46:35 |
| 321  | GLACIER VIEW ANGELS                     | COURTENAY      | 10  | F | 36 | 13   | 0:03:20            | 11                   | 0:01:40     | 5             | 0:28:13      | 6                  | 02:49               | 0:33:13    | 6             | 0:01:01      | 16 | 0:12:42 | 25 | 06:21 | 0:46:56 |
| 207  | TESSA DURRANCE'S TEAM                   | COURTENAY      | 10  | F | 39 | 14   | 0:03:58            | 23                   | 0:01:56     | 16            | 0:30:13      | 13                 | 03:01               | 0:36:07    | 14            | 0:00:54      | 5  | 0:10:15 | 12 | 05:07 | 0:47:16 |
| 314  | TEAM ZOOM                               | COMOX          | 10  | F | 40 | 15   | 0:02:47            | 2                    | 0:01:49     | 8             | 0:31:54      | 18                 | 03:11               | 0:36:30    | 15            | 0:01:02      | 18 | 0:10:55 | 19 | 05:27 | 0:48:27 |
| 345  | GORGANZOLLA                             | CAMPBELL RIVER | 11  | F | 41 | 16   | 0:03:08            | 8                    | 0:01:48     | 7             | 0:32:31      | 20                 | 03:15               | 0:37:27    | 19            | 0:00:58      | 14 | 0:10:08 | 10 | 05:04 | 0:48:33 |
| 302  | GOLDEN CHEETAHS                         | BLACK CREEK    | 10  | F | 42 | 17   | 0:03:33            | 14                   | 0:02:04     | 21            | 0:31:47      | 17                 | 03:10               | 0:37:24    | 17            | 0:01:22      | 25 | 0:10:25 | 13 | 05:12 | 0:49:11 |
| 233  | PURPLE PEOPLE EATERS                    | COMOX          | 10  | F | 43 | 18   | 0:03:56            | 22                   | 0:01:51     | 11            | 0:30:45      | 14                 | 03:04               | 0:36:32    | 16            | 0:00:52      | 3  | 0:11:54 | 21 | 05:57 | 0:49:18 |
| 228  | DANELLE CAMPBELL'S TEAM                 | BLACK CREEK    | 11  | F | 45 | 19   | 0:03:48            | 17                   | 0:01:55     | 15            | 0:32:26      | 19                 | 03:14               | 0:38:09    | 21            | 0:00:58      | 14 | 0:10:28 | 14 | 05:14 | 0:49:35 |
| 247  | CHEEKY MONKEYS                          | COMOX          | 10  | F | 46 | 20   | 0:03:36            | 15                   | 0:02:03     | 19            | 0:32:42      | 21                 | 03:16               | 0:38:21    | 22            | 0:00:56      | 10 | 0:10:37 | 16 | 05:18 | 0:49:54 |
| 237  | TIGERS                                  | COURTENAY      | 10  | F | 48 | 21   | 0:03:40            | 16                   |             | 0             | 0:33:46      | 22                 | 03:22               | 0:37:26    | 18            | 0:01:10      | 23 | 0:11:59 | 22 | 05:59 | 0:50:35 |
| 320  | DIVING FALCONS                          | COMOX          | 11  | F | 49 | 22   | 0:04:43            | 25                   | 0:02:12     | 24            | 0:31:12      | 16                 | 03:07               | 0:38:07    | 20            | 0:01:10      | 23 | 0:12:15 | 23 | 06:07 | 0:51:32 |
| 308  | JETS                                    | COURTENAY      | 10  | F | 50 | 23   | 0:03:11            | 9                    | 0:01:52     | 13            | 0:35:23      | 24                 | 03:32               | 0:40:26    | 24            | 0:00:54      | 5  | 0:10:45 | 18 | 05:22 | 0:52:05 |
| 324  | GLACIER VIEW LYNX                       | COURTENAY      | 10  | F | 52 | 24   | 0:03:48            | 17                   | 0:02:00     | 17            | 0:33:51      | 23                 | 03:23               | 0:39:39    | 23            | 0:01:25      | 26 | 0:12:32 | 24 | 06:16 | 0:53:36 |
| 333  | GLACIER VIEW'S PILIALOHA                | COURTENAY      | 11  | F | 56 | 25   | 0:05:43            | 26                   | 0:02:10     | 23            | 0:37:58      | 25                 | 03:47               | 0:45:51    | 26            | 0:00:56      | 10 | 0:10:44 | 17 | 05:22 | 0:57:31 |
| 332  | GLACIER VIEW TIGER BLOSSOMS             | COURTENAY      | 11  | F | 57 | 26   | 0:03:29            | 13                   | 0:02:13     | 25            | 0:38:38      | 26                 | 03:51               | 0:44:20    | 25            | 0:00:57      | 12 | 0:12:56 | 26 | 06:28 | 0:58:13 |
| <b>Event 8 MINI Teams 10 - 11 years old Category 3 Mixed</b>   |   |                |   |   |    |  |                    |                      |             |               |              |                    |                     |            |               |              |    |         |    |       |         |
| 240  | MOLLIE GREEN'S TEAM                     | COURTENAY      | 10  | F | 3  | 1  | 0:02:59            | 2                    | 0:01:35     | 1             | 0:22:52      | 1                  | 02:17               | 0:27:26    | 1             | 0:00:47      | 1  | 0:09:45 | 2  | 04:52 | 0:37:58 |
| 284  | VP STARS                                | COMOX          | 10  | F | 18 | 2  | 0:03:11            | 3                    | 0:01:43     | 2             | 0:26:02      | 2                  | 02:36               | 0:30:56    | 2             | 0:01:08      | 6  | 0:09:47 | 3  | 04:53 | 0:41:51 |
| 303  | ALEX BROWN'S TEAM                       | COMOX          | 11  | F | 27 | 3  | 0:04:06            | 5                    | 0:02:42     | 8             | 0:26:53      | 4                  | 02:41               | 0:33:41    | 4             | 0:01:19      | 7  | 0:09:55 | 4  | 04:57 | 0:44:55 |
| 328  | GLACIER VIEW DEVILS                     | COURTENAY      | 10  | F | 38 | 4  | 0:02:52            | 1                    | 0:02:08     | 4             | 0:26:40      | 3                  | 02:40               | 0:31:40    | 3             | 0:01:00      | 2  | 0:14:26 | 8  | 07:13 | 0:47:06 |
| 238  | THE LIGERS                              | COURTENAY      | 10  | M | 47 | 5  | 0:05:07            | 6                    | 0:02:12     | 5             | 0:31:44      | 5                  | 03:10               | 0:39:03    | 6             | 0:03:03      | 8  | 0:08:15 | 1  | 04:07 | 0:50:21 |
| 264  | THE 3 GREEN FROGS                       | COURTENAY      | 11  | M | 51 | 6  | 0:03:15            | 4                    | 0:02:06     | 3             | 0:32:40      | 6                  | 03:16               | 0:38:01    | 5             | 0:01:05      | 4  | 0:13:34 | 7  | 06:47 | 0:52:40 |
| 336  | GLACIER VIEW FLAME HEADS                | COURTENAY      | 8   | F | 54 | 7  | 0:05:47            | 8                    | 0:02:14     | 6             | 0:34:05      | 8                  | 03:24               | 0:42:06    | 8             | 0:01:07      | 5  | 0:10:38 | 5  | 05:19 | 0:53:51 |
| 341  | WILLIAM KATERBERG'S TEAM                | COURTENAY      | 11  | F | 55 | 8  | 0:05:26            | 7                    | 0:02:40     | 7             | 0:33:36      | 7                  | 03:21               | 0:41:42    | 7             | 0:01:04      | 3  | 0:11:36 | 6  | 05:48 | 0:54:22 |
| <b>Event 9 MINI Teams 12 - 14 years old</b>                    |   |                |   |   |    |  |                    |                      |             |               |              |                    |                     |            |               |              |    |         |    |       |         |
| <b>Event 9 MINI Teams 12 - 14 years old Category 1 Males</b>   |   |                |   |   |    |  |                    |                      |             |               |              |                    |                     |            |               |              |    |         |    |       |         |
| 211  | TRIPLE T'S                              | COURTENAY      | 14  | M | 1  | 1  | 0:04:46            | 1                    | 0:01:25     | 2             | 0:18:37      | 1                  | 01:51               | 0:24:48    | 1             | 0:00:45      | 2  | 0:09:05 | 1  | 03:01 | 0:34:38 |
| 262  | ATHLETES IN ACTION                      | COURTENAY      | 12  | M | 4  | 2  | 0:05:06            | 2                    | 0:01:18     | 1             | 0:19:50      | 2                  | 01:59               | 0:26:14    | 2             | 0:00:44      | 1  | 0:09:43 | 4  | 03:14 | 0:36:41 |
| 313  | THE SEASNAKES                           | COMOX          | 13  | M | 5  | 3  | 0:05:35            | 5                    | 0:01:26     | 3             | 0:20:11      | 3                  | 02:01               | 0:27:12    | 3             | 0:00:48      | 3  | 0:09:31 | 3  | 03:10 | 0:37:31 |
| 309  | MOB                                     | COURTENAY      | 14  | M | 7  | 4  | 0:05:14            | 3                    | 0:01:37     | 5             | 0:23:21      | 4                  | 02:20               | 0:30:12    | 4             | 0:00:52      | 4  | 0:09:23 | 2  | 03:07 | 0:40:27 |
| 306  | THE TAZERS                              | MERVILLE       | 12  | M | 21 | 5  | 0:05:14            | 3                    | 0:01:32     | 4             | 0:29:27      | 6                  | 02:56               | 0:36:13    | 5             | 0:00:55      | 6  | 0:12:38 | 6  | 04:12 | 0:49:46 |
| 271  | WORM BURNERS                            | COMOX          | 12  | M | 22 | 6  | 0:09:39            | 6                    | 0:01:52     | 6             | 0:27:06      | 5                  | 02:42               | 0:38:37    | 6             | 0:00:54      | 5  | 0:10:42 | 5  | 03:34 | 0:50:13 |
| <b>Event 9 MINI Teams 12 - 14 years old Category 2 Females</b> |   |                |   |   |    |  |                    |                      |             |               |              |                    |                     |            |               |              |    |         |    |       |         |
| 260  | SPEED DEVILS                            | BLACK CREEK    | 13  | F | 9  | 1  | 0:05:05            | 2                    | 0:01:28     | 2             | 0:22:59      | 2                  | 02:17               | 0:29:32    | 1             | 0:00:52      | 3  | 0:10:56 | 5  | 03:38 | 0:41:20 |
| 299  | THE PUTT-PUTTS                          | COURTENAY      | 12  | F | 10 | 2  | 0:06:45            | 6                    | 0:01:41     | 7             | 0:22:57      | 1                  | 02:17               | 0:31:23    | 2             | 0:00:50      | 1  | 0:09:52 | 1  | 03:17 | 0:42:05 |
| 278  | DOMINATORS                              | COURTENAY      | 12  | F | 11 | 3  | 0:05:05            | 2                    | 0:01:39     | 6             | 0:26:08      | 9                  | 02:36               | 0:32:52    | 5             | 0:00:52      | 3  | 0:09:53 | 2  | 03:17 | 0:43:37 |
| 241  | VALLEYVIEW DOUGHNUTS                    | COURTENAY      | 12  | F | 12 | 4  | 0:05:54            | 4                    | 0:01:23     | 1             | 0:24:32      | 4                  | 02:27               | 0:31:49    | 3             | 0:00:51      | 2  | 0:10:59 | 6  | 03:39 | 0:43:39 |
| 274  | THE NANNUKS                             | BLACK CREEK    | 12  | F | 14 | 5  | 0:07:55            | 10                   | 0:01:48     | 8             | 0:24:30      | 3                  | 02:27               | 0:34:13    | 7             | 0:00:58      | 10 | 0:10:11 | 4  | 03:23 | 0:45:22 |
| 286  | TEAM WOW!                               | NANAIMO        | 13  | F | 15 | 6  | 0:03:44            | 1                    | 0:02:10     | 12            | 0:26:01      | 8                  | 02:36               | 0:31:55    | 4             | 0:01:04      | 11 | 0:12:44 | 12 | 04:14 | 0:45:43 |
| 339  | BLANK 1-2-3                             | CUMBERLAND     | 14  | F | 16 | 7  | 0:07:02            | 8                    | 0:01:30     | 3             | 0:25:31      | 6                  | 02:33               | 0:34:03    | 6             | 0:00:57      | 9  | 0:12:27 | 10 | 04:09 | 0:47:27 |
| 342  | THE DOMINATING GREYHOUNDS               | COMOX          | 11  | F | 17 | 8  | 0:07:59            | 11                   | 0:01:32     | 5             | 0:25:17      | 5                  | 02:31               | 0:34:48    | 8             | 0:00:54      | 6  | 0:11:48 | 8  | 03:56 | 0:47:30 |
| 218  | THE NERDS                               | COURTENAY      | 14  | F | 18 | 9  | 0:09:31            | 12                   | 0:02:03     | 10            | 0:25:53      | 7                  | 02:35               | 0:37:27    | 11            | 0:00:55      | 7  | 0:10:08 | 3  | 03:22 | 0:48:30 |
| 217  | THE SPARKLERS                           | COMOX          | 12  | F | 19 | 10   | 0:07:48            | 9                    | 0:01:31     | 4             | 0:26:36      | 10                 | 02:39               | 0:35:55    | 10            | 0:00:52      | 3  | 0:11:52 | 9  | 03:57 | 0:48:39 |
| 346  | CALLIE GWTNIER-GREGORY'S TEAM           | COURTENAY      | 12  | F | 20 | 11   | 0:06:02            | 5                    | 0:02:04     | 11            | 0:26:51      | 11                 | 02:41               | 0:34:57    | 9             | 0:01:08      | 12 | 0:12:42 | 11 | 04:14 | 0:48:47 |
| 255  | TRI-K ANGELS                            | COMOX          | 12  | F | 26 | 12   | 0:06:58            | 7                    | 0:01:51     | 9             | 0:32:21      | 12                 | 03:14               | 0:41:10    | 12            | 0:00:55      | 7  | 0:11:26 | 7  | 03:48 | 0:53:31 |
| <b>Event 9 MINI Teams 12 - 14 years old Category 3 Mixed</b>   |   |                |   |   |    |  |                    |                      |             |               |              |                    |                     |            |               |              |    |         |    |       |         |
| 349  | THE ANTI-ARMED FLYING COMMANDO PENGUINS | COMOX          | 13  | F | 2  | 1  | 0:04:48            | 1                    | 0:01:28     | 2             | 0:18:39      | 2                  | 01:51               | 0:24:55    | 2             | 0:00:48      | 2  | 0:08:59 | 1  | 02:59 | 0:34:42 |
| 244  | WHIZ KIDS RETURN                        | COURTENAY      | 13  | M | 3  | 2  | 0:05:47            | 3                    | 0:01:39     | 4             | 0:17:27      | 1                  | 01:44               | 0:24:53    | 1             | 0:00:46      | 1  | 0:10:57 | 6  | 03:39 | 0:36:36 |
| 273  | SILVER ROCKETS                          | BLACK CREEK    | 12  | F | 6  | 3  | 0:07:08            | 5                    | 0:01:27     | 1             | 0:21:17      | 3                  | 02:07               | 0:29:52    | 4             | 0:00:52      | 3  | 0:09:41 | 2  | 03:13 | 0:40:25 |
| 317  | RAPIDS I                                | CAMPBELL RIVER | 12  | M | 8  | 4  | 0:04:54            | 2                    | 0:01:44     | 7             | 0:22:48      | 4                  | 02:16               | 0:29:26    | 3             | 0:00:53      | 4  | 0:10:24 | 4  | 03:28 | 0:40:43 |
| 212  | MBA                                     | BLACK CREEK    | 14  | F | 13 | 5  | 0:06:36            | 4                    | 0:01:39     | 4             | 0:24:24      | 5                  | 02:26               | 0:32:39    | 5             | 0:00:56      | 5  | 0:10:16 | 3  | 03:25 | 0:43:51 |
| 326  | GLACIER VIEW'S FAST AND FURIOUS         | COURTENAY      | 12  | F | 23 | 6  | 0:07:15            | 6                    | 0:01:32     | 3             | 0:29:55      | 8                  | 02:59               | 0:38:42    | 6             | 0:00:56      | 5  | 0:10:48 | 5  | 03:36 | 0:50:26 |

| Number | Name or Team Name               | From      | E P C P<br>v i a l S w i m<br>A S e a t a (or 1st Run<br>g e n c e for Duathlon) |   |    |   | T1<br>Time...Place | Bike<br>Time...Place | Bike<br>TPK | After<br>Bike |              | T2<br>Time...Place | Run<br>Time...Place | Run<br>TPK | Total<br>Time |         |   |         |   |       |         |
|--------|---------------------------------|-----------|--|---|----|---|--------------------|----------------------|-------------|---------------|--------------|--------------------|---------------------|------------|---------------|---------|---|---------|---|-------|---------|
|        |                                 |           | e  | x | t  | e |                    |                      |             | Time...Place  | Time...Place |                    |                     |            |               |         |   |         |   |       |         |
| 287    | THE LIMA BANANAS                | NANOOSE   | 13   | F | 24 | 7 | 0:07:20            | 7                    | 0:02:07     | 8             | 0:29:52      | 6                  | 02:59               | 0:39:19    | 7             | 0:01:03 | 8 | 0:11:15 | 7 | 03:45 | 0:51:37 |
| 338    | GLACIER VIEW'S WORLD INDUSTRIES | COURTENAY | 12   | F | 25 | 8 | 0:08:18            | 9                    | 0:01:41     | 6             | 0:29:54      | 7                  | 02:59               | 0:39:53    | 8             | 0:01:06 | 9 | 0:12:15 | 8 | 04:05 | 0:53:14 |
| 288    | NUCLEAR SHARKS                  | NANAIMO   | 13   | M | 27 | 9 | 0:07:26            | 8                    | 0:02:48     | 9             | 0:44:16      | 9                  | 04:25               | 0:54:30    | 9             | 0:00:59 | 7 | 0:13:00 | 9 | 04:20 | 1:08:29 |

Event 9.1 MINI Teams 15 - 17 years old

| Event 9.1 | MINI Teams  | 15 - 17 years old | Category | 2 | Females |         |   |         |   |         |   |       |         |   |         |   |         |   |       |         |
|-----------|-------------|-------------------|----------|---|---------|---------|---|---------|---|---------|---|-------|---------|---|---------|---|---------|---|-------|---------|
| 214       | BOBONARNARS | COURTENAY         | 15       | F | 1 1     | 0:05:21 | 1 | 0:01:37 | 1 | 0:18:38 | 1 | 01:51 | 0:25:36 | 1 | 0:00:47 | 1 | 0:09:46 | 1 | 03:15 | 0:36:09 |

Event 10 SPRINT Individual Male Open

| Event 10 | SPRINT | Individual Male | Open | Category | 1 | 15 - 16 years old |
|----------|--------|-----------------|------|----------|---|-------------------|
|----------|--------|-----------------|------|----------|---|-------------------|

|     |              |                |    |   |    |   |         |   |         |   |         |   |       |         |   |         |   |         |   |       |         |
|-----|--------------|----------------|----|---|----|---|---------|---|---------|---|---------|---|-------|---------|---|---------|---|---------|---|-------|---------|
| 101 | JAIMEN CRONK | CAMPBELL RIVER | 15 | M | 9  | 1 | 0:12:14 | 2 | 0:01:55 | 1 | 0:37:44 | 1 | 01:53 | 0:51:53 | 1 | 0:01:01 | 1 | 0:19:44 | 1 | 03:56 | 1:12:38 |
| 008 | BEN DAVIES   | COURTENAY      | 15 | M | 34 | 2 | 0:10:00 | 1 | 0:03:18 | 2 | 0:49:47 | 2 | 02:29 | 1:03:05 | 2 | 0:01:06 | 2 | 0:25:00 | 2 | 05:00 | 1:29:11 |

| Event 10 | SPRINT | Individual Male | Open | Category | 2 | 17 - 19 years old |
|----------|--------|-----------------|------|----------|---|-------------------|
|----------|--------|-----------------|------|----------|---|-------------------|

|     |                |            |    |   |   |   |         |   |         |   |         |   |       |         |   |         |   |         |   |       |         |
|-----|----------------|------------|----|---|---|---|---------|---|---------|---|---------|---|-------|---------|---|---------|---|---------|---|-------|---------|
| 035 | ROB WILLIAMSON | PARKSVILLE | 42 | M | 5 | 1 | 0:09:21 | 1 | 0:02:04 | 1 | 0:38:01 | 1 | 01:54 | 0:49:26 | 1 | 0:00:53 | 1 | 0:20:40 | 1 | 04:08 | 1:10:59 |
|-----|----------------|------------|----|---|---|---|---------|---|---------|---|---------|---|-------|---------|---|---------|---|---------|---|-------|---------|

| Event 10 | SPRINT | Individual Male | Open | Category | 3 | 20 - 24 years old |
|----------|--------|-----------------|------|----------|---|-------------------|
|----------|--------|-----------------|------|----------|---|-------------------|

|     |                |           |    |   |    |   |         |   |         |   |         |   |       |         |   |          |   |         |   |       |         |
|-----|----------------|-----------|----|---|----|---|---------|---|---------|---|---------|---|-------|---------|---|----------|---|---------|---|-------|---------|
| 085 | DUGALD THOMSON | COURTENAY | 25 | M | 4  | 1 | 0:09:24 | 1 | 0:02:34 | 1 | 0:37:17 | 1 | 01:51 | 0:49:15 | 1 | -0:00:48 | 0 | 0:19:24 | 1 | 03:52 | 1:07:51 |
| 072 | RYAN HANSEN    | COURTENAY | 20 | M | 19 | 2 | 0:13:31 | 2 | 0:03:12 | 2 | 0:37:38 | 2 | 01:52 | 0:54:21 | 2 | 0:01:21  | 1 | 0:21:29 | 2 | 04:17 | 1:17:11 |

| Event 10 | SPRINT | Individual Male | Open | Category | 5 | 30 - 34 years old |
|----------|--------|-----------------|------|----------|---|-------------------|
|----------|--------|-----------------|------|----------|---|-------------------|

|     |                   |                |    |   |    |   |         |   |         |   |         |   |       |         |   |         |   |         |   |       |         |
|-----|-------------------|----------------|----|---|----|---|---------|---|---------|---|---------|---|-------|---------|---|---------|---|---------|---|-------|---------|
| 078 | KYLE CHATLAIN     | NANAIMO        | 30 | M | 10 | 1 | 0:15:14 | 4 | 0:02:24 | 1 | 0:33:24 | 1 | 01:40 | 0:51:02 | 1 | 0:01:34 | 2 | 0:20:06 | 2 | 04:01 | 1:12:42 |
| 083 | PAUL LAPERRIERE   | COURTENAY      | 32 | M | 18 | 2 | 0:15:09 | 3 | 0:02:39 | 2 | 0:36:37 | 2 | 01:49 | 0:54:25 | 3 | 0:01:19 | 1 | 0:21:13 | 3 | 04:14 | 1:16:57 |
| 096 | RYAN STUART       | COURTENAY      | 30 | M | 22 | 3 | 0:14:10 | 2 | 0:03:09 | 4 | 0:39:36 | 4 | 01:58 | 0:56:55 | 4 | 0:01:49 | 4 | 0:19:33 | 1 | 03:54 | 1:18:17 |
| 054 | BRENT KRATZMANN   | CAMPBELL RIVER | 34 | M | 24 | 4 | 0:13:06 | 1 | 0:03:02 | 3 | 0:38:00 | 3 | 01:54 | 0:54:08 | 2 | 0:01:54 | 5 | 0:23:05 | 4 | 04:37 | 1:19:07 |
| 084 | NAOH ECKENSWILLER | COURTENAY      | 31 | M | 35 | 5 | 0:16:43 | 5 | 0:03:25 | 5 | 0:41:53 | 5 | 02:05 | 1:02:01 | 5 | 0:01:46 | 3 | 0:26:42 | 5 | 05:20 | 1:30:29 |

| Event 10 | SPRINT | Individual Male | Open | Category | 6 | 35 - 39 years old |
|----------|--------|-----------------|------|----------|---|-------------------|
|----------|--------|-----------------|------|----------|---|-------------------|

|     |                  |                |    |   |    |   |         |   |         |   |         |   |       |         |   |          |   |         |   |       |         |
|-----|------------------|----------------|----|---|----|---|---------|---|---------|---|---------|---|-------|---------|---|----------|---|---------|---|-------|---------|
| 100 | JOSH WEST        | CAMPBELL RIVER | 35 | M | 1  | 1 | 0:12:47 | 4 | 0:02:15 | 3 | 0:32:30 | 2 | 01:37 | 0:47:32 | 3 | 0:01:20  | 5 | 0:17:50 | 1 | 03:34 | 1:06:42 |
| 032 | GLEN CHRISTENSEN | COURTENAY      | 38 | M | 2  | 2 | 0:09:57 | 1 | 0:01:53 | 2 | 0:35:12 | 5 | 01:45 | 0:47:02 | 2 | 0:01:13  | 4 | 0:18:35 | 2 | 03:43 | 1:06:50 |
| 098 | DAVE NOWAK       | COURTENAY      | 35 | M | 3  | 3 | 0:12:31 | 3 | 0:01:48 | 1 | 0:32:27 | 1 | 01:37 | 0:46:46 | 1 | 0:00:41  | 2 | 0:19:32 | 3 | 03:54 | 1:06:59 |
| 065 | GUY ST. DENIS    | COMOX          | 38 | M | 6  | 4 | 0:11:52 | 2 | 0:03:09 | 6 | 0:34:37 | 4 | 01:43 | 0:49:38 | 4 | 0:01:49  | 6 | 0:20:28 | 5 | 04:05 | 1:11:55 |
| 070 | SCOTT HARRIS     | PORT HARDY     | 39 | M | 7  | 5 | 0:12:53 | 5 | 0:02:43 | 5 | 0:34:18 | 3 | 01:42 | 0:49:54 | 5 | 0:00:37  | 1 | 0:21:31 | 7 | 04:18 | 1:12:02 |
| 055 | NILS STEINE      | CAMPBELL RIVER | 39 | M | 12 | 6 | 0:14:22 | 6 | 0:02:32 | 4 | 0:38:33 | 6 | 01:55 | 0:55:27 | 6 | -0:01:01 | 0 | 0:19:39 | 4 | 03:55 | 1:14:05 |
| 025 | IAN PENNEY       | PITT MEADOWS   | 38 | M | 26 | 7 | 0:15:08 | 7 | 0:03:31 | 7 | 0:40:17 | 7 | 02:00 | 0:58:56 | 7 | 0:00:47  | 3 | 0:20:55 | 6 | 04:11 | 1:20:38 |

| Event 10 | SPRINT | Individual Male | Open | Category | 7 | 40 - 49 years old |
|----------|--------|-----------------|------|----------|---|-------------------|
|----------|--------|-----------------|------|----------|---|-------------------|

|     |                 |                |    |   |    |    |         |    |         |    |         |    |       |         |    |          |   |         |    |       |         |
|-----|-----------------|----------------|----|---|----|----|---------|----|---------|----|---------|----|-------|---------|----|----------|---|---------|----|-------|---------|
| 029 | ANDREW CONRADI  | CUMBERLAND     | 48 | M | 8  | 1  | 0:13:51 | 4  | 0:02:14 | 1  | 0:37:00 | 5  | 01:51 | 0:53:05 | 4  | -0:00:57 | 0 | 0:20:25 | 4  | 04:05 | 1:12:33 |
| 088 | TERRY GOUGH     | COURTENAY      | 42 | M | 13 | 2  | 0:12:58 | 1  | 0:02:49 | 4  | 0:35:10 | 2  | 01:45 | 0:50:57 | 1  | 0:01:46  | 6 | 0:21:25 | 7  | 04:17 | 1:14:08 |
| 079 | RICK GAMMIE     | CAMPBELL RIVER | 45 | M | 14 | 3  | 0:15:08 | 6  | 0:03:00 | 6  | 0:34:54 | 1  | 01:44 | 0:53:02 | 3  | 0:01:44  | 5 | 0:19:52 | 1  | 03:58 | 1:14:38 |
| 007 | KEN WRIGHT      | CAMPBELL RIVER | 45 | M | 15 | 4  | 0:15:36 | 8  | 0:02:14 | 1  | 0:35:31 | 3  | 01:46 | 0:53:21 | 5  | 0:01:20  | 2 | 0:20:15 | 2  | 04:03 | 1:14:56 |
| 082 | BRENT ARMSTRONG | COURTENAY      | 40 | M | 16 | 5  | 0:13:09 | 2  | 0:02:39 | 3  | 0:36:44 | 4  | 01:50 | 0:52:32 | 2  | 0:01:29  | 3 | 0:21:06 | 6  | 04:13 | 1:15:07 |
| 059 | CRAIG DALBOCK   | CAMPBELL RIVER | 43 | M | 21 | 6  | 0:13:10 | 3  | 0:03:57 | 10 | 0:38:30 | 7  | 01:55 | 0:55:37 | 7  | 0:01:35  | 4 | 0:20:52 | 5  | 04:10 | 1:18:04 |
| 019 | PAUL LONG       | COMOX          | 42 | M | 23 | 7  | 0:14:32 | 5  | 0:03:15 | 7  | 0:37:00 | 5  | 01:51 | 0:54:47 | 6  | 0:02:35  | 9 | 0:21:42 | 8  | 04:20 | 1:19:04 |
| 058 | ROB GRANTHAM    | COURTENAY      | 44 | M | 25 | 8  | 0:15:25 | 7  | 0:03:51 | 8  | 0:39:06 | 9  | 01:57 | 0:58:22 | 9  | 0:01:08  | 1 | 0:20:23 | 3  | 04:04 | 1:19:53 |
| 023 | STEPHEN BEIRNES | COURTENAY      | 46 | M | 27 | 9  | 0:16:04 | 9  | 0:02:58 | 5  | 0:38:32 | 8  | 01:55 | 0:57:34 | 8  | 0:02:03  | 8 | 0:22:14 | 9  | 04:26 | 1:21:51 |
| 066 | TIM STOKES      | NANAIMO        | 48 | M | 37 | 10 | 0:17:14 | 10 | 0:03:55 | 9  | 0:45:41 | 10 | 02:17 | 1:06:50 | 10 | 0:01:47  | 7 | 0:31:16 | 10 | 06:15 | 1:39:53 |

| Event 10 | SPRINT | Individual Male | Open | Category | 8 | 50 - 59 years old |
|----------|--------|-----------------|------|----------|---|-------------------|
|----------|--------|-----------------|------|----------|---|-------------------|

|     |                 |                |    |   |    |   |         |   |         |   |         |   |       |         |   |         |   |         |   |       |         |
|-----|-----------------|----------------|----|---|----|---|---------|---|---------|---|---------|---|-------|---------|---|---------|---|---------|---|-------|---------|
| 004 | TOM WEBER       | COURTENAY      | 50 | M | 17 | 1 | 0:13:30 | 2 | 0:02:45 | 2 | 0:38:25 | 2 | 01:55 | 0:54:40 | 1 | 0:01:23 | 3 | 0:20:20 | 1 | 04:04 | 1:16:23 |
| 103 | STEVE BENCZE    | CAMPBELL RIVER | 55 | M | 28 | 2 | 0:15:23 | 4 | 0:02:56 | 3 | 0:39:25 | 3 | 01:58 | 0:57:44 | 3 | 0:00:32 | 1 | 0:24:17 | 4 | 04:51 | 1:22:33 |
| 099 | BERT HEERINGA   | COMOX          | 50 | M | 29 | 3 | 0:14:28 | 3 | 0:03:05 | 4 | 0:38:04 | 1 | 01:54 | 0:55:37 | 2 | 0:01:37 | 4 | 0:26:49 | 6 | 05:21 | 1:24:03 |
| 030 | DARCY WALTERS   | COURTENAY      | 50 | M | 30 | 4 | 0:12:38 | 1 | 0:02:25 | 1 | 0:43:19 | 6 | 02:09 | 0:58:22 | 4 | 0:01:51 | 5 | 0:25:04 | 5 | 05:00 | 1:25:17 |
| 021 | GLEN SMITH      | LANTZVILLE     | 52 | M | 32 | 5 | 0:17:32 | 6 | 0:03:30 | 5 | 0:40:59 | 5 | 02:02 | 1:02:01 | 5 | 0:02:06 | 6 | 0:23:23 | 2 | 04:40 | 1:27:30 |
| 034 | DEREK BRENCHLEY | COURTENAY      | 51 | M | 33 | 6 | 0:19:19 | 7 | 0:03:41 | 6 | 0:40:34 | 4 | 02:01 | 1:03:34 | 6 | 0:01:14 | 2 | 0:23:26 | 3 | 04:41 | 1:28:14 |
| 094 | ROGER GIONET    | CAMPBELL RIVER | 55 | M | 38 | 7 | 0:17:31 | 5 | 0:04:19 | 7 | 0:44:17 | 7 | 02:12 | 1:06:07 | 7 | 0:04:28 | 7 | 0:30:52 | 7 | 06:10 | 1:41:27 |

| Event 10 | SPRINT | Individual Male | Open | Category | 9 | 60 - 69 years old |
|----------|--------|-----------------|------|----------|---|-------------------|
|----------|--------|-----------------|------|----------|---|-------------------|

|     |                |            |    |   |    |   |         |   |         |   |         |   |       |         |   |         |   |         |   |       |         |
|-----|----------------|------------|----|---|----|---|---------|---|---------|---|---------|---|-------|---------|---|---------|---|---------|---|-------|---------|
| 109 | LEO POLOWICH   | COURTENAY  | 60 | M | 11 | 1 | 0:12:41 | 2 | 0:02:53 | 1 | 0:35:03 | 1 | 01:45 | 0:50:37 | 1 | 0:01:33 | 1 | 0:20:52 | 1 | 04:10 | 1:13:02 |
| 040 | ROBERT LUNDINE | PARKSVILLE | 60 | M | 20 | 2 | 0:13:17 | 3 | 0:03:25 | 2 | 0:36:00 | 2 | 01:48 | 0:52:42 | 2 | 0:01:49 | 2 | 0:22:50 | 3 | 04:34 | 1:17:21 |
| 033 | BARRY DAVIS    | QUATHIASKI | 61 | M | 31 | 3 | 0:12:03 | 1 | 0:05:42 | 4 | 0:39:55 | 3 | 01:59 | 0:57:40 | 3 | 0:03:43 | 4 | 0:25:24 | 4 | 05:04 | 1:26:47 |
| 016 | BARRY CARR     | PARKSVILLE | 62 | M | 36 | 4 | 0:21:05 | 4 | 0:04:33 | 3 | 0:43:42 | 4 | 02:11 | 1:09:20 | 4 | 0:02:34 | 3 | 0:22:18 | 2 | 04:27 | 1:34:12 |

| Number   | Name or Team Name    | From           | E P C P   |         | v i a l   |           | Swim      |           | A S e a t a |           | (or 1st Run for Duathlon) |           | T1        |           | Bike      |           | Bike      |           | After     |           | T2        |           | Run       |           | Run       |           | Total     |           |
|--|----------------------|----------------|-----------|---------|-----------|-----------|-----------|-----------|-------------|-----------|---------------------------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|
|  |                      |                | g e n c e | x t e e | g e n c e | g e n c e | g e n c e | g e n c e | g e n c e   | g e n c e | g e n c e                 | g e n c e | g e n c e | g e n c e | g e n c e | g e n c e | g e n c e | g e n c e | g e n c e | g e n c e | g e n c e | g e n c e | g e n c e | g e n c e | g e n c e | g e n c e | g e n c e | g e n c e |
| <b>Event 11 SPRINT Individual Female Open</b>                              |                      |                |           |         |           |           |           |           |             |           |                           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |
| <b>Event 11 SPRINT Individual Female Open Category 1 15 - 16 years old</b> |                      |                |           |         |           |           |           |           |             |           |                           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |
| 052  | BRIE CAWSTON-GRANT   | COURTENAY      | 16        | F       | 1         | 1         | 0:11:31   | 2         | 0:01:36     | 1         | 0:36:40                   | 1         | 01:50     | 0:49:47   | 1         | 0:01:07   | 1         | 0:21:30   | 1         | 04:18     | 1:12:24   |           |           |           |           |           |           |           |
| 104  | REBECCA MARSHALL     | CAMPBELL RIVER | 16        | F       | 4         | 2         | 0:11:05   | 1         | 0:02:05     | 2         | 0:39:51                   | 2         | 01:59     | 0:53:01   | 2         | -0:01:16  | 0         | 0:25:22   | 2         | 05:04     | 1:17:07   |           |           |           |           |           |           |           |
| <b>Event 11 SPRINT Individual Female Open Category 4 25 - 29 years old</b> |                      |                |           |         |           |           |           |           |             |           |                           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |
| 014  | MONICA SPARKS        | LADYSMITH      | 29        | F       | 14        | 1         | 0:13:32   | 2         | 0:03:09     | 3         | 0:40:09                   | 1         | 02:00     | 0:56:50   | 1         | 0:02:15   | 5         | 0:24:29   | 2         | 04:53     | 1:23:34   |           |           |           |           |           |           |           |
| 042  | CAROL SPARKS         | CUMBERLAND     | 29        | F       | 19        | 2         | 0:13:04   | 1         | 0:02:56     | 1         | 0:45:31                   | 3         | 02:16     | 1:01:31   | 2         | 0:02:03   | 3         | 0:24:06   | 1         | 04:49     | 1:27:40   |           |           |           |           |           |           |           |
| 043  | DIONNE LEFEBVRE      | CUMBERLAND     | 27        | F       | 26        | 3         | 0:16:11   | 3         | 0:05:49     | 6         | 0:43:04                   | 2         | 02:09     | 1:05:04   | 3         | 0:02:36   | 6         | 0:29:24   | 4         | 05:52     | 1:37:04   |           |           |           |           |           |           |           |
| 002  | CHRISTY SOLES        | PORT ALBERNI   | 28        | F       | 31        | 4         | 0:22:08   | 6         | 0:04:25     | 5         | 0:53:04                   | 5         | 02:39     | 1:19:37   | 6         | 0:02:10   | 4         | 0:28:53   | 3         | 05:46     | 1:50:40   |           |           |           |           |           |           |           |
| 048  | SIMONE LAMONT        | CAMPBELL RIVER | 29        | F       | 32        | 5         | 0:20:21   | 5         | 0:03:08     | 2         | 0:50:58                   | 4         | 02:32     | 1:14:27   | 4         | 0:01:18   | 1         | 0:35:48   | 6         | 07:09     | 1:51:33   |           |           |           |           |           |           |           |
| 003  | SHERRY FROEHLICH     | VICTORIA       | 29        | F       | 35        | 6         | 0:20:16   | 4         | 0:04:16     | 4         | 0:54:56                   | 6         | 02:44     | 1:19:28   | 5         | 0:01:57   | 2         | 0:33:52   | 5         | 06:46     | 1:55:17   |           |           |           |           |           |           |           |
| <b>Event 11 SPRINT Individual Female Open Category 5 30 - 34 years old</b> |                      |                |           |         |           |           |           |           |             |           |                           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |
| 010  | SARAH PERCEVAULT     | CAMPBELL RIVER | 31        | F       | 17        | 1         | 0:16:49   | 1         | 0:02:44     | 1         | 0:40:40                   | 1         | 02:02     | 1:00:13   | 1         | 0:00:34   | 1         | 0:25:20   | 2         | 05:04     | 1:26:07   |           |           |           |           |           |           |           |
| 057  | NANCY CLEMENTS       | CAMPBELL RIVER | 34        | F       | 23        | 2         | 0:17:52   | 2         | 0:03:41     | 2         | 0:42:46                   | 2         | 02:08     | 1:04:19   | 2         | 0:02:40   | 2         | 0:24:34   | 1         | 04:54     | 1:31:33   |           |           |           |           |           |           |           |
| <b>Event 11 SPRINT Individual Female Open Category 6 35 - 39 years old</b> |                      |                |           |         |           |           |           |           |             |           |                           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |
| 056  | LISA FLOE            | VANCOUVER      | 37        | F       | 3         | 1         | 0:13:26   | 1         | 0:02:33     | 3         | 0:38:14                   | 2         | 01:54     | 0:54:13   | 1         | 0:01:55   | 3         | 0:20:54   | 1         | 04:10     | 1:17:02   |           |           |           |           |           |           |           |
| 018  | TANIA POLLOCK        | CAMPBELL RIVER | 37        | F       | 8         | 2         | 0:16:44   | 3         | 0:02:12     | 1         | 0:37:39                   | 1         | 01:52     | 0:56:35   | 2         | 0:00:27   | 1         | 0:22:29   | 2         | 04:29     | 1:19:31   |           |           |           |           |           |           |           |
| 005  | COCO ELGOOD          | COMOX          | 39        | F       | 16        | 3         | 0:13:37   | 2         | 0:02:25     | 2         | 0:44:03                   | 3         | 02:12     | 1:00:05   | 3         | 0:01:31   | 2         | 0:24:00   | 3         | 04:48     | 1:25:36   |           |           |           |           |           |           |           |
| 001  | SHAWNA SOLES         | VANCOUVER      | 40        | F       | 30        | 4         | 0:20:43   | 5         | 0:05:40     | 5         | 0:51:16                   | 4         | 02:33     | 1:17:39   | 4         | 0:04:02   | 5         | 0:28:54   | 5         | 05:46     | 1:50:35   |           |           |           |           |           |           |           |
| 081  | ANN MARIE KRAFT      | CUMBERLAND     | 36        | F       | 34        | 5         | 0:19:06   | 4         | 0:05:15     | 4         | 0:56:23                   | 5         | 02:49     | 1:20:44   | 5         | 0:03:07   | 4         | 0:28:34   | 4         | 05:42     | 1:52:25   |           |           |           |           |           |           |           |
| <b>Event 11 SPRINT Individual Female Open Category 7 40 - 49 years old</b> |                      |                |           |         |           |           |           |           |             |           |                           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |
| 061  | ANNE GOODFELLOW      | CUMBERLAND     | 41        | F       | 2         | 1         | 0:11:09   | 1         | 0:03:47     | 9         | 0:36:23                   | 1         | 01:49     | 0:51:19   | 1         | 0:02:01   | 11        | 0:22:39   | 2         | 04:31     | 1:15:59   |           |           |           |           |           |           |           |
| 045  | PENNY MULLAN         | COURTENAY      | 43        | F       | 5         | 2         | 0:12:37   | 2         | 0:02:18     | 1         | 0:38:12                   | 4         | 01:54     | 0:53:07   | 2         | 0:01:26   | 4         | 0:23:19   | 3         | 04:39     | 1:17:52   |           |           |           |           |           |           |           |
| 087  | LIZ THOMPSON         | COMOX          | 43        | F       | 9         | 3         | 0:12:57   | 3         | 0:02:46     | 3         | 0:38:59                   | 6         | 01:56     | 0:54:42   | 3         | 0:01:34   | 7         | 0:23:57   | 5         | 04:47     | 1:20:13   |           |           |           |           |           |           |           |
| 046  | LO LANNING           | MERVILLE       | 41        | F       | 10        | 4         | 0:14:23   | 4         | 0:02:44     | 2         | 0:38:10                   | 3         | 01:54     | 0:55:17   | 4         | 0:01:36   | 8         | 0:24:33   | 6         | 04:54     | 1:21:26   |           |           |           |           |           |           |           |
| 090  | JANE JOHNSON         | CAMPBELL RIVER | 40        | F       | 11        | 5         | 0:14:58   | 5         | 0:03:57     | 10        | 0:41:35                   | 9         | 02:04     | 1:00:30   | 8         | 0:01:26   | 4         | 0:21:00   | 1         | 04:12     | 1:22:56   |           |           |           |           |           |           |           |
| 013  | ANNA DIEDRIKSEN      | COMOX          | 40        | F       | 12        | 6         | 0:16:24   | 8         | 0:02:49     | 4         | 0:38:45                   | 5         | 01:56     | 0:57:58   | 5         | 0:01:31   | 6         | 0:23:37   | 4         | 04:43     | 1:23:06   |           |           |           |           |           |           |           |
| 064  | CAROL OSTRY          | COURTENAY      | 45        | F       | 15        | 7         | 0:17:43   | 10        | 0:02:57     | 7         | 0:37:38                   | 2         | 01:52     | 0:58:18   | 6         | 0:01:15   | 2         | 0:24:55   | 8         | 04:59     | 1:24:28   |           |           |           |           |           |           |           |
| 069  | KAREN SILVESTER      | COURTENAY      | 40        | F       | 20        | 8         | 0:16:36   | 9         | 0:04:52     | 14        | 0:39:31                   | 7         | 01:58     | 1:00:59   | 9         | 0:01:50   | 9         | 0:27:22   | 11        | 05:28     | 1:30:11   |           |           |           |           |           |           |           |
| 041  | LEANNE ERIKSEN       | CAMPBELL RIVER | 47        | F       | 25        | 9         | 0:18:45   | 13        | 0:02:53     | 6         | 0:45:49                   | 11        | 02:17     | 1:07:27   | 11        | 0:01:53   | 10        | 0:25:24   | 9         | 05:04     | 1:34:44   |           |           |           |           |           |           |           |
| 060  | LORI DALBOCK         | CAMPBELL RIVER | 46        | F       | 27        | 10        | 0:18:00   | 11        | 0:03:37     | 8         | 0:46:35                   | 12        | 02:19     | 1:08:12   | 12        | 0:04:27   | 13        | 0:26:47   | 10        | 05:21     | 1:39:26   |           |           |           |           |           |           |           |
| 095  | CINDY ALGUIRE        | CAMPBELL RIVER | 40        | F       | 28        | 11        | 0:18:24   | 12        | 0:02:49     | 4         | 0:55:51                   | 14        | 02:47     | 1:17:04   | 13        | 0:01:20   | 3         | 0:24:43   | 7         | 04:56     | 1:43:07   |           |           |           |           |           |           |           |
| 015  | DIAN SMIT            | COURTENAY      | 49        | F       | 29        | 12        | 0:16:15   | 7         | 0:04:05     | 12        | 0:44:51                   | 10        | 02:14     | 1:05:11   | 10        | 0:02:08   | 12        | 0:36:00   | 12        | 07:12     | 1:43:19   |           |           |           |           |           |           |           |
| 020  | DEBRA LAW            | CAMPBELL RIVER | 47        | F       | 36        | 13        | 0:27:13   | 14        | 0:04:45     | 13        | 0:55:45                   | 13        | 02:47     | 1:27:43   | 14        | 0:00:44   | 1         | 0:38:03   | 13        | 07:36     | 2:06:30   |           |           |           |           |           |           |           |
| 063  | MARNIE VAN DER VLIET | COURTENAY      | 40        | F       | ? ?       | ? ?       | 0:16:03   | 6         | 0:04:00     | 11        | 0:40:25                   | 8         | 02:01     | 1:00:28   | 7         |           | 0         | 0         | 00:00     |           | -2:17:45  |           |           |           |           |           |           |           |
| <b>Event 11 SPRINT Individual Female Open Category 8 50 - 59 years old</b> |                      |                |           |         |           |           |           |           |             |           |                           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |
| 102  | KATHLEEN VAN DOORN   | NANAIMO        | 51        | F       | 13        | 1         | 0:13:44   | 1         | 0:02:45     | 1         | 0:40:02                   | 1         | 02:00     | 0:56:31   | 1         | 0:01:41   | 3         | 0:25:02   | 3         | 05:00     | 1:23:14   |           |           |           |           |           |           |           |
| 108  | KAREN MACDONALD      | COURTENAY      | 50        | F       | 18        | 2         | 0:16:28   | 2         | 0:03:41     | 4         | 0:40:40                   | 3         | 02:02     | 1:00:49   | 3         | 0:02:07   | 4         | 0:23:57   | 2         | 04:47     | 1:26:53   |           |           |           |           |           |           |           |
| 105  | SHANNON MARSHALL     | CAMPBELL RIVER | 53        | F       | 21        | 3         | 0:17:38   | 4         | 0:02:46     | 3         | 0:40:22                   | 2         | 02:01     | 1:00:46   | 2         | 0:01:25   | 2         | 0:28:14   | 4         | 05:38     | 1:30:25   |           |           |           |           |           |           |           |
| 067  | ZINA RICHMOND        | COMOX          | 50        | F       | 22        | 4         | 0:16:31   | 3         | 0:02:45     | 1         | 0:45:51                   | 4         | 02:17     | 1:05:07   | 4         | 0:03:13   | 5         | 0:22:52   | 1         | 04:34     | 1:31:12   |           |           |           |           |           |           |           |
| 017  | LINDA KENDRICK       | CAMPBELL RIVER | 54        | F       | 33        | 5         | 0:26:32   | 5         | 0:04:46     | 5         | 0:49:03                   | 5         | 02:27     | 1:20:21   | 5         | 0:01:17   | 1         | 0:30:37   | 5         | 06:07     | 1:52:15   |           |           |           |           |           |           |           |
| <b>Event 11 SPRINT Individual Female Open Category 9 60 - 69 years old</b> |                      |                |           |         |           |           |           |           |             |           |                           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |
| 071  | PAULA DRYDEN         | COMOX          | 61        | F       | 6         | 1         | 0:12:10   | 1         | 0:02:33     | 2         | 0:38:14                   | 2         | 01:54     | 0:52:57   | 1         | 0:01:33   | 2         | 0:24:16   | 2         | 04:51     | 1:18:46   |           |           |           |           |           |           |           |
| 053  | BONNY ERVIN          | ROYSTON        | 60        | F       | 7         | 2         | 0:14:31   | 2         | 0:02:43     | 3         | 0:37:06                   | 1         | 01:51     | 0:54:20   | 2         | 0:01:40   | 3         | 0:22:48   | 1         | 04:33     | 1:18:48   |           |           |           |           |           |           |           |
| 092  | LYNDA VAN DER MINNE  | HERRIOT BAY    | 60        | F       | 24        | 3         | 0:17:34   | 3         | 0:02:32     | 1         | 0:42:33                   | 3         | 02:07     | 1:02:39   | 3         | 0:00:06   | 1         | 0:31:55   | 3         | 06:23     | 1:34:40   |           |           |           |           |           |           |           |
| <b>Event 12 SPRINT Team 15 - 18</b>  |                      |                |           |         |           |           |           |           |             |           |                           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |
| <b>Event 12 SPRINT Team 15 - 18 Category 1 Males</b>                       |                      |                |           |         |           |           |           |           |             |           |                           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |
| 086  | BIG BOYS             | COMOX          | 15        | M       | 1         | 1         | 0:09:47   | 1         | 0:01:18     | 1         | 0:35:46                   | 1         | 01:47     | 0:46:51   | 1         | -0:01:12  | 0         | 0:19:13   | 1         | 03:50     | 1:04:52   |           |           |           |           |           |           |           |
| <b>Event 12 SPRINT Team 15 - 18 Category 2 Females</b>                     |                      |                |           |         |           |           |           |           |             |           |                           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |
| 080  | GNARLY RAINBOW WAVES | COURTENAY      | 18        | F       | 3         | 1         | 0:11:15   | 1         | 0:01:38     | 1         | 0:38:08                   | 1         | 01:54     | 0:51:01   | 1         | 0:03:12   | 1         | 0:17:24   | 1         | 03:28     | 1:11:37   |           |           |           |           |           |           |           |
| <b>Event 12 SPRINT Team 15 - 18 Category 3 Mixed</b>                       |                      |                |           |         |           |           |           |           |             |           |                           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |           |
| 062  | NADS                 | COMOX          | ? ?       | F       | 2         | 1         | 0:09:17   | 1         | 0:01:14     | 1         | 0:34:24                   | 1         | 01:43     | 0:44:55   | 1         | 0:05:24   | 1         | 0:14:57   | 1         | 02:59     | 1:05:16   |           |           |           |           |           |           |           |

| Number  | Name or Team Name      | From        | E P C P |   | v i a l |   | Swim        |         | T1      | Bike    | Bike    | After |         | T2      | Run     | Run      | Total   |         |               |              |              |
|---|------------------------|-------------|---------|---|---------|---|-------------|---------|---------|---------|---------|-------|---------|---------|---------|----------|---------|---------|---------------|--------------|--------------|
|   |                        |             | A       | S | e       | a | (or 1st Run | g       |         |         |         | e     | n       |         |         |          |         | c       | for Duathlon) | Time...Place | Time...Place |
| <b>Event 13 SPRINT Team Open</b>                    |                        |             |         |   |         |   |             |         |         |         |         |       |         |         |         |          |         |         |               |              |              |
| <b>Event 13 SPRINT Team Open Category 1 Males</b>   |                        |             |         |   |         |   |             |         |         |         |         |       |         |         |         |          |         |         |               |              |              |
| 075   | THREE OF AS KIND       | COMOX       | 47      | M | 3       | 1 | 0:15:12     | 1       | 0:01:53 | 1       | 0:40:20 | 1     | 02:01   | 0:57:25 | 1       | 0:00:50  | 1       | 0:19:56 | 1             | 03:59        | 1:18:11      |
| <b>Event 13 SPRINT Team Open Category 2 Females</b> |                        |             |         |   |         |   |             |         |         |         |         |       |         |         |         |          |         |         |               |              |              |
| 050   | THE ROARING FELINES    | COMOX       | 38      | F | 6       | 1 | 0:12:49     | 1       | 0:01:48 | 2       | 0:48:59 | 3     | 02:26   | 1:03:36 | 2       | 0:00:31  | 1       | 0:23:35 | 1             | 04:43        | 1:27:42      |
| 024   | VALLEY VIEW GIRLS      | COMOX       | 43      | F | 10      | 2 | 0:16:46     | 2       | 0:01:48 | 2       | 0:46:59 | 2     | 02:20   | 1:05:33 | 3       | 0:00:54  | 2       | 0:24:03 | 2             | 04:48        | 1:30:30      |
| 068   | THE THREE APOTHECARIES | COMOX       | 22      | F | 11      | 3 | 0:17:43     | 3       | 0:01:38 | 1       | 0:43:47 | 1     | 02:11   | 1:03:08 | 1       | -0:00:42 | 0       | 0:31:03 | 4             | 06:12        | 1:33:29      |
| 047   | TWISTED SISTERS        | COURTENAY   | 47      | F | 12      | 4 | 0:20:35     | 4       | 0:02:33 | 4       | 0:49:27 | 4     | 02:28   | 1:12:35 | 4       | 0:01:07  | 3       | 0:26:03 | 3             | 05:12        | 1:39:45      |
| <b>Event 13 SPRINT Team Open Category 3 Mixed</b>   |                        |             |         |   |         |   |             |         |         |         |         |       |         |         |         |          |         |         |               |              |              |
| 076   | THE STROKES            | COURTENAY   | 57      | M | 1       | 1 | 0:11:55     | 1       | 0:01:49 | 1       | 0:33:28 | 1     | 01:40   | 0:47:12 | 1       | 0:00:50  | 1       | 0:24:10 | 1             | 04:50        | 1:12:12      |
| 028   | JAN SCHEUERMAN'S TEAM  | COMOX       | 53      | M | 5       | 2 | 0:13:17     | 2       | 0:02:03 | 2       | 0:39:52 | 2     | 01:59   | 0:55:12 | 2       | 0:01:08  | 2       | 0:27:02 | 2             | 05:24        | 1:23:22      |
| <b>Event 13 SPRINT Team Open Category 4 Family</b>  |                        |             |         |   |         |   |             |         |         |         |         |       |         |         |         |          |         |         |               |              |              |
| 077   | FAMILY MATTERS         | NANAIMO     | 34      | F | 4       | 1 | 0:14:18     | 2       | 0:02:07 | 3       | 0:43:40 | 2     | 02:11   | 1:00:05 | 2       | 0:00:59  | 1       | 0:21:06 | 1             | 04:13        | 1:22:10      |
| 009   | JACQUIE POULIN'S TEAM  | NANAIMO     | 38      | F | 7       | 2 | 0:16:56     | 3       | 0:02:04 | 2       | 0:39:02 | 1     | 01:57   | 0:58:02 | 1       | 0:02:24  | 3       | 0:28:12 | 3             | 05:38        | 1:28:38      |
| 097   | MUSCLE MEMORY          | COURTENAY   | 29      | F | 8       | 3 | 0:13:29     | 1       | 0:01:23 | 1       | 0:50:25 | 3     | 02:31   | 1:05:17 | 3       | 0:01:00  | 2       | 0:22:31 | 2             | 04:30        | 1:28:48      |
| <b>Event 13 SPRINT Team Open Category 5 50+</b>     |                        |             |         |   |         |   |             |         |         |         |         |       |         |         |         |          |         |         |               |              |              |
| 073   | PERFECT STRANGERS      | COURTENAY   | 62      | M | 2       | 1 | 0:14:25     | 1       | 0:03:22 | 2       | 0:37:29 | 1     | 01:52   | 0:55:16 | 1       | 0:00:49  | 2       | 0:19:11 | 1             | 03:50        | 1:15:16      |
| 006   | ANNIE AND THE BOYS     | PARKSVILLE  | 64      | F | 9       | 2 | 0:17:49     | 2       | 0:02:00 | 1       | 0:39:27 | 2     | 01:58   | 0:59:16 | 2       | 0:00:29  | 1       | 0:29:08 | 2             | 05:49        | 1:28:53      |
| <b>Event 16 Duathlon</b>                            |                        |             |         |   |         |   |             |         |         |         |         |       |         |         |         |          |         |         |               |              |              |
| <b>Event 16 Duathlon Category 1 Males</b>           |                        |             |         |   |         |   |             |         |         |         |         |       |         |         |         |          |         |         |               |              |              |
| 036   | DARREN FREEMAN         | NANOOSE BAY | 45      | M | 2       | 1 | 0           | 0:22:56 | 1       | 0:40:11 | 1       | 02:00 | 1:03:07 | 1       | 0:01:23 | 1        | 0:23:31 | 1       | 04:42         | 1:28:01      |              |
| <b>Event 16 Duathlon Category 2 Females</b>         |                        |             |         |   |         |   |             |         |         |         |         |       |         |         |         |          |         |         |               |              |              |
| 089   | KAREN CHRISTIE         | COMOX       | 38      | F | 1       | 1 |             | 0:22:50 | 1       | 0:37:38 | 1       | 01:52 | 1:00:28 | 1       | 0:01:47 | 3        | 0:23:16 | 2       | 04:39         | 1:25:31      |              |
| 111   | BARBARA HOULE          | COURTENAY   | 50      | F | 3       | 2 |             | 0:23:43 | 2       | 0:39:56 | 2       | 01:59 | 1:03:39 | 2       | 0:02:06 | 6        | 0:23:48 | 3       | 04:45         | 1:29:33      |              |
| 093   | CAROL BARSS            | CALGARY     | 47      | F | 4       | 3 |             | 0:25:06 | 3       | 0:44:25 | 6       | 02:13 | 1:09:31 | 3       | 0:01:41 | 2        | 0:23:09 | 1       | 04:37         | 1:34:21      |              |
| 091   | WANDA FARRAN           | CALGAR      | 53      | F | 5       | 4 |             | 0:27:32 | 4       | 0:42:53 | 3       | 02:08 | 1:10:25 | 4       | 0:02:10 | 7        | 0:25:16 | 4       | 05:03         | 1:37:51      |              |
| 026   | LORI WHELDON           | PARKSVILLE  | 40      | F | 6       | 5 |             | 0:28:23 | 6       | 0:44:03 | 4       | 02:12 | 1:12:26 | 5       | 0:02:00 | 5        | 0:26:34 | 5       | 05:18         | 1:41:00      |              |
| 027   | SHELLY SLAUGHTER       | PARKSVILLE  | 44      | F | 7       | 6 |             | 0:28:26 | 7       | 0:44:06 | 5       | 02:12 | 1:12:32 | 6       | 0:01:56 | 4        | 0:27:16 | 6       | 05:27         | 1:41:44      |              |
| 106   | MICHELLE DEYHOLOS      | CALGARY     | 47      | F | 8       | 7 |             | 0:27:44 | 5       | 0:48:02 | 7       | 02:24 | 1:15:46 | 7       | 0:01:32 | 1        | 0:28:01 | 7       | 05:36         | 1:45:19      |              |